

# Early Learning News

July, August and September 2022

## Play



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of Southwest Alabama  
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# Take a Look Inside

We've got a new look for a new year! This edition of *Early Learning News* may have a different style, but it continues to be filled with helpful, relevant information.

The calendar view of our monthly training classes is perforated for easy removal. This allows you to tear it out and share as needed.

The "Pass Along to Parents" page is also perforated. This is a wonderful resource to share with parents, and it's copyright-free!

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*Play*  
gives children a  
chance to  
practice  
what they are  
*Learning*

# Day of Caring Highlights 2022

The United Way of Southwest Alabama (UWSWA) held its 28th Annual Day of Caring, one of the region's largest single days of volunteerism on May 13, 2022



Day of Caring volunteers witness first-hand how their support makes a difference as they paint and make repairs, plant trees and ready gardens for planting, sort food donations, and help our agencies complete projects they do not have the time or resources to do throughout the year. Volunteers also have the opportunity to hear the stories of those whose lives have been impacted because of the donations made to the UWSWA.



This year was a successful event, thanks to SSAB Steel, GRECS Staff and the help of others and the engaging projects GRECS provided to the volunteers. Collectively, 41 volunteer teams provided over 2200 volunteer hours – a value of \$56,000.00! The exposure GRECS and the other agencies get through Day of Caring helps tell our stories and outlines the benefits our hard work provides to the community.



United Way  
of Southwest Alabama



It is only with your help, that events like Day of Caring are possible. Through your participation, you help fight for the health, education, financial stability, and access to life's basic essentials for every person in every community we serve. GRECS's passion, expertise, and resources help the fight become a win. We are grateful for your support!

# Super Saturday with Dr. Allen Mallory



Dr. Mallory's has a unique ability to inject humor into serious topics. He has 45 years of experience in all areas of child care. His formal education includes B.S. and M.S. degrees in child development and an Ed.D. in

early childhood education. He is a child advocate, has consulted with governors and members of Congress, and he serves on a number of child care committees.

## Laugh and Learn / Professionalism in Early Care and Education

**September 17, 2022  
8:30a-12:30p**

A unique, fast paced presentation of preschool child development principles delivered in both a humorous and serious manner by one of America's most respected child advocates, Dr. Mallory explores-as only he can! - Subjects such as discipline, self-concept, staff relations, parents, curriculum areas and motivation. Dr. Mallory has been a day care aide, head teacher, director, owner, Head Start director, consultant, author and parent. His comedic approach to these experiences has led hundreds of directors to say that his workshop had a more positive and lasting influence on them and their staff than any...ever!

In this session Dr. Mallory will demonstrate a realistic and humorous look at the importance of a professional attitude as we deal with many dynamics of an early childhood program. He will explore issues related to staff morale, developing good communication skills, priorities in early education, realizing the range of our children's development and the importance of working as a team. Also, a reminder of how we (staff) got here and why we love it.

**Registration opens August 15th, 2022  
go to [www.grecs.org](http://www.grecs.org) for more info**

## Alabama Early Learning Guidelines (AELG)

Children grow, develop, and learn throughout their lives. Alabama's Early Learning Guidelines are presented as a guide of building blocks that are important to support early care and to educate providers in preparing each child for future success in school and life. This basic-level, 18-hour course is broken down into 9, two-hour sessions. After completing the 18-hour course, you will receive an Alabama Early Learning Guidelines Credential from The Department of Human Resources.

**You must attend  
Session 1: Orientation  
before taking any other  
session.**

- **July 13:** Session 1 – Orientation  
*\*Must attend before taking other sessions\**
- **July 20:** Session 2 – Observations & Assessment
- **July 27:** Session 3 – The Role of Parent and Care-giver
- **August 3:** Session 4 – Self-Concept & Emotional Development
- **August 10:** Session 5 – Social Development
- **August 17:** Session 6 – Language and Literacy
- **August 24:** Session 7 – Physical Development
- **August 31:** Session 8 – Cognitive Development and Session 9 – Putting It All Together



## Get To Know Our Training Sites and Locations!

When Registering for training classes, please make note of the time & locations of the session. Classes are held in 7 counties - Baldwin, Clarke, Conecuh, Escambia, Mobile, Monroe & Washington.

### Baldwin County

Daphne Public Library  
First Baptist Church - Spanish Fort  
Kids Plus CDC  
Goodwill Community Center  
The Learning Tree at "First Fairhope"

### Clarke County

Jackson City Hall

### Conecuh County

David Burt Agriculture Center

### Escambia County

Coastal Alabama Community College

Flomaton Public Library

### Monroe County

Monroe County Public Library

Patty Pat's Daycare Center #2

### Mobile County

GRECS Training Rooms -

3101 International Dr bldg 6

### Washington County

Spot for Tots Child Care Center

Washington County Public Library



If you have any questions or need directions

Call us at  
251-473-1060  
or visit  
[www.grecs.org](http://www.grecs.org)

# CCDF Health and Safety Courses 2022

Looking for DHR CCDF Health and Safety Training Courses? We've Got You Covered for this quarter in July, August and September 2022!

- **July 9:** Super Saturday-DHR Health & Safety CCDF: 1, 2, 3, 4; 8:30a-12:30p; **Mobile**
- **July 12:** Prevention of Shaken Baby Syndrome and Abusive Head Trauma and Sudden Infant Death Syndrome (SIDS) Prevention and Use of Safe Sleep Practices; CCDF: 2, 6; 8:30a-10:30a; **Mobile**
- **July 13:** DHR Health & Safety CCDF: 5, 8; 8:30a-10:30a; **Mobile**
- **July 27:** Online Webinar: KIDS and Allergies: What to Look For (APT); 6:00p-7:00p; **ALL Counties Webinar**
- **August 20:** Super Saturday-DHR Health & Safety CCDF: 5, 6, 7, 8; 8:30a-12:30p; **Mobile**
- **August 29:** DHR Health & Safety CCDF: 3, 4; 6:30p-8:30p; **Mobile**
- **September 10:** Free Public Health and Safety: First-Aid and CPR Training; 8:00a-12:00p; **Mobile**
- **September 13:** Preparing for Emergencies in the Child Care Setting CCDF: 7; 6:00p-8:00p; **Mobile**
- **September 27:** DHR Health & Safety CCDF: 1, 2; 8:30a-10:30a; **Mobile**
- **September 27:** DHR Health & Safety CCDF: 3, 4; 10:30a-12:30p; **Mobile**
- **September 28:** DHR Health & Safety CCDF: 5, 6, 7; 1:00p-4:00p; **Mobile**
- **September 29:** DHR Health & Safety CCDF: 8, 9, 11; 9:00a-12:00p; **Mobile**

## Getting Started

We will introduce you to the foundational information you need to provide safe environments, nurturing interactions & developmentally appropriate experiences for the children in your care. This basic-level, 12 hour course is broken down into (3), four-hour segments. The training you receive will meet Alabama Department of Human Resources' 12-hour training requirement to work in child care.

