

# Early Learning News

January, February, March 2023

# Explore



**WINTER ACTIVITIES**  
pg 2



United Way  
of Southwest Alabama

**WHAT ARE THE BASIC  
PRINCIPLES**  
pg 3



**COOKING IN THE CLASSROOM**  
pg 12



**WHAT IS ALABAMA PATHWAYS?**  
pg 14

# Take a Look Inside

We've got a new look for a new year! This edition of *Early Learning News* may have a different style, but it continues to be filled with helpful, relevant information.

The calendar view of our monthly training classes is perforated for easy removal. This allows you to tear it out and share as needed.

The "Pass Along to Parents" page is also perforated. This is a wonderful resource to share with parents, and it's copyright-free!

## Winter Activities

page 2

## Basic Principles

page 3

## New Locations

page 3, 4

## Highlighted Courses

page 4, 5

## Pass Along to Parents

page 12

## Alabama Pathways

page 14

Reach high,  
for the *Stars*  
lie hidden in your *soul*  
Dream deep,  
for every *Dream*  
precedes the *goal*.

-Pamela Vaull Starr

# Outdoor Winter Activities

Enjoying the outdoors is not limited to the summer months. Winter offers a host of thrilling activities and adventures for children. Wearing appropriate clothing is key to being able to enjoy the winter weather so make sure the kids are bundled up to keep warm and dry.

Here are [a few activities](#) to get children inspired and moving when the world is cold and white:

## Observe Birds

Once you start bird watching, you'll be amazed how much can be learned by observation. Put up a bird feeder outside your classroom window. A tree near the bird feeder gives the birds a safe place to hide, and you'll find they stick around. Brave little chickadees can be lured to your hand with some sunflower seeds. Borrow a few bird books from the library and keep a list of all the birds you see. You could even make some binoculars to extend the project into your art or dramatic area.



## Tracking

Teaching environmental responsibility and a love for the natural world starts very young. Identifying and following animal tracks in fresh snow is a great way to teach children the skills of scientific observation as well as providing a positive incentive to get outside when the snow might not be

deep enough for other activities. Without needing any materials, following tracks can be as exciting as a game of hide-and-seek or playing detective! Which animals are active in your location during the winter months? You may be surprised at what you discover.

## Play Tag

One of my favorite childhood memories is playing tag in the new-fallen snow. We'd tramp down paths, then play tag using only the pathways we'd made. Or we'd make a large hole in the snow, and toss snowballs in for a game of snow basketball.



## Nature Walks

The natural world of winter is amazing when observed with all the senses. Talk with the children about what they might see, hear, feel, smell, or taste in winter. Then, on your nature walk, ask them to point out interesting nature objects or phenomena. When you get back

inside make a list of the things you noticed. Make pictures or find out more from books.

- Sights: Shapes of snow drifts, colors in the snow (you'd be amazed!)
- Sounds: Sound of the whistling wind, the quiet of the snow falling, roar of a leaf blower
- Feel: The downy touch of snowflakes, soft (or spiky) pine needles or the rough bark of a tree
- Smell: Fresh-cut pine, wood smoke, cocoa!

# WHAT ARE THE BASIC PRINCIPLES?

**SCIENCE SHOWS THAT 80% OF BRAIN GROWTH HAPPENS BY THE AGE OF THREE!** Beginning from birth, young brains develop like little muscles, getting bigger and stronger the more you and your family interact with your child.

The Basics Principles are five fun, simple, and powerful ways to help all our children aged 0-3 grow to be happy and smart.

**DO ALL FIVE PRINCIPLES EVERY DAY TO HELP YOUR CHILD BECOME THE AMAZING PERSON YOU KNOW THEY CAN BE.**

## Maximize Love, Manage Stress

Babies and toddlers thrive when their world feels loving, safe, and predictable. Respond with smiles, words, and touch to help them see, hear, and feel your love. You will help them develop a sense of security and self-control.

## Talk, Sing, and Point

Babies learn language from the moment they are born. Respond to their sounds, and later, their words. Connect with eye contact and a loving tone of voice, while pointing to help the know what you are talking about.

## Count, Group, and Compare

Every child's brain is wired for math. Talk about numbers, shapes, patterns, and comparisons as you go about your routines together. Watch your child learn to love math.

## Explore Through Movement and Play

Babies are like scientists who love making discoveries. Watch to see what interests your child, then encourage their curiosity and help them learn when they play and explore.

## Read and Discuss Stories

Reading turns kids into confident thinkers. Make books a regular part of your relationship from the very beginning. With infants, point at the pictures and speak with excitement. With toddlers, just make it fun.

## Who Is Involved?

Lots of people! Partners include hospitals, health centers, schools, community centers, childcare providers, churches, family members, and others.

## What If I'm Not a Parent?

You still care about children! Learn about The Basics principles. Encourage parents and caregivers to make sure their children experience all five with everyone who cares for them.

## How Can I Learn More?

Visit <http://uwsa.org/thebasics> or connect with us on social media for information on the campaign, opportunities in your community, tips, and videos.

## New Locations for Professional Development Training

GRECS has added new training locations this quarter! We offer our training sessions in 6 counties in Alabama, as well as, special deliveries and webinars to reach our participants and students! We will continue to grow and add more locations, so please make note of the time and location of the session when registering for training classes! We will provide the correct address to ensure that you will always know where to go! This past year, GRECS Main Office and Professional Development Center have moved to a new location, so be sure to navigate your way to our new facility!

### Country Day School - Fairhope

23800 US-98, Fairhope, AL 36532

### Monroe County Public Library - Monroeville

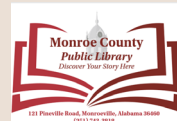
121 Pineville Rd #1857, Monroeville, AL 36460

### Gulf Regional Early Childhood Services - GRECS - Mobile

3101 International Dr, Bldg 6, Mobile, AL, 36606



Country Day School  
LLC



GULF REGIONAL  
Early Childhood Services

## Get To Know Our Training Sites and Locations!

When Registering for training classes, please make note of the time & locations of the session. Classes are held in 7 counties - Baldwin, Clarke, Conecuh, Escambia, Mobile, Monroe & Washington.

