



# Early Learning News

A Quarterly Newsletter & Training Calendar  
of Gulf Regional Early Childhood Services



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## Rocking & Rolling

### Why Outdoor Play Is Essential for Healthy Development: Fresh Air, Fun, & Exploration

It can be challenging to take young children outside - from naps to mealtimes and sunscreen to mittens, a trip outdoors might feel like too much hassle. Additionally, play outside may seem unruly, overwhelming, or lacking in learning opportunities. But outdoor play is worth the time and effort.

### What Are the Benefits of Outdoor Play?

#### 1. It invites children to learn science

Children are natural explorers and discoverers, and you can bring whatever interests them back to your early childhood setting for further exploration. By turning their questions into group inquiry projects, you'll soon have several starting points for emergent curriculum.

#### 2. It creates opportunities for social interaction & collaboration

Outdoor play provides a chance to practice social and emotional skills with other children, including problem solving, turn taking, encouragement, self-control, safe risk taking, and following the rules of a game. It also provides opportunities to develop empathy.

#### 3. It promotes physical health

The obesity rate for US children ages 2 to 5 is 14%, and it rises to over 40% for middle-aged adults, leading to an increased risk of health problems like diabetes and heart diseases. That's one reason why the American Academy of Pediatrics recommends a "prescription for play" at every well-child visit through age 2 & Nemours Health and Prevention Services recommends daily, supervised outdoor time for children from birth to age 5. Specifically,



*Children learn  
as they play. More  
importantly,  
in play children  
learn how to learn.*

*- O. Fred Donaldson*



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Nemours calls for toddlers to have at least 30 minutes of structured (adult-led) physical activity and at least 60 minutes of unstructured (child-led) physical activity each day. Outdoor play is a great way to model the joy of physical activity. When children run, jump, climb, throw and kick balls, and ride toys that require balance, they also build gross motor skills and start developing a habit of being active.

#### 4. It promotes better sleep

A study of 2- to 5-year-olds showed that children who play outdoors sleep better at night. This may be due to the physical activity, stress reduction, and exposure to natural light that come with playing outdoors. You may want to share this information with families—a tired, happy child is one who sleeps well!

**For more benefits and to read the full article visit [NAEYC.org](http://NAEYC.org)**

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# REGISTER TODAY

Gulf Coast Early Care &  
Education Summer Symposium

July 5-7 2021

at The Perdido Beach  
Resort, Orange beach, AL

Seeking to Elevate Practices & Improve Outcomes

Explore the Stars...  
AALECE 2021

Register today to reserve your spot!

Visit: [www.alabamachildcare.org](http://www.alabamachildcare.org)

# AALECE 2021

Here are a few of the presenters you can see there!



**Dr. Calvin Moore, Jr.**  
CEO of Council for  
Professional Recognition



**Ronnie Thomas**  
Fun Weird Science



**Crystal Senter-Brown**  
Published Author, Adjunct Professor  
at Bay Path University

**Tanya Dennis, M.Ed**  
Early Childhood Trainer,  
Specializing in Head  
Start & Early Head Start



**Daniel Gartrell Ed.D.**  
Educator, Published Author



**Kiri McFarland**  
Educator, SuperMom



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# naeyc<sup>®</sup> Week of the 50<sup>TH</sup> Young Child<sup>®</sup> Anniversary

**April 10-16**

**#woyc21**

*Join us April 10-16 for a fun-filled week celebrating early learning, young children, their teachers, families, and communities.*

Kick-off Saturday is **April 10th**. Take that day to prepare your activities for the following week, email your parents so they can plan for Family Friday activities and plan a virtual event with your social media community!

This is your time to celebrate and shine a spotlight on your classroom, advocacy, and family engagement activities via social media channels. Post your activities on Facebook, Instagram & Twitter using #woyc21.

*Together, let's make the 50th Anniversary of WOYC a milestone we will never forget.*

For more info and activity ideas, visit:  
[www.naeyc.org/events/woyc/overview](http://www.naeyc.org/events/woyc/overview)

## Music Monday

Music Monday is more than singing and dancing, it's a way to encourage children to be active while developing their early literacy skills and having fun with friends and family!



