

# Early Learning News

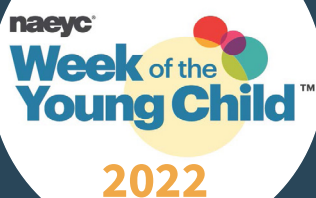
April, May, June 2022



## Growth



CHILD ABUSE PREVENTION MONTH  
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WEEK OF THE YOUNG CHILD  
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GRECS 30TH ANNIVERSARY!  
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BUILDING SUCCESSFUL KIDS  
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## Take a Look Inside

We've got a new look for a new year! This edition of *Early Learning News* may have a different style, but it continues to be filled with helpful, relevant information.

The calendar view of our monthly training classes is perforated for easy removal. This allows you to tear it out and share as needed.

The "Pass Along to Parents" page is also perforated. This is a wonderful resource to share with parents, and it's copyright-free!

### Child Abuse Prevention

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### Highlighted Courses

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*Growing*  
**a better tomorrow  
for ALL children**

*Together*

**50** Prevent Child Abuse  
America®

# April is

## Child Abuse Prevention Month

National Child Abuse Prevention Month recognizes the importance of families and communities working together to strengthen families to prevent child abuse and neglect. Through this collaboration, prevention services and supports help protect children and produce thriving families.

Please join GRECS and The Alabama Department of Child Abuse and Neglect Prevention, "The Children's Trust Fund", in advocating for children and the strengthening of families in an effort to provide children with happier, healthier and safer lives.

*Together we can make a difference!*



the physical, emotional and mental well-being of the children and families in our communities!

*Pinwheel Garden* - Pinwheels are the national symbol for child abuse prevention by representing the happy, healthy childhoods that all children deserve. Donate to PCA America and plant a pinwheel with your message of support to show how you are helping families and children thrive! GRECS will plant a pinwheel garden to kick off Child Abuse Prevention month. Let's watch them whirl!

*Wear Blue Day* - Blue is the color of prevention, and everyone is encouraged to participate in the national "Wear Blue Day" on **Friday April 1st**! By wearing blue, people throughout the state can demonstrate an awareness of and commitment to our shared responsibility for



For more information about the virtual garden visit [www.preventchildabuse.org](http://www.preventchildabuse.org)



# naeyc<sup>®</sup> Week of the Young Child<sup>™</sup> 2022

## April 2nd-8th

### #woyc22

Join NAEYC as we celebrate our youngest learners with five fun-filled, themed days. All week long we'll be featuring resources and activity ideas for teachers and families that will make play meaningful and learning fun!

NAEYC invites you to celebrate and shine a spotlight on your classroom, advocacy, and family engagement activities via our social channels. We look forward to seeing all the creative ways you find to engage young children and their families with hands-on, collaborative activities encouraging movement and healthy lifestyles through music, food, and art

Kick-off is Saturday **April 2nd**. Take that day to prepare your activities for the following week, email your parents so they can plan for Family Friday activities and plan a virtual event with your social media community! The important thing is that we're celebrating the potential of ALL young children to learn, grow and thrive!

This is your time to celebrate and shine a spotlight on your classroom, advocacy, and family engagement activities via social media channels. Post your activities on Facebook, Instagram and Twitter using #woyc22!

Learn more by visiting:  
[www.naeyc.org/events/woyc/overview](http://www.naeyc.org/events/woyc/overview)

Contact us at [www.grecs.org](http://www.grecs.org) or  
through our Facebook page - @GRECSMobile

## Music Monday



APRIL 4TH

#woyc22

[naeyc.org/events/woyc](http://naeyc.org/events/woyc)



## Tasty Tuesday



APRIL 5TH

#woyc22

[naeyc.org/events/woyc](http://naeyc.org/events/woyc)



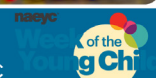
## Work together Wednesday



APRIL 6TH

#woyc22

[naeyc.org/events/woyc](http://naeyc.org/events/woyc)



## Artsy Thursday



APRIL 7TH

#woyc22

[naeyc.org/events/woyc](http://naeyc.org/events/woyc)



## Family Friday



APRIL 8TH

#woyc22

[naeyc.org/events/woyc](http://naeyc.org/events/woyc)





## Get To Know Our Training Sites and Locations!

When Registering for training classes, please make note of the time & locations of the session. Classes are held in 7 counties - Baldwin, Clarke, Conecuh, Escambia, Mobile, Monroe & Washington.

### Baldwin County

Daphne Public Library  
First Baptist Church - Spanish Fort  
Kids Plus CDC  
Goodwill Community Center

### Clarke County

Jackson City Hall

### Conecuh County

David Burt Agriculture Center

### Escambia County

Coastal Alabama Community College  
Flomaton Public Library

### Monroe County

Monroe County Public Library  
Patty Pat's Daycare Center #2

### Mobile County

GRECS Training Rooms -  
3101 International Dr bldg 6

### Washington County

Spot for Tots Child Care Center  
Washington County Public Library



If you have any questions or need directions

Call us at  
251-473-1060  
or visit  
[www.grecs.org](http://www.grecs.org)

# CCDF Health and Safety Courses 2022

Looking for DHR CCDF Health and Safety Training Courses? We've Got You Covered for this quarter in April, May and June 2022!