### Baldwin County

Daphne Public Library

First Baptist Church - Spanish Fort

Kids Plus CDC

Goodwill Community Center

The Learning Tree at "First Fairhope"

Coastal Alabama Community College, Bay Minette Campus

Country Day School

### Clarke County

Jackson City Hall

### Conecuh County

David Burt Agriculture Center

### Escambia County

Coastal Alabama Community College

Flomaton Public Library

### Monroe County

Monroe County Public Library

Patty Pat's Daycare Center #2

### Mobile County

GRECS Training Rooms -

3101 International Dr bldg 6

### Washington County

Spot for Tots Child Care Center

Washington County Public Library



If you have any questions or need directions

Call us at  
251-473-1060  
or visit  
[www.grecs.org](http://www.grecs.org)

# CCDF Health and Safety Courses 2023

Looking for DHR CCDF Health and Safety Training Courses? We've Got You Covered for this quarter in January, February, March 2023!

- **January 11:** Hazard Recognition and Accident Prevention; CCDF: 5, 7 ; 6:00p-8:00p; **Mobile**
- **January 24:** CPR and First Aid Refresher Session; 8:30a-9:30a; **Mobile**
- **January 24:** DHR Health & Safety CCDF: 1, 2; 9:30a-11:30a; **Mobile**
- **January 25:** DHR Health & Safety CCDF: 3, 4; 8:30a-10:30a; **Mobile**
- **January 26 & Feb 23:** Free Public Health and Safety: First-Aid and CPR Training; 8:00a-12:00p; **Mobile**
- **January 26:** Prevention of Shaken Baby Syndrome and Abusive Head Trauma and Sudden Infant Death Syndrome (SIDS) Prevention and Use of Safe Sleep Practices; CCDF: 2, 6; 4:30p-6:30p; **Monroe Public Library**
- **February 7:** DHR Health & Safety CCDF: 5, 6, 7; 8:30a-11:30a; **Mobile**
- **February 9:** DHR Health & Safety CCDF: 8, 9, 11; 8:30a-11:30a; **Mobile**
- **February 23:** Preparing for Emergencies in the Child Care Setting CCDF: 7; 6:30p-8:30p; **Webinar**
- **February 27:** Hazard Recognition and Accident Prevention; CCDF: 5, 7 ; 6:00p-8:00p; **Mobile**
- **March 7:** DHR Health & Safety CCDF: 7, 9, 11; 8:30a-11:30a; **Mobile**
- **March 27:** Prevention of Shaken Baby Syndrome and Abusive Head Trauma and Sudden Infant Death Syndrome (SIDS) Prevention and Use of Safe Sleep Practices; CCDF: 2, 6; 5:00p-7:00p; **Mobile**

**Getting Started**

We will introduce you to the foundational information you need to provide safe environments, nurturing interactions & developmentally appropriate experiences for the children in your care. This basic-level, 12 hour course is broken down into (3), four-hour segments. The training you receive will meet Alabama Department of Human Resources' 12-hour training requirement to work in child care.

(Presenter: GRECS Staff; DHR: CD, CCPF, LD, QCCL, PDG, HSUP; Alabama Pathways: CGD, ICFC, LEE, HSN, PPD; CDA: 1, 2, 3, 4, 5, 6, 8; CCDF: 3, 4, 13, 15, 20; Basic Training Level: 12 hours/12 CEUs; Appropriate for ALL Age Groups)

January 31 - February 2, 2023 | 12:00pm - 4:00pm  
GRECS Training Room, Mobile

**New Time!**

# Alabama Early Learning Guidelines (AELG)

The Alabama Early Learning Guidelines were developed to promote continuity of high-quality care and learning for children ages 0-5. The AELG course serves as a guide for understanding child development and for implementing best practices to prepare children for success in school and in life. Participants who complete this course will receive 18 training hours and the official AELG Credential issued by the Alabama Department of Human Resources. This course may only be completed once. If you have received this credential through AELG face-to-face training or the online version, you will not receive credit again. (CDA Content Areas: 1, 2, 3, 4, 6, 7, 8 | DHR Categories: CD, CCPE, HSUP, LD, PDG, QCCL | Alabama Pathways to Quality and Education Core Areas: CGD, COA, DIV, HSN, ICFC, LEE, MA, PPD | CCDF: 5, 8, 13, 15, 16, 17, 18, 20)

## You must attend

### Session 1: Orientation before taking any other session.

- March 4 | 8:30-10:30a | Session 1 – Orientation
- March 4 | 10:30-12:30p | Session 2 – Observations and Assessment
- March 8 | 6:00-8:00p | Session 3 – The Role of Parent and Caregiver
- March 18 | 8:30-10:30a | Session 4 – Self-Concept and Emotional Development
- March 18 | 10:30-12:30p | Session 5 – Social Development
- March 22 | 6:00-8:00p | Session 6 – Language and Literacy
- April 1 | 8:30-10:30a | Session 7 – Physical Development
- April 1 | 10:30-12:30p | Session 8 – Cognitive Development
- April 5 | 6:00-8:00p | Session 9 – Putting It All Together

**If you have taken any AELG Sessions within the last year but missed a session, you can register, attend and make up those classes to complete and receive your AELG Credential!**

## APT WINTER ONLINE TRAINING

EACH QUARTER, ALABAMA PUBLIC TELEVISION™ OFFERS FREE ONLINE TRAINING FOR ANYONE INTERESTED IN EXPANDING THEIR PROFESSIONAL DEVELOPMENT! WE ENCOURAGE YOU TO CHECK OUT WHAT THEY HAVE IN STORE AND REGISTER DIRECTLY THROUGH THEIR WEBSITE,

[HTTPS://APT.V.ORG/EDUCATION/LEARN-ONLINE/](https://aptv.org/education/learn-online/)

Registration opens on their website

December 12, 2022

Alabama Early Learning Guidelines: January 9 - February 27, 2023

Exploring STEM with School-Aged Children: January 9 - January 30, 2023

Character Education: Life's Little Lessons with Daniel Tiger and Friends

January 9 - January 30, 2023

New! Kindergarten Readiness Approaches to Play for Preschoolers

February 6 - February 27, 2023

ACEs: Understanding and Preventing Adverse Childhood Experiences

February 6 - February 27, 2023



Scan the QR Code for APT's Winter 2023 Facilitated Training Opportunities:



Scan the QR code for APT's On-Demand 2-Hour Training Catalog – Always Available:

## Special Delivery Courses

Please Contact: **Sofie Westbrook**

**251-473-1060**

**[swestbrook@greecs.org](mailto:swestbrook@greecs.org)**

We are offering special delivery courses for the following sessions:

- Introduction to the Child Associate Credential (CDA)
- What is Your PIECE? Professionalism in Early Childhood Education (APT)
- Kids and Allergies: What to Look For (APT)
- Preparing for Emergencies In the Child Care Setting

Please Contact **Sofie Westbrook** for more details on how you can schedule a training or if there are other sessions you need!