## Tasty Tuesday

Tasty Tuesday is all about cooking together and connecting math with literacy skills and science while introducing ways to incorporate healthy habits into children's lifestyles.



## Work Together Wednesday

When children build together they experience teamwork and develop their social and early literacy skills. Grab some materials and create!



## Artsy Thursday

Children develop creativity, social skills, and fine muscles with open-ended art projects that let them make choices, use their imaginations, and create with their hands.



## Family Friday

Parents and families are children's first teachers. Family Friday focuses on engaging families to support our youngest learners.



Reprinted with permission from NAEYC.org



# The Healing Powers of Play

## Dealing with COVID-19 Trauma



? Why can't I play with my friends?  
? Why did grandpa die?  
? Are you going to die too?  
? Why are you home all day long?  
? Why can't I go to school?  
? ? ?

Children don't understand what is happening in this crazy Covid-19 world nor why their once safe, predictable life is suddenly upturned.

Consequently, children will naturally react to this uncertainty and abrupt change in their lives and routines. It is no surprise that the Covid-19 pandemic is causing trauma for some children, if not all children, in one way or another. Children simply do not understand why they feel the way they do.

### At home, or at school, traumatized children may show the following symptoms:

- Acting out** - Attention getting behaviors such as tantrums, destroying things, showing off, refusing to eat prepared meals.
- Aggression** - Grabbing toys from others, fighting more with siblings, or being mean to the family pet or younger siblings.
- Regression** - Bed wetting, using baby talk, refusing to sleep alone.
- Clinginess** - Not wanting to be alone, wanting to be held more frequently, insisting only mommy can give ideas or soothe problems.
- Withdrawal** - Abnormally quiet and/or wanting to be by him/herself, not wanting to play or eat, sleeping more.

What can we do to help children who may be traumatized by Covid-19 happenings? Make time for unstructured play! Whether at home and/or in the classroom, indoors and outdoors—nothing is more important than allowing the child to freely choose what to play. Provide a wide variety of props and toys, small and large. Set up a hospital in a corner of the classroom or bedroom. Add masks and doctor/nurse outfits for playing medical themes. Help children make their own props or locations

*"Nothing is more important than allowing the child to freely choose what to play."* by providing lots of materials like cardboard boxes, tape, markers, sewing materials, etc. Allow the child to take the lead in play themes because the child knows what is troubling them and will show you through his/her play. As the adult, listen, observe, and actively role-play with the child whatever the child directs you to be.

Children need plenty of time for unstructured, child-directed play, daily. Allow a minimum of 60 minutes inside and the same outside—longer if play is progressing well and the child is still interested in playing and extending the theme—especially during these traumatizing times. Don't skimp on outdoor play. It is extremely important for many reasons; including that children learn and experience things outdoors that they can't possibly learn indoors.

**We will all get through these troubling times. Play is the means to healing - both for your child and for you!**

Written by Marci Guddemi, Reprinted with permission from Community Playthings

For more suggestions and to read the full article, visit [www.communitypaythings.com](http://www.communitypaythings.com)

## Alabama Early Learning Guidelines (AELG) Session 1- Orientation

**Presenter:** GRECS Staff

**Age Group:** Infants, Toddlers, Preschool

GRECS Training Room, Mobile

April 7, 2021; 6:00pm - 8:00pm

**Basic Training Level**

2 hours / 0.2 CEUs

**CCDF:** 13, 17, 20

Registration Ends 4/3/21

**AL Pathways:** CGD

**CDA:** 8

**DHR:** CD

This basic-level, 18-hour course is broken down into 9, two-hour sessions. After completing the 18-hour course, you will receive an Alabama Early Learning Guidelines Credential from The Department of Human Resources **You must attend Session 1: Orientation before taking any other session.**

## Free Public Health and Safety: First Aid and CPR Training

GRECS Training Room, Mobile

April 8, 2021; 8:00am - 12:00pm

**Presenter:** Pamela Senters, RNC

**Age Group:** ALL

**Basic Training Level**

4 hours

**CCDF:** 10

Registration Ends 4/3/21

**AL Pathways:** HSN

**CDA:** 1

**DHR:** HSUP

Training is to provide participants with the practice and assimilation of skills to perform CPR and Basic First-aid with a certification from The Emergency Care and Safety Institute (ECSI).