- **April 12:** DHR Health & Safety CCDF: 1, 3; 8:30a-10:30a; **Mobile**
- **April 13:** DHR Health & Safety CCDF: 4, 11; 8:30a-10:30a; **Mobile**
- **April 27:** Prevention of Shaken Baby Syndrome and Abusive Head Trauma and Sudden Infant Death Syndrome (SIDS) Prevention and Use of Safe Sleep Practices; CCDF: 2, 6; 5:30p-7:30p; **Mobile**
- **May 16:** DHR Health & Safety CCDF: 1, 2, 3, 4; 12:00p-4:00p; **Mobile**
- **May 24:** DHR Health & Safety CCDF: 5, 8; 8:30a-10:30a; **Mobile**
- **May 31:** Online Webinar: Medication Administration; 6:00p-7:00p; **ALL Counties Webinar**
- **June 14:** Prevention of Shaken Baby Syndrome and Abusive Head Trauma and Sudden Infant Death Syndrome (SIDS) Prevention and Use of Safe Sleep Practices; CCDF: 2, 6; 8:30a-10:30a; **Mobile**
- **June 15:** Free Public Health and Safety: First-Aid and CPR Training; 8:00a-12:00p; **Mobile**
- **June 21:** DHR Health & Safety CCDF: 6, 7, 8, 9; 9:00a-1:00p; **Mobile**
- **June 21:** Preparing for Emergencies in the Child Care Setting CCDF: 7; 6:30p-8:30p; **Mobile**

**Coming Soon!**  
CCDF On-Demand Courses!

**Getting Started**

We will introduce you to the foundational information you need to provide safe environments, nurturing interactions & developmentally appropriate experiences for the children in your care. This basic-level, 12-hour course is broken down into (3), four-hour segments. The training you receive will meet Alabama Department of Human Resources' 12-hour training requirement to work in child care.

(Presenter: GRECS Staff; DHR: CD, CCDF, LD, QCCL, PDG, HSUP; Alabama Pathways: CGD, ICFC, LEE, HSN, PPD; CDA: 1, 2, 3, 4, 5, 6, 8; CCDF: 5, 7, 13, 15, 20; Basic Training Level; 12 hours/12 CEUs; Appropriate for ALL Age Groups)

May 10th -12th 2022 | 8:30pm-12:30pm  
GRECS Training Room, Mobile

# Preschool Course 2022

Working with preschool children is an exciting, unique experience! During the preschool years, children are busy developing skills, using language and expressing a deep interest in the world around them. This informative 12-hour training course for experienced preschool teachers promotes ways to interact and respond to preschool children through planned experiences that support individual development in a quality early care and education setting. (AL Pathways: CGD, LEE, DIV, HSN, ICFC, PPD; DHR: CD, QCCL, PDG, LD, CCPF, HSUP; CDA: 1, 2, 3, 4, 6, 8; CCDF: 4, 7, 13, 15; Intermediate Training Level; 12 hours/1.2 CEUs; Age Groups: Preschool)

**June 9 AND 16, 2022 | 8:30am-3:30pm**  
**GRECS Training Room, Mobile**



## Special Delivery Courses

Please Contact: Hannah Presley

251-473-1060

hpresley@grecs.org

We are offering special delivery courses for the following sessions:

- Introduction to the Child Associate Credential (CDA)
- Preparing For Emergencies in the Child Care Setting (APT)
- Kids and Allergies: What to Look For (APT)
- What is Your PIECE? Professionalism in Early Childhood Education (APT)

Please Contact Hannah Presley for more details on how you can schedule a training or if there are other sessions you need!



Gulf Regional  
Early Childhood Services

## APT SPRING ONLINE TRAINING



EACH QUARTER, ALABAMA PUBLIC TELEVISION™ OFFERS FREE ONLINE TRAINING FOR ANYONE INTERESTED IN EXPANDING THEIR PROFESSIONAL DEVELOPMENT! WE ENCOURAGE YOU TO CHECK OUT WHAT THEY HAVE IN STORE AND REGISTER DIRECTLY THROUGH THEIR WEBSITE, [HTTPS://APT.V.ORG/EDUCATION/LEARN-ONLINE/](https://aptv.org/education/learn-online/)

Registration opens on their website  
**March 14, 2022**

ALABAMA EARLY LEARNING GUIDELINES: **APRIL 4, 2022 – MAY 23, 2022**

EARLY BRAIN DEVELOPMENT AND THE LASTING IMPORTANCE OF CAREGIVER-CHILD RELATIONSHIPS: **APRIL 11, 2022 – MAY 23, 2022**

TALKING TO YOUNG CHILDREN ABOUT RACE AND RACISM **APRIL 11, 2022 – MAY 23, 2022**

CDA CREDENTIAL: AN INTRODUCTION: **APRIL 11, 2022 – MAY 23, 2022**

*On-Demand Courses*

- \*NEW! SCHOOL READINESS: CREATING LIFE-LONG LEARNERS
- \*FOSTERING HEALTHY SOCIAL AND EMOTIONAL DEVELOPMENT IN EARLY CHILDHOOD
- \*ADDRESSING HOMELESSNESS: THE ROLE OF THE EARLY CHILDHOOD EDUCATOR
- \*RECOGNIZING AND REPORTING CHILD ABUSE AND NEGLECT IN EARLY CHILD CARE
- \*I CAN HANDLE IT! PROMOTING EMOTIONAL INTELLIGENCE IN THE OUT-OF-SCHOOL SETTING
- \*FOUNDATIONS OF HEALTH & SAFETY IN EARLY CHILD CARE
- \*CHALLENGING BEHAVIORS: WHERE DO WE BEGIN?

AND MORE!!!!

## Online Sessions GRECS Webinars:

*April, May, June Webinars:*

- **April 23rd** - Shake, Rattle and Roll: Using Fingerplays, Rhymes and Music; 9:00a - 11:00a
- **May 31st** - Medication Administration; 6:00p-7:00p

**Go Online and Register Today!**

All webinars are available for ALL COUNTIES and centers who are interested and are free of charge! Contact Hours will be offered for each session and can be found in your student profile upon completion

# April TRAINING

April 4, 2022 | 6:30-8:30P 2hrs

## Music to Our Ears: The Benefits of Music and Movement

CCDF:13, 20 | AL Pathways: CGD, LEE | CDA:2, 3, 8 | DHR: CD | ALL | Basic

PRESENTER: LaDanika York

This training designed to inform participants how music can stimulate children's development (cognitive, physical, and socio-emotional).