(Presenter: GRECS Staff; DHR: CD, CCPF, LD, QCCL, PDG, HSUP; Alabama Pathways: CGD, ICFC, LEE, HSN, PPD; CDA: 1, 2, 3, 4, 5, 6, 8; CCDF: 5, 7, 13, 15, 20; Basic Training Level; 12 hours/12 CEUs; Appropriate for ALL Age Groups)

August 30 - September 1 2022 | 12:00pm - 4:00pm  
GRECS Training Room, Mobile

**New Time!**

# Super Saturday

July 9th, 2022 | 8:30am-12:30pm | CCDF: 1, 2, 3, 4 | GRECS Training Room, Mobile



Pamela Senters, RNC

This 4- hour training course will provide participants training in the following CCDF Training Areas: 1,2,3,4 We will introduce you to the foundational information you need to provide safe and healthy environments in the child care setting. Participants will discuss ways to prevent Sudden Infant Death Syndrome (SIDS) and Use of Safe Sleep Practices as well as define common ways illnesses are spread in child care, identify situations which may require administration of medications and list the symptoms of allergies.

August 20th, 2022 | 8:30am-12:30pm | CCDF: 5, 6, 7, 8 | GRECS Training Room, Mobile

In this 4 hour session, we will introduce you to the foundational information you need to provide safe and healthy environments in the child care setting. The purpose of this training is to make participants aware of potential disaster situations in early childhood programs, and to discuss appropriate responses to those situations. Participants will identify ways to prevent abuse from occurring in the early childhood setting and provide steps to reporting suspected abuse and neglect.

(Presenter: Pamela Senters, RNC; DHR: HSUP; Alabama Pathways; HSN; CDA: 1,5, 6; CCDF: 1, 2, 3, 4; Basic Training Level; 4 hours; Appropriate for ALL Age Groups)

(Presenter: Pamela Senters, RNC; DHR: HSUP; Alabama Pathways; HSN; CDA: 1,5, 6; CCDF: 1, 2, 3, 4; Basic Training Level; 4 hours; Appropriate for ALL Age Groups)

**Participants will receive 1 hour in each of the CCDF categories listed.**

- **CCDF #1** Prevention and Control of Infectious Diseases including Immunizations,
- **CCDF #2** Sudden Infant Death Syndrome (SIDS) Prevention and Use of Safe Sleep Practices
- **CCDF #3** Administration of Medication
- **CCDF #4** A Prevention of and Response to Emergencies Due to Food and Allergic Reactions

**Register at**  
**[www.grecs.org](http://www.grecs.org)**

**Participants will receive 1 hour in each of the CCDF categories listed.**

- **CCDF #5** Building and Physical Premises Safety, Including Identifying Electrical Hazards, Bodies of Water, and Vehicular Traffic
- **CCDF #6** Prevention of Shaken Baby Syndrome and Abusive Head Trauma
- **CCDF #7** Emergency Preparedness and Response Planning for Natural or Man-Caused Events
- **CCDF #8** Handling and Storage of Hazard materials, including correct disposal of bio-contaminants

## APT Summer 22 Online Training

Each Quarter, Alabama Public Television™ offers free online training for anyone interested in expanding their professional development!

We encourage you to check out what they have in store and register directly through their website,

<https://aptv.org/education/learn-online/>

Registration opens on their website

June 14, 2022



## Special Delivery Courses

Please Contact: Hannah Presley

251-473-1060

[hpresley@grecs.org](mailto:hpresley@grecs.org)

*We are offering special delivery courses for the following sessions:*

- Introduction to the Child Associate Credential (CDA)
- Preparing For Emergencies in the Child Care Setting (APT)
- Kids and Allergies: What to Look For (APT)
- What is Your PIECE? Professionalism in Early Childhood Education (APT)

**Please Contact Hannah Presley for more details on how you can schedule a training or if there are other sessions you need!**

## Online Sessions GRECS Webinars:

*July, August, September Webinars:*

- **July 27th** - KIDS and Allergies: What to Look For (APT); 6:00p - 7:00p
- **August 4th** - Curious Crayons: Bringing Color to Science; 6:00p-7:00p
- **August 10th** - Science Made Simple While Exploring Outdoors; 6:30p-7:30p
- **August 17th** - Fostering Healthy Preschool Friendships; 6:00p-8:00p
- **August 24th** - Farm to Table: Exploring the Possibilities of New Foods; 6:00p-7:00p
- **September 6th** - Preparing Parents for Change; 6:00p-7:00p

**Go Online and Register Today!**

All webinars are available for ALL COUNTIES and centers who are interested and are free of charge! Contact Hours will be offered for each session and can be found in your student profile upon completion

# July TRAINING

July 6, 2022 | 6:00-8:00P 2hrs

## Alabama Quality STARS: Orientation: Quality Rating and Improvement System (QRIS)

CCDF:13, 20 | AL Pathways: PPD, MA, LEE | CDA: 5, 6 | DHR: CCPF, QCCL, AM | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER: QRIS Staff**

This session provides an overview of the Alabama Quality STARS: Quality Rating Improvement System (QRIS).

July 12, 2022 | 8:30-10:30A 2hrs

## Prevention of Shaken Baby Syndrome and SIDS CCDF: 2, 6

CCDF: 2, 6 | AL Pathways: HSN | CDA: 1, 2 | DHR: HSUP | Infant | Basic | GRECS Training Room, Mobile

**PRESENTER: Judy Cunningham**

This session will provide participants with essential information on Shaken Baby Syndrome in a child care setting.

July 12, 2022 | 6:30-8:30P 2hrs

## You Are What You Eat: Nutrition for Infants and Toddlers (APT)

CCDF: 13 | AL Pathways: CGD, ICFC | CDA: 2, 3 | DHR: CD, CCPF | Infant, Toddler | Basic | GRECS Training Room, Mobile

**PRESENTER: Hannah Presley**

This training participants will develop an understanding of the importance of the food groups, textures of food, and how to handle picky eaters.