## Smart Horizons On-Demand Courses

Our online training courses are designed to help you meet your professional goals. Whether you simply want to complete annual training requirements or you're trying to acquire training hours for a CDA, our courses provide a variety of engaging topics designed specifically for you!

We have scholarships available for this program!

Call **Sofie Westbrook** at 251-473-1060 for more information!

## Online Sessions GRECS Webinars:

January, February and March 2023 Webinars:

- February 23rd - Preparing for Emergencies in the Child Care Setting (APT); 6:30p-8:30p

### Go Online and Register Today!

All webinars are available for ALL COUNTIES and centers who are interested and are free of charge! Contact Hours will be offered for each session and can be found in your student profile upon completion

# January '23 TRAINING

**January 3, 2023 | 9:00-11:00A 2hrs**

## Brain Development: Seeing and Supporting Children's Active Bodies and Minds

CCDF: 13, 17 | AL Pathways: CGD | CDA: 2,3,8 | DHR: CD | ALL | Basic | Country Day School, Fairhope | 0.2 CEUs

**PRESENTER:** Maddie Cousins

Participants will gain an understanding of brain development in children.

**January 10, 2023 | 9:30-11:30A 2hrs**

## Alabama Quality STARS: Quality Rating and Improvement System (QRIS) Q&A

CCDF: 13,20 | AL Pathways: LEE,PPD,MA | CDA: 5,6 | DHR: QCCL,CCPE,AM | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Symone Mixon, Amber Edwards, Rachel McIntosh

Learn more about Alabama Quality STARS. pg 14

**January 11, 2023 | 6:00-8:00P 2hrs**

## Hazard Recognition and Accident Prevention: CCDF 5, 7

CCDF: 5,7 | AL Pathways: HSN | CDA: 1,6 | DHR: HSUP | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Avery Fick

Participants will be able to recognize possible hazards and efforts to prevent incidents in the childcare workplace.

**January 12, 2023 | 6:30-8:30P 2hrs**

## Thinking Outside of the Bin: Exploring STEM Bins (APT)

CCDF: 13 | AL Pathways: LEE | CDA: 2,3 | DHR: CD | School-Ager | Intermediate | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** LaDanika York

Learn how to use simple everyday things to encourage children to create, invent, and solve problems.

**January 17, 2023 | 6:00-8:00P 2hrs**

## Time In Vs. Time Out: Building Resilient Classrooms

CCDF: 15,20 | AL Pathways: ICFC,CGD | CDA: 1,2,3,5 | DHR: PDG, CD | Infants, Toddlers | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** APT Staff

Come discuss effective teaching strategies that foster problem solving, community, and acceptance.

**January 18, 2023 | 9:30-11:30A 2hrs**

## Admin Basics and Beyond: Money Matters

CCDF: 13,19,20 | AL Pathways: MA | CDA: 5 | DHR: AM, QCCL | Directors | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Paula Reese & Vicki Giles

Designed for all directors, learn to make the most of your budget with these strategies.

**January 19, 2023 | 6:30-8:30P 2hrs**

## Supervision for Teachers

CCDF: 20 | AL Pathways: PPD, MA | CDA: 3 | DHR: CCPE,QCCL | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Vicki Giles and Paula Reese

Develop an understanding of effective supervision for creating a safe early childhood environment.

**January 24, 2023 | 8:30-9:30A 1hr**

## CPR and First Aid Refresher Session

CCDF: 10R | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER:** Pamela J. Senters, RNC

An introduction to the foundational information to provide safe and healthy environments in child care settings.

**January 24, 2023 | 9:30-11:30A 2hrs**

## DHR Health & Safety: CCDF 1, 2

CCDF: 1, 2 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER:** Pamela J. Senters, RNC

An introduction to the foundational information to provide safe and healthy environments in child care settings.

**January 24, 2023 | 6:30-8:30P 2hrs**

## Schedules and Routines for Infants & Toddlers

CCDF: 13,15,20 | AL Pathways: LEE | CDA: 1, 3 | DHR: PDG, CD | Infants, Toddlers | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Desira Keith

Come discuss effective teaching strategies that foster problem solving, community, and acceptance.

**January 25, 2023 | 8:30-10:30A 2hrs**

## DHR Health & Safety: CCDF 3, 4

CCDF: 3,4 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER:** Avery Fick

An introduction to the foundational information to provide safe and healthy environments in child care settings.

**January 26, 2023 | 8:00-12:00P 4hrs**

## Free Public Health & Safety: First-Aid & CPR

CCDF: 10 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER:** Pamela J. Senters, RNC

Participants will practice and simulate the skills to perform CPR and Basic First-aid.

**January 26, 2023 | 4:30-6:30P 2hrs**

## Prevention of Shaken Baby Syndrome and Sudden Infant Death Syndrome (SIDS) Prevention and Use of Safe Sleep Practices

CCDF: 2, 6 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | Monroe Public Library, Monroeville | 0.2 CEUs

**PRESENTER:** Ann Fox

Learn essential information on Shaken Baby Syndrome and prevention of SIDS in a day care or home.

**January 26, 2023 | 6:00-8:00P 2hrs**

## Cultivating Compassionate Classroom

CCDF: 13, 19 | AL Pathways: CGD, LEE | CDA: 1, 3 | DHR: PDG, CD | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEU

**PRESENTER:** Erin Franklin

Participants will learn strategies that they can use to foster and sustain compassion in the early childhood classroom.

**January 28, 2023 | 9:30-11:30P 2hrs**

## Making Big Books: Using Books and Music to Enrich Learning

CCDF: 13,20 | AL Pathways: CDG,LEE | CDA: 2, 8 | DHR: LD,CD | Infants, Toddlers, Preschoolers | Basic | Coastal Alabama Comm. College, Bay Minette | 0.2 CEU

**PRESENTER:** Lisa Kirkland

Learn to create a more interactive and developmentally appropriate reading and circle time using books and music.