April 5, 2022 | 6:30-8:30P 2hrs

## You Are What You Eat: Nutrition for Infants and Toddlers (APT)

CCDF:13 | AL Pathways: CGD, ICFC | CDA:2, 3 | DHR: CD, CCPF | Infant, Toddler | Basic

PRESENTER: Hannah Presley

This training participants will develop an understanding of the importance of the food groups, textures of food, and how to handle picky eaters.

April 6, 2022 | 6:30-8:30P 2hrs

## Messy It Messy!

CCDF:13, 19 | AL Pathways: CGD, LEE | CDA:2, 8 | DHR: CD | Preschool, School-Age | Intermediate

PRESENTER: Vicki Giles

In this hands-on session, participants will explore chemical reactions, density, and surface tension using simple, everyday materials.

April 7, 2022 | 6:30-8:30P 2hrs

## Indoors Out and Outdoors In: Connecting Infants and Toddlers to Animals and Nature (APT)

CCDF:13, 20 | AL Pathways: LEE | CDA: 1, 2, 3, 8 | DHR: QCCL | Infant, Toddler | Basic

PRESENTER: APT Instructor

Expand on children's natural curiosity to promote positive social and emotional growth, community, and creativity.

April 12, 2022 | 8:30-10:30A 2hrs

## DHR Health & Safety CCDF: 1, 3

CCDF:1, 3 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic

PRESENTER: Pamela Senters, RNC

Participants will increase awareness of ways illnesses are spread in the child care setting through recognition and prevention and how to prevent and respond to emergencies

April 12, 2022 | 6:30-8:30P 2hrs

## Welcome to Your Classroom: Creating an Environment for All Children to Be Successful (APT)

CCDF:13, 15 | AL Pathways: CGD, COA | CDA: 1, 2, 3, 8 | DHR: CD, PDG | Preschool | Basic

PRESENTER: Erin Franklin

This training will discuss ways to consider how your classroom is set up, what learning materials are needed, and how to maintain a positive learning environment for all children to be successful.

April 11, 2022 | 8:30-10:30A 2hrs

## DHR Health & Safety CCDF: 4, 11

CCDF:4, 11 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic

PRESENTER: Pamela Senters, RNC

Participants will discuss essential information on how to recognize and report child abuse and neglect.

April 14, 2022 | 6:00-8:00P 2hrs

## Schedules and Routines for Infants & Toddlers: Planning Meaningful Experiences

CCDF:13,15, 20 | AL Pathways: LEE | CDA:1, 3 | DHR: CD, PDG | Infant, Toddler | Basic

PRESENTER: Desira Keith

Identify strategies for providing individualized experiences that promote children's skill development.

April 19, 2022 | 6:30-8:30P 2hrs

## It's Not Bad to Be Mad!

CCDF:13, 15, 20 | AL Pathways: CGD, ICFC | CDA:2, 8 | DHR: CD, LD, PDG | Toddler, Preschool, School-Age | Intermediate

PRESENTER: Vicki Giles

In this session, we'll explore strategies and materials to guide children to name and appropriately express their big feelings.

April 21, 2022 | 6:30-8:30P 2hrs

## Resilience: Bouncing Back from Everyday Challenges (APT)

CCDF:13, 15 | AL Pathways: CGD, COA | CDA: 3, 7, 8 | DHR: CD, PDG | Preschool | Basic

PRESENTER: Paula Reese

We will learn how to nurture resilience skills in children to help them solve problems and better understand their feelings.

April 23, 2022 | 9:00-11:00A 2hrs

## Online Webinar: Shake, Rattle and Roll: Using fingerplays, Rhymes and Music

CCDF:13 | AL Pathways: LEE | CDA: 1, 3 | DHR: LD | ALL | Basic

PRESENTER: Lisa Kirkland

Participants will gain knowledge on how to use fingerplays, rhymes, and music to create language development opportunities in their classrooms. **All Counties, Webinar**

April 26, 2022 | 12:00-2:00P 2hrs

## Introduction To The CDA Credential

CCDF:20 | AL Pathways: PPD | CDA: 6 | DHR: QCCL, CCPF | ALL | Basic

PRESENTER: LaDanika York

This introduction is designed for any professional early child care educator considering applying for the CDA Credential.

April 26, 2022 | 6:30-8:30P 2hrs

## Baby Let's Go Outside

CCDF:13, 17, 20 | AL Pathways: CGD, LEE, HSN | CDA: 1, 2, 8 | DHR: CD, HSUP | Infant, Toddler | Basic

PRESENTER: Victoria Bolton

This course describes the why and the how of outdoor play for our youngest children.

April 27, 2022 | 5:30-7:30P 2hrs

## Prevention of Shaken Baby Syndrome and SIDS CCDF: 2, 6

CCDF: 2, 6 | AL Pathways: HSN | CDA: 1, 2 | DHR: HSUP | ALL | Basic

PRESENTER: Judy Cunningham

This session will provide participants with essential information on Shaken Baby Syndrome and Abusive Head Trauma in a child care setting

April 28, 2022 | 6:30-8:30P 2hrs

## Who Is Taking Care of You? (APT)

CCDF:13, 18 | AL Pathways: PPD | CDA:2, 3 | DHR: QCCL, CCPF | ALL | Basic

PRESENTER: Hannah Presley

Together we will explore what you can do to take care of yourself, recognize your limits, and accept yourself.