July 13, 2022 | 8:30-10:30A 2hrs

## DHR Health & Safety CCDF: 5, 8

CCDF: 5, 8 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER: Pamela Senters, RNC**

Participants will discuss essential information on ways to identify potential risks and promote building and physical premises safety in the child care setting including Electrical Hazards, Bodies of Water, Vehicular Traffic, Playground Safety, and Sun Safety.

July 13, 2022 | 6:00-8:00P 2hrs

## Alabama Early Learning Guidelines (AELG) Session 1: Orientation

**PRESENTER: GRECS Staff**

View Session Highlights on page 5 for more information! MUST attend Orientation to register for other AELG Sessions.

July 14, 2022 | 6:30-8:30P 2hrs

## Moving On: Transitioning from the Infant Room to the Toddler Room (APT)

CCDF: 13, 16, 20 | AL Pathways: CGD, LEE, ICFC | CDA: 1,2,3,4,6 | DHR: CD, CCPF, QCCL | Infant, Toddler | Basic | GRECS Training Room, Mobile

**PRESENTER: LaDanika York**

This training will offer suggestions and insights into how to make this transition go as smoothly as possible.

July 19, 2022 | 9:00-11:00A 2hrs

## Admin Basics and Beyond Orientation: Priorities, Boundaries, and Inviting Calm

CCDF: 13 | AL Pathways: MA | CDA: 5 | DHR: AM, HSUP | Directors | Basic | GRECS Training Room, Mobile

**PRESENTER: Paula Reese and Vicki Giles**

6 In this first session, we'll discover ways to identify priorities, create boundaries, and invite calm into our work lives.

July 19, 2022 | 6:30-8:30P 2hrs

## Toddlers and Challenging Behaviors: Why They Do It and How to Respond? (APT)

CCDF: 15, 20 | AL Pathways: CGD, LEE | CDA: 1, 3, 5, 8 | DHR: PDG, CD | Infants, Toddler | Basic | GRECS Training Room, Mobile

**PRESENTER: Maddie Cousins**

Learn the meaning behind challenging behaviors and offer suggestions to help care givers set age-appropriate limits.

July 21, 2022 | 6:00-8:00P 2hrs

## Baby Sign Language - It's Handy

CCDF:13, 20 | AL Pathways: GCD, LEE | CDA: 2, 3 | DHR: CD, PDG | Infant, Toddler | Basic | First Fairhope

**PRESENTER: Vicki Giles**

One way of teaching a baby or toddler to express feelings, wants and needs without crying is through simple sign language.

July 23, 2022 | 9:00-11:00A 2hrs

## Acting Out! Avoid Behavior Challenges with Active Learning

CCDF:13, 15 | AL Pathways: GCD, LEE | CDA: 2 | DHR: CD, PDG | Toddler, Preschool, School-Age | Basic | Mobile

**PRESENTER: Lisa Kirkland**

Participants will learn active learning games and activities to avoid behavior challenges in the classroom.

July 26, 2022 | 8:30-10:30A 2hrs

## Admin Basics and Beyond: DAP: What's That?

CCDF: 13, 16, 20 | AL Pathways: MA, ICFC | CDA: 2,5 | DHR: AM, CD, CCPF | Directors | Int. | GRECS Training Room, Mobile

**PRESENTER: Vicki Giles**

Come to this session to discover how DAP promotes young children's optimal learning and development, strategies for implementation, and ideas for helping families understand DAP.

July 26, 2022 | 10:30-12:30P 2hrs

## Admin Basics and Beyond: What's for Lunch?

CCDF: 13, 20 | AL Pathways: MA, HSN | CDA: 1,5 | DHR: AM, HSUP | Directors | Basic | GRECS Training Room, Mobile

**PRESENTER: Paula Reese and Vicki Giles**

This training will provide participants nutrition education and materials to support the Child and Adult Care Food Program (CACFP) rules/regulations.

July 26, 2022 | 6:30-8:30P 2hrs

## Reading to Infants: The Why and How

CCDF: 13, 20 | AL Pathways: CGD, LEE | CDA: 2, 8 | DHR: CD, LD | Infant, Toddler | Basic | GRECS Training Room, Mobile

**PRESENTER: Desira Keith**

Learn the importance of reading to infants, as well as how to choose developmentally appropriate books and read aloud.

July 27, 2022 | 6:00-7:00P 1hr

## Online Webinar: KIDS and Allergies What to Look For (APT)

CCDF: 4 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | ALL Counties Webinar

**PRESENTER: LaDanika York**

This training will identify what to look for and how to treat common food and environmental allergies.

July 28, 2022 | 6:00-8:00P 2hrs

## Understanding Temperaments/ Why It's Important for Infant, Toddler Caregivers

CCDF: 13, 15 | AL Pathways: CGD, DIV | CDA: 3, 5 | DHR: CD, PDG | Infant, Toddler | Basic | GRECS Training Room, Mobile

**PRESENTER: Victoria Bolton**

Understanding a child's temperament tendencies helps infant and toddler caregivers build positive relationships.



# July 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
4 <b>GRECS and EHS Closed for Independence Day</b>	5	6 Alabama Quality STARS: Orientation: Quality Rating and Improvement System (QRIS); 6:00pm-8:00pm; <b>Mobile</b>	7	8 Alabama Quality STARS: Orientation: Quality Rating and Improvement System (QRIS); 9:00am-11:00am; <b>Mobile</b>	9 <b>Super Saturday CCDF: 1-4 8:30a- 12:30p GRECS Mobile</b>
11	12 Prevention of Shaken Baby Syndrome and Sudden Infant Death Syndrome (SIDS) Prevention and Use of Safe Sleep Practices; CCDF: 2, 6; 8:30a-10:30a; <b>Mobile</b>  You are What You Eat: Nutrition for Infants and Toddlers (APT); 6:30p-8:30p; <b>Mobile</b>	13 DHR Health & Safety CCDF: 5, 8; 8:30a-10:30a; <b>Mobile</b>  Alabama Early Learning Guidelines (AELG) Session 1 – Orientation; 6:00pm-8:00pm; <b>Mobile</b>	14 Moving On: Transitioning from the Infant Room to the Toddler Room (APT); 6:30pm-8:30pm; <b>Mobile</b>	15	16
18	19 Admin Basics and Beyond Orientation: Priorities, Boundaries, and Inviting Calm; 9:00a-11:00a; <b>Mobile</b>  Toddlers and Challenging Behaviors: Why They Do It and How to Respond? (APT); 6:30pm-8:30pm; <b>Mobile</b>	20 (AELG) Session 2; 6:00pm-8:00pm; <b>Mobile</b>	21 Baby Sign Language – It's Handy; 6:00p-8:00p; <b>The Learning Tree, First Fairhope</b>	22	23 Acting Out! Avoid Behavior Challenges with Active Learning Games; 9:00a-11:00a; <b>Mobile</b>
25	26 Admin Basics and Beyond: DAP: What's That?; 8:30a-10:30a; <b>Mobile</b>  Admin Basics and Beyond: "What's for Lunch?; 10:30a-12:30p; <b>Mobile</b>  Reading to Infants: The Why and How; 6:30pm-8:30pm; <b>Mobile</b>	27 (AELG) Session 3; 6:00pm-8:00pm; <b>Mobile</b>  Online Webinar: KIDS and Allergies: What to Look For (APT); 6:00p-7:00p; <b>ALL Counties Webinar</b>	28 Understanding Temperaments/ Why It's Important for Infant/Toddler Caregivers; 6:00p-8:00p; <b>Mobile</b>  <b>Special Delivery Session</b>	29 <b>Special Delivery Session</b>	30