**January 31, 2023 | 12:00-4:00P 4hrs**

## Getting Started (Day 1)

CCDF: 3,4,13,15,20 | AL Pathways: CGD, ICFC, LEE, HSN, PPD | CDA: 1, 2, 3, 4, 5, 6, 8 | DHR: CD, CCPE, LD, QCCL, PDG, HSUP | ALL | Basic | GRECS Training Room, Mobile | 1.2 CEUs

**PRESENTER:** GRECS Staff

See Course Highlights on page 4 for more information! Don't forget we have a new time for this session!

**January 31, 2023 | 6:00-8:00P 2hrs**

## Differences in You and Me: Embracing the Differences You See

CCDF: 13 | AL Pathways: CGD, LEE, DIV, COA | CDA: 2, 3 | DHR: CD, CCPE | Preschool, School-Age | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Dr. Jason C. Bryant

Understand the importance of embracing cultural diversity within their school setting.



Register online: [www.greecs.org](http://www.greecs.org)

# January 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 <i>Brain Development: Seeing and Supporting Children's Active Bodies and Minds</i> ; 9:00am-11:00am; <b>Country Day School, Fairhope</b>	4	5	6	7 
9	10 <i>Alabama Quality STARS: Quality Rating and Improvement System (QRIS) Q&amp;A</i> 9:30am-11:30am; <b>Mobile</b>	11 <i>Hazard Recognition and Accident Prevention CCDF</i> : 5,7; 6:00pm-8:00pm; <b>Mobile</b>	12 <i>Thinking Outside of the Bin: Exploring STEM Bins (APT)</i> ; 6:30pm-8:30pm; <b>Mobile</b>	13	14
16 <b>GRECS and EHS Closed for Martin Luther King Jr Day</b>	17 <i>Time In Vs. Time Out: Building Resilient Classrooms</i> ; 6:00pm-8:00pm; <b>Mobile</b>	18 <i>Admin Basics and Beyond: Money Matters</i> ; 9:30am-11:30am; <b>Mobile</b>	19 <i>Supervision for Teachers</i> ; 6:30pm-8:30pm; <b>Mobile</b>	20	21 
23	24 <i>CPR and First Aid Refresher Session</i> ; 8:30am-9:30am; <b>Mobile</b>  <i>DHR Health &amp; Safety CCDF</i> : 1, 2; 9:30am-11:30am; <b>Mobile</b>  <i>Schedules and Routines for Infants &amp; Toddlers: Planning Meaningful Experiences</i> ; 6:30pm-8:30pm; <b>Mobile</b>	25 <i>DHR Health &amp; Safety CCDF</i> : 3, 4; 8:30am-10:30am; <b>Mobile</b>  	26 <i>Free Public Health and Safety: First-Aid and CPR Training</i> ; 8:00am-12:00pm; <b>Mobile</b>  <i>Prevention of Shaken Baby Syndrome and Sudden Infant Death Syndrome (SIDS) Prevention and Use of Safe Sleep Practices</i> ; CCDF: 2, 6; 4:30pm-6:30pm; <b>Monroe Public Library</b>  <i>Cultivating Compassionate Classroom</i> ; 6:00pm-8:00pm; <b>Mobile</b>	27	28 <i>Making Big Books: Using Books and Music to Enrich Learning</i> ; 9:30am-11:30am; <b>Coastal Alabama, Bay Minette</b>
30	31 <i>Getting Started (Day 1)</i> ; 12:00pm-4:00pm; <b>Mobile</b>  <i>Differences in You and Me: Embracing the Differences You See</i> ; 6:00pm-8:00pm; <b>Mobile</b>				

\*All classes in Mobile County will be held at Gulf Regional Early Childhood Services unless otherwise noted.

# February 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 Getting Started (Day 2); 12:00pm-4:00pm; Mobile</b>  <i>Heroes Get Tired, Too! Taking Care of Self and Staff; 9:30am-11:30am; Mobile</i>	<b>2 Getting Started (Day 3); 12:00pm-4:00pm; Mobile</b>  <i>Playing It Safe: How to Create Safe Spaces (APT); 6:00pm-8:00pm; Kids Plus, Foley</i>	3	4
<b>6 Granting Children Their Emotions; 6:30pm-8:30pm; Mobile</b>	<b>7 DHR Health &amp; Safety CCDF: 5, 6, 7; 8:30am-11:30am; Mobile</b>  <i>Building Your Bounce Part 1: What is Resilience and Understanding Risk &amp; Protective Factors; 6:00pm-8:00pm; Mobile</i>	8	<b>9 DHR Health &amp; Safety CCDF: 8, 9, 11; 8:30am-11:30am; Mobile</b>  <i>Conquering Transitions; 6:00pm-8:00pm; Mobile</i>	10	11  
<b>13 Introduction to the Child Development Associate Credential (CDA); 6:30pm-8:30pm; Mobile</b>	14  	<b>15 Alabama Quality STARS: Quality Rating and Improvement System (QRIS) Q&amp;A 9:30am-11:30am; Mobile</b>	16	17	18
20    <b>GRECS and EHS Closed for Mardi Gras Holiday</b>	21  	22	<b>23 Free Public Health and Safety: First-Aid and CPR Training; 8:00am-12:00pm; Mobile</b>  <i>Preparing for Emergencies in the Child Care Setting (APT); 6:30pm-8:30pm; All Counties Webinar</i>	24	25  
<b>27 Hazard Recognition and Accident Prevention CCDF: 5,7; 6:00pm-8:00pm; Mobile</b>	<b>28 Meaningful Conversations; 6:00pm-8:00pm; Mobile</b>				

# February '23 TRAINING

**February 1, 2023 | 12:00-4:00P|4hrs**

## Getting Started (Day 2)

CCDF: 3,4,13,15,20 | AL Pathways: CGD, ICFC, LEE, HSN, PPD | CDA: 1, 2, 3, 4, 5, 6, 8 | DHR: CD, CCPE, LD, QCCL, PDG, HSUP | ALL | Basic | GRECS Training Room, Mobile | 1.2 CEUs

**PRESENTER:** GRECS Staff

See Course Highlights on page 4 for more information! Don't forget we have a new time for this session!

**February 1, 2023 | 9:30-11:30A 2hrs**

## Heroes Get Tired, Too! Taking Care of Self and Staff

CCDF: 13,19 | AL Pathways: LEE, MA | CDA: 1,5 | DHR: CCPE, AM | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Sandy Resa and

Michelle Denney

Participants will learn to take time to prevent burnout, promote health, and protect themselves from the negative effects of stress.