# April 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>30<sup>th</sup> Anniversary Gulf Regional Early Childhood Services</p>				1	2
<p>4 Music to Our Ears: The Benefits of Music and Movement; 6:30p-8:30p; <b>Mobile</b></p> <p>Music Monday #WOYC2022</p>	<p>5 You are What You Eat: Nutrition for Infants and Toddlers (APT); 6:30p-8:30p; <b>Mobile</b></p> <p>Tasty Tuesday #WOYC2022</p>	<p>6 Make It Messy!; 6:30p-8:30p; <b>Mobile</b></p> <p>Work Together Wednesday #WOYC2022</p>	<p>7 Indoors Out and Outdoors In: Connecting Infants and Toddlers to Animals and Nature (APT); 6:30p-8:30p; <b>Mobile</b></p> <p>Artsy Thursday #WOYC2022</p>	<p>8</p> <p>Family Friday #WOYC2022</p>	<p>9</p>
<p>11</p>	<p>12 DHR Health &amp; Safety CCDF: 1, 3; 8:30a-10:30a; <b>Mobile</b></p> <p>Welcome to Your Classroom: Creating an Environment for All Children to Be Successful (APT); 6:30p-8:30p; <b>Mobile</b></p>	<p>13 DHR Health &amp; Safety CCDF: 4, 11; 8:30a-10:30a; <b>Mobile</b></p>	<p>14 Schedules and Routines for Infants &amp; Toddlers: Planning Meaningful Experiences; 6:00p-8:00p; <b>Mobile</b></p>	<p>15</p> <p><b>GRECS and EHS Closed for Good Friday</b></p>	<p>16</p>
<p>18 Infant Toddler Professional Development Network; 12:00p &amp; 6:00p <b>Mobile</b></p> <p>ITPDN</p>	<p>19 It's Not Bad to Be Mad!; 6:30p-8:30p; <b>Mobile</b></p>	<p>20</p>	<p>21 Resilience: Bouncing Back from Everyday Challenges (APT); 6:30p-8:30p; <b>Mobile</b></p>	<p>22</p>	<p>23 Shake, Rattle and Roll: Using Fingerplays, Rhymes and Music; 9:00a-11:00a; <b>ALL Counties Webinar</b></p>
<p>25</p>	<p>26 Introduction to the Child Development Associate Credential (CDA); 12:00p-2:00p; <b>Mobile</b></p> <p>Baby Let's Go Outside; 6:30p-8:30p; <b>Mobile</b></p>	<p>27 Prevention of Shaken Baby Syndrome and Sudden Infant Death Syndrome (SIDS) Prevention and Use of Safe Sleep Practices; CCDF: 2, 6; 5:30p-7:30p; <b>Mobile</b></p>	<p>28 Who is Taking Care of You? (APT) 6:30p-8:30p; <b>Mobile</b></p>	<p>29</p>	<p>30</p>

\*All classes in Mobile County will be held at Gulf Regional Early Childhood Services unless otherwise noted.

# May 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Child Development Series: Motor ; 6:00p-8:00p; <b>Mobile</b>	3 Baby Sign Language – It's Handy; 6:30p-8:30p; <b>Mobile</b>	4	5 Making The Connection Between Math and Art; 6:00p-8:00p; <b>Mobile</b>	6 <b>Day of Caring</b>  United Way of Southwest Alabama	7
9	10 Getting Started (Day 1); 8:30a-12:30p; <b>Mobile</b>  Ethics and The Early Childhood Educator; 6:00p-8:00p; <b>Mobile</b>	11 Getting Started (Day 2); 8:30a-12:30p; <b>Mobile</b>	12 Getting Started (Day 3); 8:30a-12:30p; <b>Mobile</b>  Little Hands Can Do Big Things; 6:30p-8:30p; <b>Mobile</b>	13	14
16 DHR Health & Safety CCDF: 1, 2, 3, 4; 12:00p-4:00p; <b>Mobile</b>	17 DHR Subsidy Training; <b>Mobile</b> 	18	19 Supporting Cognitive Learning and Development for Infants and Toddlers; 6:00p-8:00p; <b>Mobile</b>	20	21
23	24 DHR Health & Safety CCDF: 5, 8; 8:30a-10:30a; <b>Mobile</b>  Addressing Homelessness: The Role of the Early Childhood Educator (APT); 6:00p-8:00p; <b>Mobile</b>	25 PNC Training; 8:30a-10:30a <b>Mobile</b> 	26 The Visual Classroom: Increasing Student Confidence Using Visual Cues; 6:00p-8:00p; <b>Mobile</b>	27	28
30 <b>GRECS and EHS Closed for Memorial Day</b>	31 Online Webinar: Medication Administration; 6:00p-7:00p; <b>ALL Counties Webinar</b>				 Gulf Regional Early Childhood Services



# May TRAINING

May 2, 2022 | 6:00-8:00P 2hrs

## Child Development Series: Motor

**CCDF:17, 19, 20 | AL Pathways: GCD, ICFC, LEE | CDA:2, 3 | DHR: CD, HSUP | ALL | Intermediate**

**PRESENTER: Dr. Abigail Baxter**

Participants will discuss developmentally appropriate activities that foster physical development and build self-esteem.

May 3, 2022 | 6:30-8:30P 2hrs

## Baby Sign Language - It's Handy

**CCDF:13, 20 | AL Pathways: GCD, LEE | CDA: 2, 3 | DHR: CD, PDG | Infant, Toddler, Preschool | Basic**

**PRESENTER: Vicki Giles**

Most children begin to talk around 12 months, but babies try to communicate with caregivers much earlier. One way of teaching a baby or toddler to express feelings, wants and needs without crying is through simple sign language.

May 5, 2022 | 6:00-8:00P 2hrs

## Making the Connection Between Math and Art (APT)

**CCDF:19 | AL Pathways: LEE | CDA:2, 3 | DHR: CD, PDG | Preschool | Basic**

**PRESENTER: Hannah Presley**

What do math and art have in common? In this training, we will discover how to connect math and art through addition, subtraction, and graphs while using photographs, paints, crayons and many other art forms.