\*All classes in Mobile County will be held at Gulf Regional Early Childhood Services unless otherwise noted.

# August 2022

GULF REGIONAL  
Early Childhood Services

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Great Places to Be a Baby: Infants' and Toddlers' Learning Environments; 6:00p-8:00p; <b>Mobile</b>	3 (AELG) Session 4; 6:00pm-8:00pm; <b>Mobile</b>	4 Online Webinar: Curious Crayons: Bringing Color to Science; 6:00p-7:00p; <b>ALL Counties Webinar</b>	5 <b>Infant/Toddler Institute</b>	6
8	9 Admin Basics and Beyond: Money Matters; 4:00p-6:00p; <b>Mobile</b>  Admin Basics and Beyond: Preparation + Communication = Staff Success; 6:00pm-8:00pm; <b>Mobile</b>	10 (AELG) Session 5; 6:00pm-8:00pm; <b>Mobile</b>  Online Webinar: Science Made Simple While Exploring Outdoors; 6:30p-7:30p; <b>ALL Counties Webinar</b>	11 Baby Let's Go Outside; 6:30p-8:30p; <b>Mobile</b>	12	13
15 Positive Guidance for Infants, Toddlers and Preschoolers; 6:00p-8:00p; <b>Mobile</b>	16 Admin Basics and Beyond: SuperVision; 1:00pm-3:00pm; <b>Mobile</b>  Admin Basics and Beyond: The Third Teacher – A Prepared Environment; 3:00pm-5:00pm; <b>Mobile</b>  Welcome to Your Classroom: Creating an Environment for All Children to be Successful; 6:00pm-8:00pm; <b>The Learning Tree, First Fairhope</b>	17 (AELG) Session 6; 6:00pm-8:00pm; <b>Mobile</b>  Online Webinar: Fostering Healthy Preschool Friendships; 6:00p-8:00p; <b>ALL Counties Webinar</b>	18 When Babies Cry; 6:30p-8:30p; <b>Mobile</b>	19	20  <b>Super Saturday CCDF: 5-8 8:30a-12:30p GRECS Mobile</b>
22	23 Admin Basics and Beyond: Do You See What I See? Developmental Monitoring, Screening and Surveillance; 8:30a-10:30a; <b>Mobile</b>  Admin Basics and Beyond: Shooting for the STARS; 10:30a-12:30p; <b>Mobile</b>  Get a Grip on Fine Motor Development; 6:00pm-8:00pm; <b>Mobile</b>	24 (AELG) Session 7; 6:00pm-8:00pm; <b>Mobile</b>  Online Webinar: Farm to Table: Exploring the Possibilities of New Foods; 6:00p-7:00p; <b>ALL Counties Webinar</b>	25 Embrace the Mess!; 6:00pm-8:00pm; <b>Mobile</b>	26	27 Creating an Environment for Every Child to be Successful; 9:30a-11:30a; <b>Monroeville Public Library</b>
29 DHR Health & Safety CCDF: 3, 4; 6:30p-8:30p; <b>Mobile</b>	30 Getting Started (Day 1); 12:00p-4:00p; <b>Mobile</b>  Making The Connection Between Math and Art; 6:30p-8:30p; <b>Mobile</b>	31 Getting Started (Day 2); 12:00p-4:00p; <b>Mobile</b>  (AELG) Session 8; 4:00pm-6:00pm; <b>Mobile</b>  (AELG) Session 9; 6:00pm-8:00pm; <b>Mobile</b>			

\*All classes in Mobile County will be held at Gulf Regional Early Childhood Services unless otherwise noted.



# August TRAINING

August 2, 2022 | 6:00-8:00P

## Great Places to Be a Baby: Infants' and Toddlers' Learning Environments

CCDF: 13, 20 | AL Pathways: CGD, HSN, LEE | CDA: 1, 2, 3 | DHR: CD, QCCL | Infant, Toddler | Basic | Mobile

**PRESENTER: LaDanika York**

Participants will know different developmentally appropriate and stimulating infant and toddler environments.

August 4, 2022 | 6:00-7:00P

## Online Webinar: Curious Crayons: Bringing Color to Science

CCDF: 13 | AL Pathways: CGD | CDA: 3, 8 | DHR: CD | Preschool, School-Age | Basic | Webinar

**PRESENTER: Lisa Kirkland**

Participants will gain an understanding of how to develop basic concepts in science by using crayons.

August 9, 2022 | 4:00-6:00P

## Admin Basics and Beyond: Money Matters

CCDF: 13, 19, 20 | AL Pathways: MA | CDA: 5 | DHR: AM, QCCL | Directors | Basic | Mobile

**PRESENTER: P. Reese and V. Giles**

Let's make the most of your budget with strategies designed to improve outcomes for children.

August 9, 2022 | 6:00-8:00P

## Admin Basics and Beyond: Preparation + Communication = Staff Success

CCDF: 18 | AL Pathways: MA | CDA: 5 | DHR: AM, HSUP | Directors | Basic | Mobile

**PRESENTER: S. Resa, M. Denney**

Join us as we discuss strategies for preparing your staff for success. We

August 10, 2022 | 6:30-7:30P

## Online Webinar: Science Made Simple While Exploring Outdoors

CCDF: 13 | AL Pathways: CGD, LEE | CDA: 2, 3, 8 | DHR: CD | ALL | Basic | Webinar

**PRESENTER: Theresa Patterson**

Participants will construct activities to peak the interest of young audiences in all early learning settings.