**February 2, 2023 | 12:00-4:00P|4hrs**

## Getting Started (Day 3)

CCDF: 3,4,13,15,20 | AL Pathways: CGD, ICFC, LEE, HSN, PPD | CDA: 1, 2, 3, 4, 5, 6, 8 | DHR: CD, CCPE, LD, QCCL, PDG, HSUP | ALL | Basic | GRECS Training Room, Mobile | 1.2 CEUs

**PRESENTER:** GRECS Staff

See Course Highlights on page 4 for more information! Don't forget we have a new time for this session!

**February 2, 2023 | 6:00-8:00P 2hrs**

## Playing It Safe: How to Create Safe Spaces

CCDF: 13,15,16 | AL Pathways: CDG, LEE | CDA: 1,3,8 | DHR: CD | ALL | Basic | Kids Plus CDC, Foley | 0.2 CEUs

**PRESENTER:** Maddie Cousins

Learn elements of a safe space and ways to effectively implement those spaces for young children.

**February 6, 2023 | 6:30-8:30P|2hrs**

## Granting Children Their Emotions

CCDF: 13,15 | AL Pathways: CGD | CDA: 3,8 | DHR: PDG, CD | Preschool | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Vicki Giles

Examine the consequences of ignoring children's feelings and the positive impacts of supportive responses to children's feelings.

**February 7, 2023 | 8:30-11:30A 3hrs**

## DHR Health & Safety: CCDF 5, 6, 7

CCDF: 5,6,7 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER:** Pamela J. Senters, RNC

Participants will identify potential risks and promote building and physical premises safety including Electrical Hazards, Bodies of Water, Vehicular Traffic, Play-ground Safety and more!

**February 7, 2023 | 6:00-8:00P|2hrs**

## Building Your Bounce Part 1: What is Resilience and Understanding Risk & Protective Factors

CCDF: 15,16 | AL Pathways: ICFC, HSN, PPD | CDA: 4,6 | DHR: CCPE, HSUP | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Paula Reese

Learn about the importance of adult resilience and the role that our own resilience has on our well-being and our ability to care for children.

**February 9, 2023 | 8:30-11:30A 3hrs**

## DHR Health & Safety: CCDF 8, 9, 11

CCDF: 8,9,11 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER:** Pamela J. Senters, RNC

The purpose of this training is to make participants aware of potential disaster situations in early childhood programs, and to discuss appropriate responses to those situations.

**February 9, 2023 | 6:00-8:00P|2hrs**

## Conquering Transitions

CCDF: 13,15 | AL Pathways: CGD, LEE | CDA: 1,3,8 | DHR: PDG, CD | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Desira Keith

This course is to assist in identifying times in the day when transitions take place. Through role play and problem-solving techniques participants will obtain a skillset to preventing behavioral disruptions during transitions.

**February 13, 2023 | 6:30-8:30P 2hrs**

## Introduction to the Child Development Associate Credential

CCDF: 20 | AL Pathways: PPD | CDA: 6 | DHR: CCPE, QCCL | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER:** LaDanika York

An introduction designed for any professional early child care educator considering applying for the CDA Credential.

**February 15, 2023 | 9:30-11:30A 2hrs**

## Alabama Quality STARS: Quality Rating and Improvement System (QRIS)

CCDF: 13, 20 | AL Pathways: LEE, PPD, MA | CDA: 5, 6 | DHR: QCCL, CCPE, AM | Directors | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Symone Mixon, Amber Edwards, Rachel McIntosh

This session provides an overview of the Alabama Quality STARS: Quality Rating Improvement System (QRIS).

**February 23, 2023 | 8:00-12:00P 4hrs**

## Free Public Health and Safety: First-Aid and CPR Training

CCDF: 10 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER:** Pamela J. Senters, RNC

Training is to provide participants with the practice and assimilation of skills to perform CPR and Basic First-aid with a certification from The Emergency Care and Safety Institute (ECSI)

**February 23, 2023 | 6:30-8:30P 2hrs**

## Preparing for Emergencies in the Child Care Setting (APT)

CCDF: 7 | AL Pathways: HSN | CDA: 1, 5 | DHR: HSUP | ALL | Basic | All Counties Webinar

**PRESENTER:** GRECS Staff

This training will provide participants with ways to prepare for and recover from emergencies by identifying emergency.

**February 27, 2023 | 6:00-8:00P 2hrs**

## Hazard Recognition and Accident Prevention: CCDF 5, 7

CCDF: 5,7 | AL Pathways: HSN | CDA: 1, 6 | DHR: HSUP | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Avery Fick

Participants will be able to recognize possible hazards and efforts to prevent incidents in the childcare workplace.

**February 28, 2023 | 6:00-8:00P|2hrs**

## Meaningful Conversations

CCDF: 13,17 | AL Pathways: CGD, ICFC | CDA: 3 | DHR: CD, LD | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** LaDanika York

Participants will learn how essential conversations are for social, emotional, and language development for all age groups.



Register online: [www.greecs.org](http://www.greecs.org)

# March '23 TRAINING

**March 2, 2023 | 6:30-8:30p 2hrs**

## Brain Development: Seeing & Supporting Children's Active Bodies & Minds

CCDF: 13,17 | AL Pathways: CGD | CDA: 2,3,8 | DHR: CD | ALL | Basic | Country Day School, Fairhope | 0.2 CEUs

**PRESENTER:** Maddie Cousins

Participants gain an understanding of brain development in children.

**March 4, 2023 | 8:30-10:30a 2hrs**

## Alabama Early Learning Guidelines (AELG) Session 1 - Orientation

CCDF: 13 | AL Pathways: CGD | CDA: 8 | DHR: CD | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** GRECS Staff

You must attend Orientation before taking other AELG Sessions. See pg 5 session highlights for more information!

**March 4, 2023 | 10:30-12:30p 2hrs**

## (AELG) Session 2 - see pg 5

**March 6, 2023 | 8:30-11:30a 3hrs**

## DHR Health & Safety CCDF 1, 4, 5

CCDF: 1,4,5 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER:** Pamela J. Senters, RNC

Participants will discuss essential information to identify potential risks and promote building and physical premises safety in the child care setting.