May 10-12, 2022 | 8:30-12:30P 12hrs

## Getting Started 2022

**CCDF:5, 7, 13, 15, 20 | AL Pathways: CGD, ICFC, LEE, HSN, PPD | CDA: 1, 2, 3, 4, 5, 6, 8 | DHR: CD, CCPF, LD, QCCL, PDG, HSUP | ALL | Basic**

**PRESENTER: GRECS Staff**

We will introduce you to the foundational information you need to provide safe environments, nurturing interactions & developmentally appropriate experiences for the children in your care. This basic-level, 12 hour course is broken down into (3), four-hour segments. The training you receive will meet Alabama Department of Human Resources' 12-hour training requirement to work in child care.

May 10, 2022 | 6:00-8:00P 2hrs

## Ethics and The Early Childhood Educator

**CCDF:16, 18 | AL Pathways: PPD, MA, ICFC | CDA: 5, 6 | DHR: CCPF, AM | ALL | Basic**

**PRESENTER: LaDanika York**

This session will include scenarios of ethical dilemmas that Early Childhood Educators are faced with every day, along with the six core values of ethics.

May 12, 2022 | 6:30-8:30P 2hrs

## Little Hands Can Do Big Things (APT)

**CCDF:13, 15 | AL Pathways: GCD, ICFC | CDA: 2, 3, 4, 5 | DHR: CCPF | Toddler, Preschool | Basic**

**PRESENTER: Erin Franklin**

This training provides suggestions to help young children become giving contributors to their community.

May 16, 2022 | 12:00-4:00P 4hrs

## DHR Health & Safety CCDF: 1, 2, 3, 4

**CCDF:1, 2, 3, 4 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic**

**PRESENTER: Pamela Senters, RNC**

This 4- hour training course will provide participants training in the following CCDF Training Areas: 1,2,3,4 We will introduce you to the foundational information you need to provide safe and healthy environments in the child care setting.

May 19, 2022 | 6:00-8:00P 2hrs

## Supporting Cognitive Learning and Development for Infants and Toddlers

**CCDF:13 | AL Pathways: CGD, LEE | CDA: 1, 3, 8 | DHR: QCCL, CD | Infant, Toddler | Basic**

**PRESENTER: Victoria Bolton**

Participants will be able to describe cognitive foundations. Participants will be able to identify the cognitive and knowledge typically acquired from birth to 3 years.

May 24, 2022 | 8:30-10:30A 2hrs

## DHR Health & Safety CCDF: 5, 8

**CCDF: 5, 8 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic**

**PRESENTER: Pamela Senters, RNC**

Participants will discuss essential information on ways to identify potential risks and promote building and physical premises safety in the child care setting including Electrical Hazards, Bodies of Water, Vehicular Traffic, Playground Safety, and Sun Safety.

May 24, 2022 | 6:00-8:00P 2hrs

## Addressing Homelessness: The Role of the Early Childhood Educator (APT)

**CCDF:12 | AL Pathways: CGD, ICFC | CDA: 2, 4 | DHR: CCPF, CD | Infant, Toddler, Preschool | Basic**

**PRESENTER: Paula Reese**

This training will help participants gain a better understanding of the definition of homelessness according to the McKinney-Vento Act while becoming familiar with the often unseen but growing prevalence of homelessness in Alabama. Participants will also identify the causes of homelessness and its impact on a child's physical and mental development.

May 26, 2022 | 6:00-8:00P 2hrs

## The Visual Classroom: Increasing Student Confidence Using Visual Cues

**CCDF:15, 19 | AL Pathways: GCD | CDA: 1, 3 | DHR: PDG | Preschool, School-Age | Intermediate**

**PRESENTER: Vicki Giles**

Using visuals allows children to confidently participate in classroom activities and routines. Let's explore different kinds of visual cues that can help improve communication, transitions, choice-making, and attention to task.

May 31, 2022 | 6:00-8:00P 2hrs

## Online Webinar: Medication Administration

**CCDF:3 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic**

**PRESENTER: Avery Fick**

During this session, we will outline general guidelines for appropriate administration of medicines. **All Counties, Webinar**



Register online: [www.grecs.org](http://www.grecs.org)

# June TRAINING

June 2, 2022 | 6:30-8:30P

## Cultivating Imagination in the Early Childhood Setting

CCDF: 13, 19 | AL Pathways: CGD | CDA: 2, 7 | DHR: CD | ALL | Basic

**PRESENTER: Desira Keith**

Participants will learn the importance of executive functions and the role it plays in young children's development.

June 6, 2022 | 6:00-8:00P

## Inclusion In the Early Childhood Setting

CCDF: 13, 15 | AL Pathways: LEE, COA | CDA: 2, 3 | DHR: PDG, QCCL | ALL | Basic

**PRESENTER: Dr. Abigail Baxter**

Inclusion is the practice of educating and caring for children with disabilities and other special needs in the same environment or setting as their typically developing peers.

June 7, 2022 | 6:30-8:30P

## Toddlers and Challenging Behaviors: Why They Do It and How to Respond (APT)

CCDF: 15, 20 | AL Pathways: CGD, LEE | CDA: 1, 3, 5, 8 | DHR: PDG, CD | Infant, Toddler | Basic

**PRESENTER: Victoria Bolton**

This training will provide information on the meaning behind challenging behaviors and offer suggestions to help care givers set age-appropriate limits.

June 9 & 16, 2022 | 8:30-3:30P

## Preschool Course 2022

**PRESENTER: GRECS Staff**

View Session Highlights on page 5 for more information!

June 9, 2022 | 5:30-7:30P

## Quality Early Childhood Environments: Learning Activities

CCDF: 13, 20 | AL Pathways: CGD, DIV, LEE | CDA: 2, 8 | DHR: LD, CD | Infant, Toddler, Preschool | Intermediate

**PRESENTER: Vicki Giles**

In this session, we'll explore best practices in the area of learning activities.