August 11, 2022 | 6:30-8:30P

## Baby Let's Go Outside

CCDF: 17 | AL Pathways: CGD, LEE, HSN | CDA: 1, 2, 8 | DHR: CD, HSUP | Infants, Toddlers | Basic | Mobile

**PRESENTER: Victoria Bolton**

This course describes the why and the how of outdoor play for our youngest children.

August 15, 2022 | 6:00-8:00P

## Positive Guidance for Infants, Toddlers and Preschoolers

CCDF: 13, 15 | AL Pathways: CGD, LEE, HSN | CDA: 2, 3, 8 | DHR: CD, PDG | Infants, Toddlers | Basic | Mobile

**PRESENTER: Dr. Abigail Baxter**

Respond to children's behavior and helping children learn important skills for resolving their own conflicts.

August 16, 2022 | 1:00-3:00P

## Admin Basics and Beyond: SuperVision

CCDF: 13, 15, 19 | AL Pathways: MA, HSN | CDA: 1, 5 | DHR: AM, QCCL | Directors | Basic | Mobile

**PRESENTER: P. Reese and V. Giles**

We will develop understanding of effective supervision for creating a safe early childhood environment.

August 16, 2022 | 3:00-5:00P

## Admin Basics and Beyond: The 3rd Teacher – A Prepared Environment

CCDF: 13, 20 | AL Pathways: MA, CGD, ICFC | CDA: 1, 5 | DHR: AM, CCPE, CD | Directors | Basic | Mobile

**PRESENTER: Vicki Giles**

It is a child's relationship with parent, caregiver, and the environment that ignites learning.

August 16, 2022 | 6:00-8:00P

## Welcome to Your Classroom: Creating an Environment for All Children to Be Successful

CCDF: 13, 15 | AL Pathways: CGD, HSN, LEE, COA | CDA: 1, 2, 3, 8 | DHR: CD, PDG | Preschool | Basic | Fairhope

**PRESENTER: Maddie Cousins**

Examine the different ways that classroom environment can affect behavior.

August 17, 2022 | 6:00-7:00P

## Online Webinar: Fostering Healthy Preschool Friendships

CCDF: 13, 15 | AL Pathways: CGD, LEE | CDA: 3, 8 | DHR: CD, PDG | Preschool, School-Age | Basic | Webinar

**PRESENTER: APT Staff**

Learn how to foster kindness, friendship and coping with feelings and reduce frustration or bullying among friends.

August 18, 2022 | 6:00-8:00P

## When Babies Cry

CCDF: 6, 13, 17 | AL Pathways: CGD, HSN, ICFC | CDA: 1, 2, 3, 8 | DHR: CD, QCCL | Infant | Basic | Mobile

**PRESENTER: Erin Franklin**

Gain knowledge of why babies cry, the different cries and their meanings.

August 23, 2022 | 8:30-10:30A

## Admin Basics and Beyond: Do You See What I See? Developmental Monitoring, Screening and Surveillance

CCDF: 13, 17 | AL Pathways: COA, CGD | CDA: 2, 7 | DHR: QCCL, CD | Directors | Basic | Mobile

**PRESENTER: Paula Reese**

August 23, 2022 | 10:30-12:30P

## Admin Basics and Beyond: Shooting for the STARS

CCDF: 13, 20 | AL Pathways: LEE, PPD, MA | CDA: 5, 6 | DHR: QCCL, AM, CCPE | Directors | Basic | Mobile

**PRESENTER: Special Guest**

This training will help participants gain a better understanding of Alabama Quality STARS and QRIS.

August 23, 2022 | 6:00-8:00P

## Get a Grip on Fine Motor Development

CCDF: 13, 19 | AL Pathways: LEE, CGD, ICFC | CDA: 2, 8 | DHR: QCCL, CD | Preschool | Basic | Mobile

**PRESENTER: Desira Keith**

Create a learning environment full of engaging gross motor activity to support fine motor development.

August 24, 2022 | 6:00-7:00P

## Online Webinar: Farm to Table: Exploring the Possibilities of New Foods

CCDF: 13, 16 | AL Pathways: CGD, LEE, HSN | CDA: 4 | DHR: CD, HSUP | Preschool | Basic | Webinar

**PRESENTER: Theresa Patterson**

Farm to Table explores the possibilities that children may have never eaten food directly from a farmer.

August 25, 2022 | 6:00-8:00P

## Embrace the Mess!

CCDF: 13, 20 | AL Pathways: LEE, CGD | CDA: 2, 3 | DHR: LD, CD | Infant, Toddler, Preschool | Basic | Mobile

**PRESENTER: Vicki Giles**

Let's come together and figure out how to embrace the mess!

August 27, 2022 | 9:30-11:30A

## Creating an Environment for Every Child to be Successful

CCDF: 13, 15 | AL Pathways: LEE, CGD | CDA: 1, 2, 3, 8 | DHR: PDG, CD | ALL | Basic | Monroeville

**PRESENTER: Theresa Patterson**

Participants will learn how to reenergize/revamp classrooms to be inviting and safe.

August 29, 2022 | 6:30-8:30P

## DHR Health and Safety CCDF: 3, 4

CCDF: 3, 4 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | Mobile

**PRESENTER: Avery Fick**

identify situations which may require administration of medications

August 30, 2022 | 6:30-8:30P

## Making the Connection Between Math/Art

CCDF: 19 | AL Pathways: LEE | CDA: 2, 3 | DHR: CD | Preschool | Basic | Mobile

**PRESENTER: Hannah Presley**

discover how to connect math and art through addition, paints and more!

# September TRAINING

September 1, 2022 | 6:30-8:30P

## No-No Square! Don't Touch Me There!

CCDF: 11 | AL Pathways: HSN, COA, CGD, LEE | CDA: 1, 7 | DHR: HSUP, CD | ALL | Basic | Mobile

**PRESENTER: Maddie Cousins**

Examine the roles that teachers have in helping suspected maltreated children while at school.

September 6, 2022 | 6:00-7:00P

## Online Webinar: Preparing Parents for Change

CCDF: 16, 20 | AL Pathways: ICFC, LEE | CDA: 1, 2, 3, 4 | DHR: CCPF, LD | Directors | Basic | Webinar

**PRESENTER: Lisa Kirkland**

Consider the impact of knowing about how changes effect family member's reactions and responses.