## Resilience: Bouncing Back from Everyday Challenges (APT)

GRECS Training Room, Mobile

April 8, 2021; 6:00pm - 8:00pm

**Presenter:** Victoria Bolton

**Age Group:** Preschoolers

**Basic Training Level**

2 hours / 0.2 CEUs

**CCDF:** 13, 15

Registration Ends 4/3/21

**AL Pathways:** CGD, COA

**CDA:** 3, 7, 8

**DHR:** CD, PDG

Everyday life is full of challenges big and small. Using books, PBS KIDS videos, hands-on activities and apps, we learn how to nurture resilience skills in children to help them solve problems and better understand their feelings.

## Music to Our Ears: The Benefits of Music and Movement

GRECS Training Room, Mobile

April 12, 2021; 6:00pm - 8:00pm

**Presenter:** LaDanika York

**Age Group:** Infant, Toddler

**Basic Training Level**

2 hours / 0.2 CEUs

**CCDF:** 13, 20

Registration Ends 4/10/21

**AL Pathways:** CGD, LEE

**CDA:** 2, 3, 8

**DHR:** CD

This training will provide different developmentally appropriate activities, and books, that will demonstrate how music can be used to help children grow in the different areas of development.

## Prevention and Control of Infectious Diseases and Response to Emergencies Due to Food and Allergic Reaction/ Medication Administration

GRECS Training Room, Mobile

April 13, 2021; 8:30am - 11:30am

**Presenter:** Pamela Senters, RNC

**Age Group:** ALL

**Basic Training Level**

3 hours / 3 Contact Hours

**CCDF:** 1, 3, 4

Registration Ends 4/10/21

**AL Pathways:** HSN

**CDA:** 1

**DHR:** HSUP

In this session, Participants will define common ways germs are spread in child care centers as well as Identify situations which may require administration of medications in the child care setting and List the symptoms of allergies. Participants will receive 1 hour in each of the CCDF categories listed.

## Online Webinar: Outdoor Play and Designing Appropriate Play Spaces

ALL Counties, Webinar

April 13, 2021; 5:00pm - 6:00pm

**Presenter:** Savannah Partin

**Age Group:** Infant, Toddler, Preschool

**Intermediate Training Level**

1 hours/ 1 Contact Hour

**CCDF:** 13, 20

Registration Ends 4/13/21

**AL Pathways:** LEE

**CDA:** 2, 8

**DHR:** CD

In this webinar, participants will learn how to design outdoor play areas in a developmentally appropriate ways in order for ECE students to explore, engage, release energy, and come in contact with their natural world.

## Prevention of Shaken Baby Syndrome, Abusive Head Trauma, and SIDS. The Use of Safe Sleep Practices

GRECS Training Room, Mobile

April 15, 2021; 2:00pm - 4:00pm

**Presenter:** Pamela Senters, RNC

**Age Group:** ALL

**Basic Training Level**

2 hours / 2 Contact Hours

**CCDF:** 2, 6

Registration Ends 4/10/21

**AL Pathways:** HSN

**CDA:** 1

**DHR:** HSUP

This session will provide participants with essential information on Shaken Baby Syndrome and Abusive Head Trauma in a child care setting while also recognizing risks factors and prevention of Sudden Infant Death Syndrome in a day care or home day care setting, with emphasis on safe sleep.

## Get Kids Moving

GRECS Training Room, Mobile

April 15, 2021; 6:30pm - 8:30pm

**Presenter:** Vicki Giles

**Age Group:** ALL

**Basic Training Level**

2 hours / 0.2 CEUs

**CCDF:** 13, 17, 19, 20

Registration Ends 4/10/21

**AL Pathways:** CGD

**CDA:** 2, 8

**DHR:** CD

Get your children moving with simple, strategic activities that encourage movement both indoors and outdoors. We'll learn how physical activity supports brain development, motor development, academic achievement and lifelong health.