June 11, 2022 | 9:00-11:00A

## Beyond "I'm Sorry" Teaching Empathy to Young Children

CCDF: 13, 15 | AL Pathways: CGD, LEE | CDA: 3, 8 | DHR: PDG | ALL | Basic

**PRESENTER: Lisa Kirkland**

Participants will be shown many practical tips and activities to help children develop empathy and understand that others have different thoughts and feelings than they do.

June 14, 2022 | 8:30-10:30A

## Prevention of Shaken Baby Syndrome and SIDS CCDF: 2, 6

CCDF: 2, 6 | AL Pathways: HSN | CDA: 1, 2 | DHR: HSUP | ALL | Basic

**PRESENTER: Pamela Senter, RNC**

This session will provide participants with essential information on Shaken Baby Syndrome and Abusive Head Trauma in a child care setting

June 14, 2022 | 6:00-8:00P

## Creating Zones: Reduce Behavior Problems

CCDF: 15, 20 | AL Pathways: CGD, LEE | CDA: 1, 2, 8 | DHR: CD, PDG | ALL | Basic

**PRESENTER: Desira Keith**

This course will inform participants on how a physical environment support and promote children's development to decrease behavior.

June 15, 2022 | 8:00-12:00P

## Free Public Health & Safety: First Aid and CPR Training

CCDF: 10 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic

**PRESENTER: Pamela Senter**

This training is to provide participants with the practice and assimilation of skills to perform CPR and Basic First-aid with a certification from The Emergency Care and Safety Institute (ECSI) for the child care setting.

June 16, 2022 | 6:30-8:30P

## The Outdoor Classroom "No Child Left Indoors"

CCDF: 13, 20 | AL Pathways: CGD, ICFC, LEE | CDA: 1, 2 | DHR: LD, CD | Toddler, Preschool | Basic

**PRESENTER: LaDanika York**

The quality of our involvement with the outdoors is established in the early years; this includes our attitude toward being outdoors, our pattern of physical activity, and our interest in understanding the world outside.

June 21, 2022 | 6:30-8:30P

## DHR Health & Safety CCDF: 6, 7, 8, 9

CCDF: 6, 7, 8, 9 | AL Pathways: HSN | CDA: 1 | DHR: HSUP | ALL | Basic

**PRESENTER: Pamela Senter, RNC**

The purpose of this training is to make participants aware of potential disaster situations in early childhood programs, and to discuss appropriate responses to those situations.

June 21, 2022 | 6:30-8:30P

## Preparing for Emergencies in the Child Care Setting CCDF: 7

CCDF: 7 | AL Pathways: HSN | CDA: 1, 5 | DHR: HSUP | ALL | Basic

**PRESENTER: Hannah Presley**

This training will provide participants with ways to prepare for and recover from emergencies by identifying emergency helpers

June 23, 2022 | 9:30-11:30A

## Director's Forum: SuperVision What to Look For

CCDF: 13, 15, 19 | AL Pathways: HSN, ICFC | CDA: 1, 4 | DHR: QCCL, CCPF | ALL | Basic

**PRESENTER: Paula Reese, Vicki Giles**

In this session, we will develop understanding of effective supervision for creating a safe early childhood environment.

June 23, 2022 | 6:30-8:30P

## Stop, Look, Listen: The value of Observation

CCDF: 20 | AL Pathways: CGD | CDA: 7 | DHR: CD | Infant, Toddler | Basic

**PRESENTER: Erin Franklin**

Did you see that? Did you hear that? Observation is one of the most powerful, accessible tools in child care. In this 2-hour training, we will discuss ways to implement and improve on what is seen, heard and documented in your busy classroom using hands-on activities, videos and books.

June 28, 2022 | 6:30-8:30P

## Magical Sensory Play with Infants and Toddlers

CCDF: 13, 20 | AL Pathways: CGD, LEE | CDA: 2, 8 | DHR: CD, LD | Infant, Toddler | Basic

**PRESENTER: Victoria Bolton**

Participants will learn the many ways that sensory play promotes growth in all the development domains and how they can use sensory experiences to support early learning for infants and toddlers.

June 29, 2022 | 6:30-8:30P

## What is Your PIECE? Professionalism in Early Childhood Education (APT)

CCDF: 16 | AL Pathways: PPD | CDA: 4, 5 | DHR: CCPF | ALL | Basic

**PRESENTER: Desira Keith**

In this training, we will take a deep dive into the components of professionalism, the definition of a professional and the behaviors of a professional. Through hands-on activities, videos and books, this training will uncover and debunk the myths of a professional. Let's put our PIECES together!

June 30, 2022 | 6:30-8:30P

## Navigating Challenging Circumstances: What Are Kids Facing Today?

CCDF: 19 | AL Pathways: ICFC | CDA: 3 | DHR: CCPF | School-Age | Intermediate


**PRESENTER: Paula Reese**

Let's face it, times are changing. Many kids are faced with not being accepted, bullying, a lack of proper housing or food and many more social issues. This training will navigate some of those challenging circumstances through PBS resources, videos and discussions