September 7, 2022 | 6:30-8:30P

## Creating Literacy-Rich Environments

CCDF: 17, 20 | AL Pathways: CGD, LEE | CDA: 2, 3, 8 | DHR: LD, CD | ALL | Basic | Mobile

**PRESENTER: Desira Keith**

Create a learning environment full of literacy to help young children with pre-reading skills.

September 8, 2022 | 6:00-8:00P

## It Isn't Rocket Science: Adding STEM to the Infant/Toddler Classroom

CCDF: 20 | AL Pathways: CGD, LEE | CDA: 2, 8 | DHR: CD | Infant, Toddler | Basic | Fairhope

**PRESENTER: Victoria Bolton**

Curiosity is the foundation of exploring and learning. Using STEM to explore!

September 10, 2022 | 8:00-12:00P

## Free Public Health and Safety: First Aid and CPR Training

CCDF: 10 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | Mobile

**PRESENTER: Pamela Senters, RNC**

Practice and assimilation of skills to perform CPR and Basic First-aid.

September 12, 2022 | 6:30-8:30P

## Introduction to the Child Development Associate (CDA) Credential

CCDF: 20 | AL Pathways: PPD | CDA: 6 | DHR: QCCL, CCPF | ALL | Basic | Mobile

**PRESENTER: LaDanika York**

This introduction is designed for any professional early child care educator considering applying for the CDA Credential.



Register online: [www.greco.org](http://www.greco.org)

September 13, 2022 | 1:00-3:00P

## Admin Basics and Beyond: Please Don't Go; Top 15 Reasons Employees Stay

CCDF: 13, 20 | AL Pathways: LEE, PPD, MA | CDA: 5, 6 | DHR: QCCL, AM, CCPF | Directors | Basic | Mobile

**PRESENTER: P. Reese and V. Giles**

Compare company culture and practices to the top reason's employees stay.

September 13, 2022 | 3:00-5:00P

## Admin Basics and Beyond: Teaching Empathy

CCDF: 15 | AL Pathways: LEE, CGD, ICFC | CDA: 3, 4 | DHR: CD, PDG | Directors | Basic | Mobile

**PRESENTER: Paula Reese**

Explores ways to teach empathy.

September 13, 2022 | 6:00-8:00P

## Preparing for Emergencies in the Child Care Setting (APT)

CCDF: 7 | AL Pathways: HSN | CDA: 1, 5 | DHR: HSUP | ALL | Basic | Mobile

**PRESENTER: Hannah Presley**

Become familiar with how to handle an emergency in a childcare setting.

September 14, 2022 | 5:00-7:00P

## Alabama Quality STARS Orientation

CCDF: 13, 20 | AL Pathways: PPD, MA, LEE | CDA: 5, 6 | DHR: CCPF, QCCL, AM | ALL | Basic | GRECS Training Room, Mobile

**PRESENTER: QRIS Staff**

This session provides an overview of the Alabama Quality STARS: (QRIS).

September 15, 2022 | 6:00-8:00P

## Time In vs. Time Out: Building Resilient Classrooms (APT)

CCDF: 15, 20 | AL Pathways: ICFC, CGD | CDA: 1, 2, 3, 5 | DHR: PDG | Infant, Toddler | Basic | Mobile

**PRESENTER: APT Staff**

Discuss effective teaching strategies that foster problem solving and more.

September 17, 2022 | 8:30-12:30P

## Super Saturday with Dr. Allen Mallory

See page 3 for more information!

September 20, 2022 | 6:00-8:00P

## Admin Basics and Beyond: Building Teams and Relationships

CCDF: 13 | AL Pathways: MA, PPD | CDA: 5, 6 | DHR: AM, QCCL | ALL | Basic | Mobile

**PRESENTER: Dr. Jason Bryant**

Reflect on each essential element, think beyond your personal agenda, and more!

September 21, 2022 | 6:00-8:00P

## Welcome to Your Classroom: Creating an Environment for All Children to Be Successful

CCDF: 13, 15 | AL Pathways: CGD, HSN, LEE, COA | CDA: 1, 2, 3, 8 | DHR: CD, PDG | Preschool | Basic | Mobile

**PRESENTER: Erin Franklin**

Examine the different ways that classroom environment can affect behavior.

September 22, 2022 | 6:30-8:30P

## Navigating Challenging Circumstances: What Are Kids Facing Today? (APT)

CCDF: 19 | AL Pathways: ICFC | CDA: 3 | DHR: CCPF | School - Age | Int. | Mobile

**PRESENTER: Paula Reese**

Navigate challenging circumstances

September 26, 2022 | 6:00-8:00P

## Inclusion in the Early Childhood Setting

CCDF: 13, 15 | AL Pathways: COA, LEE | CDA: 2, 3 | DHR: PDG, QCCL | ALL | Basic | Mobile

**PRESENTER: Dr. Abigail Baxter**

Practice of educating and caring for children with disabilities and other needs.

September 27, 2022 | 8:30-10:30A

## DHR Health & Safety CCDF: 1, 2

CCDF: 1, 2 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | Mobile

**PRESENTER: Pamela Senters, RNC**

Discuss ways to prevent (SIDS) and Use of Safe Sleep Practices.

September 27, 2022 | 10:30-12:30P

## DHR Health & Safety CCDF: 3, 4

CCDF: 3, 4 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | Mobile

**PRESENTER: Pamela Senters, RNC**

Identify administration of medications and list the symptoms of allergies.

September 27, 2022 | 6:30-8:30P

## Stop, Look and Listen: The Value of Observation

CCDF: 20 | AL Pathways: COA | CDA: 7 | DHR: CD | Infant, Toddler | Basic | Mobile

**PRESENTER: Erin Franklin**

Improve on what is seen, heard and documented in your busy classroom

September 28, 2022 | 1:00-4:00P

## DHR Health & Safety CCDF: 5, 6, 7

CCDF: 5, 6, 7 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | Mobile

**PRESENTER: Pamela Senters, RNC**

Identify potential risks and promote building and physical premises safety.

September 28, 2022 | 6:00-8:00P

## Resilience: Bouncing Back From Everyday Challenges (APT)

CCDF: 13, 15 | AL Pathways: CGD, COA | CDA: 3, 7, 8 | DHR: CD, PDG | Preschool | Basic | Mobile

**PRESENTER: Maddie Cousins**

Everyday life is full of challenges, big and small!