## Child Development Series: Positive Guidance

**Presenter:** Dr. Abigail Baxter

**Age Group:** ALL

**Advanced Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 13, 15

**AL Pathways:** LEE, CGD

**CDA:** 2, 3, 8

**DHR:** CD, PDG

GRECS Training Room, Mobile

**April 19, 2021; 6:00pm - 8:00pm**

**Registration Ends 4/13/21**

Managing the behavior of young children is difficult, however behavioral principles have one of the best evidence-based supports in the fields of education

## Preventing Child Abuse and Neglect in Early Childhood Settings

**Presenter:** Judy Cunningham

**Age Group:** Infants, Toddler

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 6, 11

**AL Pathways:** CGD, HSN, ICFC

**CDA:** 1, 3, 7

**DHR:** CD, HSUP

GRECS Training Room, Mobile

**April 20, 2021; 6:00pm - 8:00pm**

**Registration Ends 4/17/21**

This session is designed to help caregivers recognize, appropriately address, and prevent abuse and neglect in early child care. Participants will also discuss the prevention of Shaken Baby Syndrome and abusive head trauma.

## Director's Forum: Toybox Leadership

**Presenter:** Ann Sands/Vicki Giles

**Age Group:** ALL, Directors

**Intermediate Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 18, 20

**AL Pathways:** PPD, MA

**CDA:** 5, 6

**DHR:** AM, CCPF

GRECS Training Room, Mobile

**April 22, 2021; 9:00am - 11:00am**

**Registration Ends 4/17/21**

Participants will explore the basic ingredients necessary to be an effective leader of a quality program and to create a more effective workplace that maximizes team spirit and incorporates the best values of the playroom.

## Communicating Effectively With Parents

**Presenter:** LaDanika York

**Age Group:** ALL

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 16

**AL Pathways:** PPD, ICFC

**CDA:** 4, 5, 6

**DHR:** CCPF

GRECS Training Room, Mobile

**April 22, 2021; 6:00pm - 8:00pm**

**Registration Ends 4/17/21**

Learn how to successfully communicate with parents! This training will provide participants with communication tools and strategies.

## Storytime Is More Than Books

**Presenter:** Facethia Hogue

**Age Group:** Infants, Toddlers, Preschool

**Intermediate Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 13

**AL Pathways:** CGD, LEE

**CDA:** 2, 8

**DHR:** CD, LD

GRECS Training Room, Mobile

**April 24, 2021; 9:00am - 11:00am**

**Registration Ends 4/17/21**

Participants will be able to explore diverse ways to bring stories to life with props and materials that are compatible to books.

## Addressing Homelessness: The Role of the Early Childhood Educator

**Presenter:** Virginia Mostellar

**Age Group:** ALL

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 12

**AL Pathways:** CGD, ICFC

**CDA:** 2, 4

**DHR:** CD, CCPF

GRECS Training Room, Mobile

**April 27, 2021; 10:00am - 12:00pm**

**Registration Ends 4/24/21**

This training will help participants gain a better understanding of the definition of homelessness according to the McKinney-Vento Act while becoming familiar with the often unseen but growing prevalence of homelessness in Alabama.

## Introduction to the Child Development Associate Credential (CDA)

**Presenter:** LaDanika York

**Age Group:** ALL

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 20

**AL Pathways:** PPD

**CDA:** 6

**DHR:** QCCL, CCPF

GRECS Training Room, Mobile

**April 27, 2021; 6:30pm - 8:30pm**

**Registration Ends 4/24/21**

This introduction is designed for any professional early child care educator considering applying for the CDA Credential. This session will answer the most frequently asked questions, and address eligibility requirements and questions about applying. Participants will gain a solid sense of the credentialing process.

## Creating Zones: Ways to Reduce Behavior Problems

**Presenter:** Desira Keith

**Age Group:** ALL

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 15, 20

**AL Pathways:** CGD, LEE

**CDA:** 1, 2, 8

**DHR:** CD, PDG

GRECS Training Room, Mobile

**April 29, 2021; 6:00pm - 8:00pm**

**Registration Ends 4/24/21**

Participants will discuss how the physical environment can support and promote children's development while decreasing behavior issues.