# June 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Gulf Regional Early Childhood Services		1	2 Cultivating Imagination in the Early Childhood Setting; 6:30p-8:30p; <b>Mobile</b>	3	4
6 Inclusion in the Early Childhood Setting; 6:00p-8:00p; <b>Mobile</b>	7 Toddlers and Challenging Behaviors: Why They Do It and How To Respond (APT); 6:30p-8:30p; <b>Mobile</b>	8	9 Preschool Course 2022; 8:30a-3:30p; <b>Mobile</b>  Quality Early Childhood Environments: Learning Activities; 5:30p-7:30p; <b>Mobile</b>	10	11 Beyond “I’m Sorry” Teaching Empathy to Young Children; 9:00a-11:00a; <b>Mobile</b>
13	14 Prevention of Shaken Baby Syndrome and Abusive Head Trauma and Sudden Infant Death Syndrome (SIDS) Prevention and Use of Safe Sleep Practices; CCDF: 2, 6; 8:30a-10:30a; <b>Mobile</b>  Creating Zones: Reduce Behavior Problems; 6:00p-8:00p; <b>Mobile</b>	15 Free Public Health and Safety: First-Aid and CPR Training; 8:00a-12:00p; <b>Mobile</b>	16 Preschool Course 2022; 8:30a-3:30p; <b>Mobile</b>  The Outdoor Classroom “No Child Left Indoors”; 6:30p-8:30p; <b>Mobile</b>	17	18
20  <b>GRECS and EHS Closed in observance of Juneteenth</b>	21 DHR Health & Safety CCDF: 6, 7, 8, 9; 9:00a-1:00p; <b>Mobile</b>  Preparing for Emergencies in the Child Care Setting CCDF: 7; 6:30p-8:30p; <b>Mobile</b>	22	23 Director's Forum: SuperVision: what To Look For; 9:30a-11:30a; <b>Mobile</b>  Stop, Look and Listen: The Value of Observation; 6:30p-8:30p; <b>Mobile</b>	24	25
27	28 Magical Sensory Play with Infants and Toddlers 6:30p-8:30p; <b>Mobile</b>	29 What Is Your PIECE? Professionalism in Early Childhood Education (APT); 6:30p-8:30p; <b>Mobile</b>	30 Navigating Challenging Circumstances: What Are Kids Facing Today? (APT); 6:30p-8:30p; <b>Mobile</b>		

# How Do We Build Successful Kids?



**Play hard. Move lots. Learn more.**

When we think of traditional education, we think of the three R's: reading, writing and arithmetic. With this approach, the goal of preschool is to hammer home letter recognition, pencil mechanics, and counting to get ready for sight words, spelling, addition, and subtraction. Children arrive at school with less ability to focus and attend, and more trouble with self-control. Without these foundational skills of focus and self-control, academic learning is even more difficult. So, do we need to just crack down on those wiggly kids and tell them to sit still and pay attention? No. Instead, we need to step back and find the reason for this change and address it. The reason lies in those wiggly little bodies.

Humans acquire fundamental locomotor movement patterns in early childhood. The more we use those skills, the more confidence we gain in them. As we develop confidence, we push the envelope, mastering new skills and building the desire to move even more. For children, this desire to move is integral to the development of the brain and ultimately the ability to learn. If young children are not physically literate, they cannot move their bodies the way they were designed to move, so they can't use their bodies appropriately to learn. Just like academic illiteracy, physical illiteracy has far-reaching implications.

**Active play is the single most important tool to support children's development and long term success!**

~Preston Blackburn

**Key Skills and Strengths are divided into four categories, with each category contributing to physical literacy and, ultimately, to school success.**

## Perceptual Motor Skills

Our perceptual motor skills help us figure out where we are in space and how we move through it. Galloping, climbing, dancing, and jumping are examples!

## Sensory Skills

Our sensory skills help us process the information coming into the body and brain through our senses. We develop these skills by practicing the information these senses give us.

## Physical Strengths

Our physical strength gives the various parts of our bodies the ability to do physical work. As with the other skills, we build physical strength by using our core, hands, upper body, and lower body with increasing intensity.

## Other Skills

Important skills that don't fit in the other categories include crossing the midline, eye-hand coordination, bilateral movement, motor planning, and balance.

If we adults reach back into our own memories of childhood, we will see how we built these skills: hours spent in outside play building forts, climbing trees, and doing heavy chores for our families. And when we compare those active memories to the typical play children experience now, we see the gross difference between the two. That is the gap we must bridge. If we truly want children to find success socially, emotionally, behaviorally, and cognitively, we need to put lots and lots of big body physical play back into their day. Children cannot learn these kinds of skills from a worksheet, flashcards, app, or computer game. This kind of play is the single most important tool to support their development and long term success. If we give them this tool again, we will see an improved ability to *attend, focus, behave, and LEARN.*



**View more on this article about building successful kids on  
[communityplaythings.com](http://communityplaythings.com)**



**Training Levels**

**Basic** = Most appropriate for entry-level professionals who are new to early childhood and/or school-age care. Basic Level Training covers a foundational understanding and demonstration of developing skills.

**Intermediate** = Most appropriate for professionals who have at least (2) years of experience and 120 hours of training in child development, and are moving toward more formal education. Intermediate Level Training includes expanding knowledge and application, and refining skills.

**Advanced** = Most appropriate for professionals who have at least three (3) years of experience and 30 credit hours in child development. Advanced Level Training focuses on a more thorough knowledge and understanding of developmentally appropriate practice and highly effective application and demonstration of skills.

**DHR Minimum Standards Training Areas**

CD = Child Development

HSUP = Health, Safety, and Universal Precautions

QCCL = Quality Child Care and Licensing

CCPF = Child Care Professional and the Family

LD = Language Development

PDG = Positive Discipline and Guidance

AM = Administration and Management

**CDA (Child Development Associate) Subject Areas**

1. Planning a safe, healthy learning environment
2. Advancing children's physical and intellectual development
3. Supporting children's social and emotional development
4. Building productive relationships with families
5. Managing an effective program
6. Maintaining a commitment to professionalism
7. Observing and recording children's behavior
8. Understanding principles of child development and learning

**Alabama Pathways Core Knowledge Areas (CKA)**

CGD = Child Growth and Development

HSN = Health, Safety and Nutrition

LEE = Learning Experiences and Enrichment

DIV = Diversity

COA = Child Observation and Assessment (Planning for Individual Needs)