September 29, 2022 | 9:00-12:00P

## DHR Health & Safety CCDF: 8, 9, 11

CCDF: 8, 9, 11 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic | Mobile

**PRESENTER: Pamela Senters, RNC**

September 29, 2022 | 6:30-8:30P

## Play for Joy and Learning

CCDF: 13, 20 | AL Pathways: CGD | CDA: 2, 4 | DHR: CD, QCCL | Inf. Tod. Pres | Basic | Mobile

**PRESENTER: Vicki Giles**

# September 2022

GULF REGIONAL  
Early Childhood Services

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Getting Started (Day 3); 12:00p-4:00p; <b>Mobile</b>  No-No Square! Don't Touch Me There!; 6:30pm-8:30pm; <b>Mobile</b>	2	3
5 <b>GRECS and EHS Closed for Labor Day</b>	6 Online Webinar: Preparing Parents for Change; 6:00p-7:00p; <b>ALL Counties Webinar</b>	7 Creating Literacy-Rich Environments; 6:30pm-8:30pm; <b>Mobile</b>	8 It Isn't Rocket Science: Adding STEM to the Infant/Toddler Classroom; 6:00p-8:00p; <b>The Learning Tree, First Fairhope</b>	9	10 Free Public Health and Safety: First-Aid and CPR Training; 8:00a-12:00p; <b>Mobile</b>
12 Introduction to the Child Development Associate Credential (CDA); 6:30pm-8:30pm; <b>Mobile</b>	13 Admin Basics and Beyond: Please Don't Go; The Top 15 Reasons Employees Stay; 1:00pm-3:00pm; <b>Mobile</b>  Admin Basics and Beyond: Teaching Empathy; 3:00pm-5:00pm; <b>Mobile</b>  Preparing for Emergencies in the Child Care Setting (APT); 6:00pm-8:00pm; <b>Mobile</b>	14 Alabama Quality STARS: Orientation: Quality Rating and Improvement System (QRIS); 5:00pm-7:00pm; <b>Mobile</b>	15 Time In vs. Time Out: Building Resilient Classrooms (APT); 6:00pm-8:00pm; <b>Mobile</b>	16	17  <b>Super Saturday with Allen Mallory 8:30a-12:30p</b>
19	20 Admin Basics and Beyond: Building Teams and Relationships; 6:00pm-8:00pm; <b>Mobile</b>	21 Welcome to Your Classroom: Creating an Environment for All Children to be Successful (APT); 6:00pm-8:00pm; <b>Mobile</b>	22 Navigating Challenging Circumstances: What are Kids Facing Today? (APT); 6:30pm-8:30pm; <b>Mobile</b>	23	24
26 Inclusion in the Early Childhood Setting; 6:00p-8:00p; <b>Mobile</b>	27 DHR Health & Safety CCDF: 1, 2; 8:30a-10:30a; <b>Mobile</b>  DHR Health & Safety CCDF: 3, 4; 10:30a-12:30p; <b>Mobile</b>  Stop, Look and Listen: The Value of Observation; 6:30pm-8:30pm; <b>Mobile</b>	28 DHR Health & Safety CCDF: 5, 6, 7; 1:00p-4:00p; <b>Mobile</b>  Resilience: Bouncing Back from Everyday Challenges (APT); 6:00pm-8:00pm; <b>Mobile</b>	29 DHR Health & Safety CCDF: 8, 9, 11; 9:00a-12:00p; <b>Mobile</b>  Play for Joy and Learning; 6:30pm-8:30pm; <b>Mobile</b>	30	

\*All classes in Mobile County will be held at Gulf Regional Early Childhood Services unless otherwise noted.



# 9 Steps to Positive Parenting



## See your child's point of view during tough moments

We all want to keep our cool! Sometimes it helps to remember that your child's perspective is very different from yours.

## Celebrate your child's strengths and capacity to learn

Each child is unique, growing and learning at his own pace. Make a conscious effort to really see your child.



## Delight in moments of connection

It's easy to get distracted by the day-to-day grind of parenting: dishes, laundry, naps, and transitions from one activity to the next. Offer big smiles when they want to show you something.

## Respond with interest and sensitivity

Every child communicates their needs differently. Taking the time to watch and learn your child's cues teaches them that they are important and cherished.



## Provide age-based guidelines, limits, and boundaries.

Parenting is a combination of nurture and structure. All children need guidance on how to behave. Maintaining predictable routines and setting kind, firm limits really help.

## Recognize your own feelings before responding

This sounds like common sense, but it is way harder to pull off than many of us thought. Understanding ourselves is a great way to help our children.



## Parenting can be stressful and mistakes happen

We can't be calm, cool, and collected all the time. Setting things right is part of building a relationship, and helps children learn how to do this as they grow older.

## Balance your needs and your child's needs

It's so easy to get wrapped up in the demands of parenting that you can forget to take care of yourself. Plan for breaks throughout the day..



## Seek help and support on parenting when you need it

Every parent eventually runs into a challenging child-rearing issue. Don't shy away from asking for help from friends, family, or professionals. All parents need—and deserve—support.

To learn more scan this QR to [zerotothree.org](https://zerotothree.org)



**Training Levels**

**Basic** = Most appropriate for entry-level professionals who are new to early childhood and/or school-age care. *Basic Level Training* covers a foundational understanding and demonstration of developing skills.

**Intermediate** = Most appropriate for professionals who have at least (2) years of experience and 120 hours of training in child development, and are moving toward more formal education. *Intermediate Level Training* includes expanding knowledge and application, and refining skills.

**Advanced** = Most appropriate for professionals who have at least three (3) years of experience and 30 credit hours in child development. *Advanced Level Training* focuses on a more thorough knowledge and understanding of developmentally appropriate practice and highly effective application and demonstration of skills.