**March 7, 2023 | 8:30-11:30a 3hrs**

## DHR Health & Safety CCDF 7, 8, 11

CCDF: 7, 8, 11 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER:** Pamela J. Senters, RNC

Participants will identify ways to prevent abuse from occurring in the early childhood setting

**March 7, 2023 | 6:30-8:30p 2hrs**

## Socialization for Infants and Toddlers

CCDF: 13 | AL Pathways: CGD | CDA: 3,4,8 | DHR: CD, QCCL | Infant, Toddler | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Victoria Bolton

Gain an understanding of infants socialization and ways toddlers can demonstrate socialization.

**March 8, 2023 | 6:00-8:00p 2hrs**

## (AELG) Session 3 - see pg 5

**March 9, 2023 | 6:00-8:00p 2hrs**

## Sweet Home Alabama

CCDF: 13 | AL Pathways: LEE | CDA: 3 | DHR: CD, LD | School Age | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** GRECS Staff

Visit Alabama's history and culture through the eyes of a child in this two hour training.

**March 11, 2023 | 9:00-11:00a 2hrs**

## Making Big Books: Using Books and Music to Enrich Learning

CCDF: 13,20 | AL Pathways: CDG,LEE | CDA: 2, 8 | DHR: LD,CD | Infants, Toddlers, Preschoolers | Basic | GRECS Training Room, Mobile | 0.2 CEU

**PRESENTER:** Lisa Kirkland

Learn to create a more interactive and developmentally appropriate reading and circle time using books and music.

**March 13, 2023 | 6:00-8:00p 2hrs**

## The Preschool Scientist: Squishy Squashy Sponges

CCDF: 13 | AL Pathways: CGD, LEE | CDA: 2 | DHR: CD, LD | Preschoolers | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Vicki Giles

Learn to use your senses to explore squishy, squashy sponges to find out what they are and what they can do for you.

**March 14, 2023 | 6:30-8:30p 2hrs**

## Storybook STEAM: Bringing Picture Books to Life with Science, Technology, Engineering, Art, & Math (APT)

CCDF: 19 | AL Pathways: LEE,CGD | CDA: 2, 3 | DHR: CD,LD | School Age | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** APT Staff

Explore how we can use STEAM projects to make our favorite books even more fun.

**March 15, 2023 | 9:30-11:30a 2hrs**

AND

**March 15, 2023 | 6:00-8:00p 2hrs**

## What is Alabama Pathways?

CCDF: 18 | AL Pathways: PPD | CDA: 5,6 | DHR: QCCL,CCPF | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER:** DHR Staff

Learn about the professional development system that addresses the training and education needs of early education caregivers.

**March 16, 2023 | 6:00-8:00p 2hrs**

## Where Conversations Lead

CCDF: 13,16 | AL Pathways: CGD,LEE | CDA: 2,8 | DHR: CD,LD | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Desira Keith

This course assists teachers and parents with promoting language development in children.

**March 18, 2023 | 8:30-12:30p 4hrs**

## (AELG) Sessions 4 & 5 - see pg 5

**March 21, 2023 | 6:00-8:00p 2hrs**

## The Whole Child: Putting the Pieces Back Together

CCDF: 13,20 | AL Pathways: CGD,LEE | CDA: 2,3,8 | DHR: CD, QCCL | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Paula Reese & Vicki Giles

Recognize that a young child is a whole person by integrating all the pieces of child development.

**March 22, 2023 | 6:00-8:00p 2hrs**

## (AELG) Session 6 - see pg 5

**March 23, 2023 | 6:30-8:30p 2hrs**

## Empowering Kids Through Daily Affirmations

CCDF: 13 | AL Pathways: CGD,LEE | CDA: 1,3,8 | DHR: CD, PDG | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Maddie Cousins

This class discusses why daily affirmations are important and how to teach affirmations in the classroom.

**March 27, 2023 | 5:00-7:00p 2hrs**

## Prevention of Shaken Baby Syndrome & SIDS, Prevention & Use of Safe Sleep Practices: CCDF 2, 6

CCDF: 2,6 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER:** Judy Cunningham

Participants will learn essential information on Shaken Baby Syndrome and SIDS in a day care or home day care setting.

**March 28, 2023 | 6:00-8:00p 2hrs**

## Everyone Can STEM!

CCDF: 13 | AL Pathways: CGD,LEE | CDA: 2 | DHR: CD | Basic | Preschool, School-Age | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Sandy Resa & Michelle Denney

Gain confidence in your ability to incorporate STEM learning activities into their regular programming.

**March 29, 2023 | 9:30-11:30a 2hrs**

## Alabama Quality STARS: Quality Rating and Improvement System

CCDF: 13,20 | AL Pathways: LEE,PPD,MA | CDA: 5,6 | DHR: QCCL,CCPF,AM | Directors | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Symone Mixon, Amber Edwards, Rachel McIntosh

This session provides an overview of the Alabama Quality STARS: Quality Rating Improvement System (QRIS).

**March 30, 2023 | 6:00-8:00p 2hrs**

## Building Your Bounce: Adult Resilience: Part 2

CCDF: 15,16 | AL Pathways: ICFC, PPD, HSN | CDA: 4,6 | DHR: CCPE, HSUP | ALL | Basic | GRECS Training Room, Mobile | 0.2 CEUs

**PRESENTER:** Paula Reese

Participants will be introduced to the Devereux Adult Resilience Survey (DARS) and Strategies to Promote Adult Resilience.