ICFC = Interaction with Children, Families and Communities

PPD = Personal and Professional Development

MA = Management and Administration

**CCDF Training Areas**

1. Prevention and control of infectious diseases (including immunizations)
2. Sudden Infant Death Syndrome (SIDS) prevention and use of safe sleep practices
3. Administration of medication
4. Prevention of and response to emergencies due to food and allergic reactions
5. Building and physical premises safety, including identifying electrical hazards, bodies of water, and vehicular traffic
6. Prevention of Shaken Baby Syndrome and abusive head trauma
7. Emergency preparedness and response planning for natural or man-caused events
8. Handling and storage of hazardous materials, including correct disposal of bio-contaminants
9. If applicable, appropriate precautions in transporting children
10. First-aid and CPR
11. Recognizing and reporting child abuse and neglect
12. Identifying and serving homeless children and their families
13. Promoting the social, emotional, physical, and cognitive development of children, including those related to nutrition and physical activity, using scientifically-based, developmentally appropriate and age appropriate strategies
14. Caring for children in geographic areas with significant concentrations of poverty and unemployment
15. Implementing behavior strategies, including positive behavior interventions and support models that promote positive social and emotional development and reduce challenging behaviors, including reducing expulsions of preschool-aged children for such behaviors
16. Engaging parents and families in culturally and linguistically appropriate ways to expand their knowledge, skills and capacity to be meaningful partners in supporting their children's positive development
17. Understanding early neurological development
18. Using data to guide program improvement
19. Supporting positive development of school-age children
20. Improving the quality of programs and services for infants and toddlers

**Target Age Groups**

Infants = Birth to 12 months

Toddlers = 1 and 2 year olds

Preschoolers = 3 and 4 year olds

School-agers = 5 to 12 year olds

ALL = Infants, Toddlers, Preschoolers, and School-agers



# Celebrating 30 Years of Service!



## Gulf Regional Early Childhood Services

Celebrate with us all year! GRECS is so thankful to be serving the communities of lower Alabama and providing quality services! We are looking forward to many more years of service and growth with our families, staff, and most importantly our children!

### Meet Your New Quality Trainers!



Paula Reese

I love teaching! I look forward to sharing my love of learning and specifically anything related to "Early Childhood Education"! The first five years of a child's life will set the stage for their success! I received both my Bachelor's and Master's Degree in Early Childhood Education from The University of South Alabama.....Go Jags!!

#### Featured Sessions

**Resilience: Bouncing Back from Everyday Challenges - April 21st**

**Addressing Homelessness.. (APT)- May 24th**

**Director's Forum: SuperVision- June 23rd**

I'm from Mobile and went to Auburn University where I received my B.S. in Human Development and Family Studies. After graduating from AU, I went to the University of South Alabama where I received my Master's in education.

#### Featured Sessions

**Welcome to Your Classroom - April 12th**

**Little Hands Can Do Big Things (APT)- May 12th**

**Stop, Look and Listen: The Value of Observation - June 23rd**



Erin Franklin





# The Resource Place

at  Gulf Regional  
Early Childhood Services

*Call today to make your appointment with us!*

Browse our comprehensive lending library and workroom where you'll find:

Children's Books \* Teacher Resource Books\* Outdoor Play Materials\*  
Manipulatives\* Puzzles\* Puppets\* Big Books \* Laminating Machine \* Bulletin  
Board Paper and More!!!!

Call 251- 473-1060

Open: Tuesday - Thursday\* | 9am-4pm

\*\*by appointment only\*\*

visit our website for more information at [www.greecs.org](http://www.greecs.org)



## Support Children's Trust Fund



*We are celebrating over 20 years of collaboration with the Children's Trust Fund supported through the Department of Child Abuse and Neglect Prevention!*

*Caring for the Caregiver allows us opportunities to mentor Family Child Care providers. We appreciate all who participate to make this project possible and help educate parents and caregivers on the prevention of child neglect and abuse.*

*The next time you renew your car tag, Purchase this specialty tag at your local Probate office. It is tax deductible & proceeds directly fund community-based prevention programs.*



## CPR and First Aid Training on Saturdays

On the second Saturday of every month, our friends at Complete Safety Works are offering Heart Saver First Aid and Adult, Child & Infant CPR/AED training!

*You must register through and make payment to Complete Safety Works*

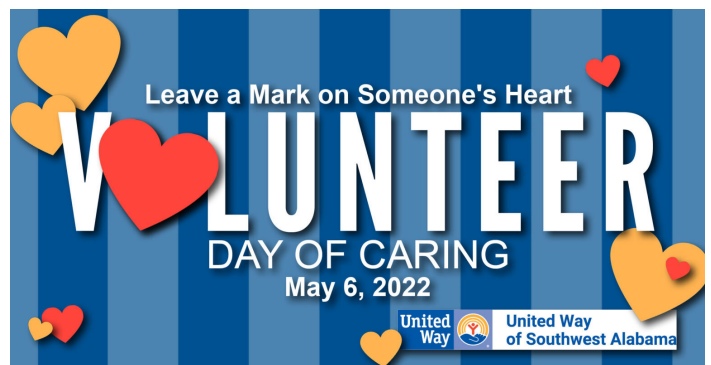
**First Aid - \$45 | CPR - \$45**

**Both First Aid & CPR - \$55**

Contact Complete Safety Works for more info.

90 N Sage Avenue Mobile, AL

251-479-6788



The United Way of Southwest Alabama (UWSWA) will hold its 28th Annual Day of Caring, one of the region's largest single day of volunteerism on May 6, 2022

**Gulf Regional Childcare Management Agency, Inc.**

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the latest happenings and  
events!



United Way  
of Southwest Alabama



**April 15th, 2022**

GRECS & EHS offices are CLOSED for  
Good Friday

**May 30th, 2022**

GRECS & EHS offices are CLOSED for  
Memorial Day

**June 20th, 2022**

GRECS & EHS offices are CLOSED in  
honor of Juneteenth