**DHR Performance Standards Training Areas**

CD = Child Development

HSUP = Health, Safety, and Universal Precautions

QCCL = Quality Child Care and Licensing

CCPF = Child Care Professional and the Family

LD = Language Development

PDG = Positive Discipline and Guidance

AM = Administration and Management

**CDA (Child Development Associate) Subject Areas**

1. Planning a safe, healthy learning environment
2. Advancing children's physical and intellectual development
3. Supporting children's social and emotional development
4. Building productive relationships with families
5. Managing an effective program
6. Maintaining a commitment to professionalism
7. Observing and recording children's behavior
8. Understanding principles of child development and learning

**Alabama Pathways Core Knowledge Areas (CKA)**

CGD = Child Growth and Development

HSN = Health, Safety and Nutrition

LEE = Learning Experiences and Enrichment

DIV = Diversity

COA = Child Observation and Assessment (Planning for Individual Needs)

ICFC = Interaction with Children, Families and Communities

PPD = Personal and Professional Development

MA = Management and Administration

**CCDF Training Areas**

1. *Prevention and control of infectious diseases (including immunizations)*
2. *Sudden Infant Death Syndrome (SIDS) prevention and use of safe sleep practices*
3. *Administration of medication*
4. *Prevention of and response to emergencies due to food and allergic reactions*
5. *Building and physical premises safety, including identifying electrical hazards, bodies of water, and vehicular traffic*
6. *Prevention of Shaken Baby Syndrome and abusive head trauma*
7. *Emergency preparedness and response planning for natural or man-caused events*
8. *Handling and storage of hazardous materials, including correct disposal of bio-contaminants*
9. *If applicable, appropriate precautions in transporting children*
10. *First-aid and CPR*
11. *Recognizing and reporting child abuse and neglect*
12. *Identifying and serving homeless children and their families*
13. *Promoting the social, emotional, physical, and cognitive development of children, including those related to nutrition and physical activity, using scientifically-based, developmentally appropriate and age appropriate strategies*
14. *Caring for children in geographic areas with significant concentrations of poverty and unemployment*
15. *Implementing behavior strategies, including positive behavior interventions and support models that promote positive social and emotional development and reduce challenging behaviors, including reducing expulsions of preschool-aged children for such behaviors*
16. *Engaging parents and families in culturally and linguistically appropriate ways to expand their knowledge, skills and capacity to be meaningful partners in supporting their children's positive development*
17. *Understanding early neurological development*
18. *Using data to guide program improvement*
19. *Supporting positive development of school-age children*
20. *Improving the quality of programs and services for infants and toddlers*

**Target Age Groups**

Infants = Birth to 12 months

Toddlers = 1 and 2 year olds

Preschoolers = 3 and 4 year olds

School-agers = 5 to 12 year olds

ALL = Infants, Toddlers, Preschoolers, and School-agers





Register today.  
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334-604-6260



info@alabamaqualitystars.org

## CPR and First Aid Training on Saturdays

On the second Saturday of every month, our friends at Complete Safety Works are offering Heart Saver First Aid and Adult, Child & Infant CPR/AED training!

*You must register through and make payment to  
Complete Safety Works*

**First Aid - \$45 | CPR - \$45**

**Both First Aid & CPR - \$55**

Contact Complete Safety Works for more info.

90 N Sage Avenue Mobile, AL

251-479-6788

## Meet Your New Quality Staff!



Maddie Cousins

I received my B.S. in Human Development and Family Studies with a concentration in Child Life through Auburn University... WAR EAGLE!! Outside of teaching and work, I love playing with my golden retriever, Trotter, going to the beach, and shopping! I am so excited to be at GRECS and can't wait to meet all of you!!

### **Featured Sessions**

**Toddlers and Challenging Behaviors.. - July 19th**

**Welcome to Your Classroom...- August 16th**

**Resilience: Bouncing Back...- September 28th**

Hi I'm Sofie. I have been with GRECS for 3 years. I started with the registry and have worn many hats. I am looking forward to working in quality and experience the impact that GRECS serves to our community from a whole new perspective! If you ever have any questions about our classes or needing any help with registration, I am your girl!



Sofie Westbrook



# The Resource Place



GULF REGIONAL  
Early Childhood Services

Call today to make your appointment with us!

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**\*\*by appointment only\*\***

visit our website for more information at [www.grecs.org](http://www.grecs.org)



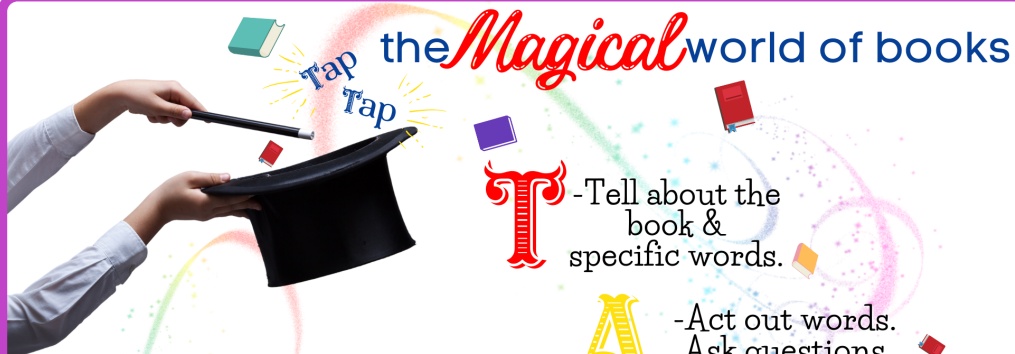
## Support Children's Trust Fund



We are celebrating over 20 years of collaboration with the Children's Trust Fund supported through the Department of Child Abuse and Neglect Prevention!

Caring for the Caregiver allows us opportunities to mentor Family Child Care providers. We appreciate all who participate to make this project possible and help educate parents and caregivers on the prevention of child neglect and abuse.

The next time you renew your car tag, Purchase this specialty tag at your local Probate office. It is tax deductible & proceeds directly fund community-based prevention programs.



For more info and instruction...



Subscribe to our  
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[www.grecs.org](http://www.grecs.org)

**T** -Tell about the book & specific words.

**A** -Act out words. Ask questions about the story.

**P** -Point to words & pictures as you read.

The Bright Beginnings Project families and children are enrolled in the comprehensive center based early learning programs provided in the GRECS Early Head Start classrooms. In addition, families of children enrolled in other infant-toddler classrooms at our child care center partner centers are also invited to participate. Many thanks to our friends at PNC, to all of the families for their enthusiastic response, and to the staff for their part in making this project such a success!

**Gulf Regional Childcare Management Agency, Inc.**

3101 International Drive, Building 6, Mobile, AL 36606

Ph. 251.473.1060

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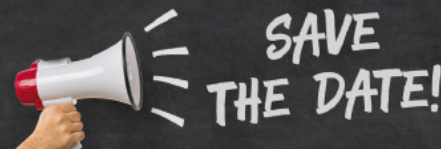


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to stay up to date with all  
the latest happenings and  
events!



United Way  
of Southwest Alabama



**July 4th, 2022**  
GRECS & EHS offices are CLOSED for  
Independence Day

**September 5th, 2022**  
GRECS & EHS offices are CLOSED for  
Labor Day