Register online: [www.grecs.org](http://www.grecs.org)

# March 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Brain Development: Seeing and Supporting Children's Active Bodies and Minds; 6:30pm-8:30pm; <b>Mobile</b>	3	4 Alabama Early Learning Guidelines (AELG) Session 1 – Orientation; 8:30am-10:30am; <b>Mobile</b>  (AELG) Session 2; 10:30am-12:30pm; <b>Mobile</b>
6 DHR Health & Safety CCDF: 1, 4, 5; 8:30am-11:30am; <b>Mobile</b>	7 DHR Health & Safety CCDF: 7, 8, 11; 8:30am-11:30am; <b>Mobile</b>  Socialization for Infants and Toddlers; 6:30pm-8:30pm; <b>Mobile</b>	8 (AELG) Session 3; 6:00pm-8:00pm; <b>Mobile</b>	9 Sweet Home Alabama; 6:00pm-8:00pm; <b>Mobile</b>	10	11 Making Big Books: Using Books and Music to Enrich Learning; 9:00am-11:00am; <b>Mobile</b>  
13 The Preschool Scientist: Squishy Squashy Sponges; 6:00pm-8:00pm; <b>Mobile</b>	14 Storybook STEAM: Bringing Picture Books to Life with Science, Technology, Engineering, Art, & Math (APT); 6:30pm-8:30pm; <b>Mobile</b>	15 What is Alabama Pathways?; 9:30am-11:30am; <b>Mobile</b>  What is Alabama Pathways?; 6:00pm-8:00pm; <b>Mobile</b>	16 Where Conversations Lead; 6:00pm-8:00pm; <b>Mobile</b>	17 	18 (AELG) Session 4; 8:30am-10:30am; <b>Mobile</b>  (AELG) Session 5; 10:30am-12:30pm; <b>Mobile</b>
20 	21 The Whole Child: Putting the Pieces Back Together; 6:00pm-8:00pm; <b>Mobile</b>	22 (AELG) Session 6; 6:00pm-8:00pm; <b>Mobile</b>	23 Empowering Kids Through Daily Affirmations; 6:30pm-8:30pm; <b>Mobile</b>	24	25
27 Prevention of Shaken Baby Syndrome and Sudden Infant Death Syndrome (SIDS) Prevention and Use of Safe Sleep Practices; CCDF: 2, 6; 5:00pm-7:00pm; <b>Mobile</b>	28 Everyone Can STEM!; 6:00pm-8:00pm; <b>Mobile</b>	29 Alabama Quality STARS: Quality Rating and Improvement System (QRIS) Q&A 9:30am-11:30am; <b>Mobile</b>	30 Building Your Bounce: Adult Resilience: Part 2 6:00pm-8:00pm; <b>Mobile</b>	31	



# Cooking in the Classroom

By Regina Abraham



**T**hink about some of your earliest childhood memories. Chances are, many of those memories involve food. For me, some of my earliest memories include the smell of fresh cherry pie baking in my grandmother's kitchen and having my grandmother tell me to go out to the garden and "pick a salad" for dinner. Food brings people together and provides opportunities for shared experiences. Recipes are handed down from generation to generation and so many family and holiday traditions include special foods. Young children pretend to cook all the time. They "bake" mud pies using sand, dirt, and

**Children who learn healthy eating and cooking habits are more likely to grow up to be adults with healthy eating and cooking habits!**

~Regina Abraham



**I**t is easy to incorporate literacy, vocabulary development, math, science, and social studies when planning cooking activities for young children.

When introducing young children to cooking, it's best to start small. Use recipes that require few ingredients and simple steps. As children become more proficient, and adults become more comfortable with the process, add more complex recipes to your repertoire. Always try your recipes prior to sharing them with children. You want the children to experience the joy of discovery at the outcome. However, as a teacher, you don't want any surprises.

## Books and Activities to Introduce Children to Cooking!

**T**here are many great books that can be paired with cooking activities. The Doorbell Rang by Pat Hutchins is a great opportunity to teach about sharing, fractions, and making cookies. If you Give a Moose a Muffin by Laura Numeroff lends itself beautifully to a muffin making activity. Little Red Hen Makes a Pizza by Philémon Sturgess is a great twist on a classic tale which allows the opportunity not only for a literature study to compare and contrast different versions of similar stories—but also an opportunity to make pizza.

**F**ractions, measuring, sequencing, and counting are a few of the many math concepts that can be incorporated into cooking activities. A child can cut the stick of butter in half, or cut the banana into thirds. When measuring dry ingredients, you can use a half cup measure twice to make a full cup, or a quarter cup measure four times to make a cup. If you make a round pizza, would you rather share it evenly with four people (quarters) or three people (thirds)? Which scenario would give you more (or less) pizza?



**View more on this article about building successful kids on [communityplaythings.com](https://www.communityplaythings.com)**

**Training Levels**

**Basic** = Most appropriate for entry-level professionals who are new to early childhood and/or school-age care. *Basic Level Training* covers a foundational understanding and demonstration of developing skills.

**Intermediate** = Most appropriate for professionals who have at least (2) years of experience and 120 hours of training in child development, and are moving toward more formal education. *Intermediate Level Training* includes expanding knowledge and application, and refining skills.

**Advanced** = Most appropriate for professionals who have at least three (3) years of experience and 30 credit hours in child development. *Advanced Level Training* focuses on a more thorough knowledge and understanding of developmentally appropriate practice and highly effective application and demonstration of skills.

**DHR Performance Standards Training Areas**

CD = Child Development

HSUP = Health, Safety, and Universal Precautions

QCCL = Quality Child Care and Licensing

CCPF = Child Care Professional and the Family

LD = Language Development

PDG = Positive Discipline and Guidance

AM = Administration and Management

**CDA (Child Development Associate) Subject Areas**

1. Planning a safe, healthy learning environment
2. Advancing children's physical and intellectual development
3. Supporting children's social and emotional development
4. Building productive relationships with families
5. Managing an effective program
6. Maintaining a commitment to professionalism
7. Observing and recording children's behavior
8. Understanding principles of child development and learning

**Alabama Pathways Core Knowledge Areas (CKA)**

CGD = Child Growth and Development

HSN = Health, Safety and Nutrition

LEE = Learning Experiences and Enrichment

DIV = Diversity

COA = Child Observation and Assessment (Planning for Individual Needs)

ICFC = Interaction with Children, Families and Communities

PPD = Personal and Professional Development

MA = Management and Administration

**CCDF Training Areas**

1. *Prevention and control of infectious diseases (including immunizations)*
2. *Sudden Infant Death Syndrome (SIDS) prevention and use of safe sleep practices*
3. *Administration of medication*
4. *Prevention of and response to emergencies due to food and allergic reactions*
5. *Building and physical premises safety, including identifying electrical hazards, bodies of water, and vehicular traffic*
6. *Prevention of Shaken Baby Syndrome and abusive head trauma*
7. *Emergency preparedness and response planning for natural or man-caused events*
8. *Handling and storage of hazardous materials, including correct disposal of bio-contaminants*
9. *If applicable, appropriate precautions in transporting children*
10. *First-aid and CPR*
11. *Recognizing and reporting child abuse and neglect*
12. *Identifying and serving homeless children and their families*
13. *Promoting the social, emotional, physical, and cognitive development of children, including those related to nutrition and physical activity, using scientifically-based, developmentally appropriate and age appropriate strategies*
14. *Caring for children in geographic areas with significant concentrations of poverty and unemployment*
15. *Implementing behavior strategies, including positive behavior interventions and support models that promote positive social and emotional development and reduce challenging behaviors, including reducing expulsions of preschool-aged children for such behaviors*
16. *Engaging parents and families in culturally and linguistically appropriate ways to expand their knowledge, skills and capacity to be meaningful partners in supporting their children's positive development*
17. *Understanding early neurological development*
18. *Using data to guide program improvement*
19. *Supporting positive development of school-age children*
20. *Improving the quality of programs and services for infants and toddlers*

**Target Age Groups**

Infants = Birth to 12 months

Toddlers = 1 and 2 year olds

Preschoolers = 3 and 4 year olds

School-agers = 5 to 12 year olds

ALL = Infants, Toddlers, Preschoolers, and School-agers





*Alabama Pathways* is a free online resource to provide a path to support and advance the best practices for those who care for and teach children from birth through 12 years. In accordance with Child Care Licensing and Performance Standards for Day Care Centers and Nighttime Centers Regulations and Procedures and Licensing and Performance Standards for Family Day Care Homes Family Nighttime Homes and Group Day Care Homes Group Nighttime Homes Regulations and Procedures, all licensed providers in the State of Alabama are required to participate in the Alabama Professional Development Registry (PDR) and must be enrolled in the PDR system by September 16, 2022.

**The Professional Development Registry (PDR) will allow you to:**

- Create your own early childhood professional and training profile.
- Document your professional accomplishments and professional certificates.
- Identify your current place on the Alabama Pathways Professional Development Lattice.
- Collaborate with state-designated training agencies to help you identify and reach your goals.
- Link to official training organizations.
- Access to available resources.

**Things to remember:**

- Website address – [www.alabamapathways.org](http://www.alabamapathways.org)
- An updated User Guide is always available for your reference on your dashboard
- FAQ's - <https://www.alabamapathways.org/api/file/s/faq>
- When adding info into the profile, go to each tab to add information: education, employment, etc.
- A Help Desk will be available on the footer of the page on the left side.
- When setting up your account, remember to use your PERSONAL email.
- As a FINAL step, don't forget to associate yourself with the facility at which you are working.

Your profile belongs to you! Take it along wherever your professional journey may take you! All you have to do is log in!

## What is Alabama Pathways?

**WEDNESDAY, MARCH 15, 2023 | 9:30-11:30A AND 6:00-8:00P | GRECS TRAINING ROOM, MOBILE**

**TUESDAY, MAY 16, 2023 | 9:30-11:30A AND 6:00-8:00P | VIRTUAL TRAINING, WEBINAR**

**TUESDAY, AUGUST 29, 2023 | 9:30-11:30A AND 6:00-8:00P | VIRTUAL TRAINING, WEBINAR**

**THURSDAY, OCTOBER 12, 2023 | 9:30-11:30A AND 6:00-8:00P | GRECS TRAINING ROOM, MOBILE**

Do you have questions about Alabama Pathways? Participants will discuss the goal of Alabama Pathways and how it can help teachers in the early childhood profession. Alabama Pathways is a free online resource for early childhood professionals working in child care facilities. The professional development system addresses the training and education needs of caregivers and teachers in the field of early childhood and school-age care. The goal of Alabama Pathways is to provide a path to support and advance the best practices of those who care for and teach children from birth through 12 years.

**CCDF: 18 | AL Pathways: PPD | CDA: 5, 6 | DHR: QCCL, CCPF | ALL | Basic | Q.I. Professional Development | 0.2 CEUs | 2 hours | Presenting DHR Staff**

# The Resource Place

at  **GULF REGIONAL  
Early Childhood Services**

*Call today to make your appointment with us!*

**Browse our comprehensive lending library and workroom where you'll find:**

**Children's Books \* Teacher Resource Books\* Outdoor Play Materials\*  
Manipulatives\* Puzzles\* Puppets\* Big Books \* Laminating Machine \*  
Bulletin Board Paper and More!!!!**

**Call 251- 473-1060**  
**Open: Tuesday - Thursday\* | 9am-4pm**

**\*\*by appointment only\*\***

visit our website for more information at [www.grecs.org](http://www.grecs.org)



alabamaqualitystars.org



Register today.  
Scan and select the  
"getting started" tab.



Lift them higher with quality early  
care and education.

 **334-604-6260**  **info@alabamaqualitystars.org**



## Support Children's Trust Fund

We are celebrating over 20 years of collaboration with the Children's Trust Fund supported through the Department of Child Abuse and Neglect Prevention!

Caring for the Caregiver allows us opportunities to mentor Family Child Care providers. We appreciate all who participate to make this project possible and help educate parents and caregivers on the prevention of child neglect and abuse.

The next time you renew your car tag, Purchase this specialty tag at your local Probate office. It is tax deductible & proceeds directly fund community-based prevention programs.



## CPR and First Aid Training on Saturdays

On the second Saturday of every month, our friends at Complete Safety Works are offering Heart Saver First Aid and Adult, Child & Infant CPR/AED training!

*You must register through and make payment to  
Complete Safety Works*

**First Aid - \$45 | CPR - \$45**

**Both First Aid & CPR - \$55**

Contact Complete Safety Works for more info.

90 N Sage Avenue Mobile, AL

251-479-6788

**Gulf Regional Childcare Management Agency, Inc.**

3100 Cottage Hill Rd, Building 4, Suite 400, Mobile, AL 36606

Ph. 251.473.1060

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE  
**PAID**  
MOBILE, AL  
PERMIT NO. 148

**Connect:**



[www.greecs.org](http://www.greecs.org)



@GRECSMobile



greecs\_mobile



@GRECS\_Mobile

Make sure to like,  
follow and friend us on  
all of our media outlets  
to stay up to date with all  
the latest happenings and  
events!



GULF REGIONAL  
**Early Childhood Services**



United Way  
of Southwest Alabama



**SAVE  
THE DATE!**

**January 16th, 2023**

GRECS & EHS offices are CLOSED in  
honor of Martin Luther King Jr. Day

**February 20-21, 2023**

GRECS & EHS offices are CLOSED for  
Mardi Gras Holiday