## Child Development Series : Motor

**Presenter:** Abigail Baxter **Age Group:** ALL  
**Intermediate Training Level** 2 hours / 0.2 CEUs **CCDF:** 13, 15, 17, 20  
**AL Pathways:** CGD, LEE, ICFC **CDA:** 2, 3, 6, 8 **DHR:** CD, HSUP

GRECS Training Room, Mobile  
**May 3, 2021; 6:00pm - 8:00pm**  
**Registration Ends 5/1/21**

Participants will discuss developmentally appropriate activities that foster physical development and build self-esteem. The activities are built around developmental motor milestones and are flexible enough to encourage skill development for a variety of learners.

## Who is Taking Care of You? (APT)

**Presenter:** Kim Johnson **Age Group:** ALL  
**Basic Training Level** 2 hours / 0.2 CEUs **CCDF:** 15  
**AL Pathways:** PPD **CDA:** 1, 6 **DHR:** CCPF, QCCL

GRECS Training Room, Mobile  
**May 4, 2021; 6:00pm - 8:00pm**  
**Registration Ends 5/1/21**

Self-care is not selfish. You can't take care of others unless you take care of you. It's about making choices on how to most effectively spend your time and energy. We will explore what you can do to take care of yourself, recognize your limits, and accept yourself.

## Creating Literacy-Rich Environments

**Presenter:** Desira Keith **Age Group:** Preschool  
**Intermediate Training Level** 2 hours / 0.2 CEUs **CCDF:** 13, 20  
**AL Pathways:** CGD, LEE **CDA:** 2, 8 **DHR:** CD, LD

GRECS Training Room, Mobile  
**May 6, 2021; 6:00pm - 8:00pm**  
**Registration Ends 5/1/21**

Learn simple strategies for using environmental print in the classroom to enhance children's interest in language and literacy.

## Getting Started 2021

**Presenter:** GRECS Staff **Age Group:** ALL  
**Basic Training Level** 12 hours / 1.2 CEUs **CCDF:** 1, 7, 9, 13, 15, 17, 20  
**AL Pathways:** CGD, ICFC, LEE, HSN, PPD **CDA:** 1, 2, 3, 4, 5, 6, 8 **DHR:** HSUP, CD, CCPF, LD, QCCL, PDG

GRECS Training Room, Mobile  
**May 11-13, 2021; 8:30am - 12:30pm**  
**Registration Ends 5/8/21**

This basic-level, 12 hour course is broken down into (3), four-hour segments. The training you receive will meet Alabama Department of Human Resources' 12-hour training requirement to work in child care. **You must attend all sessions and will receive credit in all DHR categories.**

## Moving From Sensory Overload to Sensory Engagement in the Early Childhood Classroom

**Presenter:** Virginia Mostellar **Age Group:** ALL  
**Intermediate Training Level** 2 hours / 0.2 CEUs **CCDF:** 13, 19  
**AL Pathways:** CGD, LEE **CDA:** 1, 2, 3, 8 **DHR:** CD

GRECS Training Room, Mobile  
**May 11, 2021; 6:00pm - 8:00pm**  
**Registration Ends 5/8/21**

This workshop will include information about chaotic classroom environments and ways to move from sensory overload to sensory engagement through the use of light, which can reduce challenging behavior and increase learning.

## Recognizing and Reporting Child Abuse and Neglect and Managing Challenging Behaviors in the Child Care Setting

**Presenter:** Pamela Senters, RNC **Age Group:** ALL  
**Basic Training Level** 2 hours / 2 Contact Hours **CCDF:** 11, 13  
**AL Pathways:** HSN **CDA:** 1 **DHR:** HSUP, PDG

Training Room, Foley  
**May 12, 2021; 5:00pm - 7:00pm**  
**Registration Ends 5/8/21**

Participants will discuss essential information on how to recognize and report child abuse and neglect.

## Online Webinar: DIY Gardening on a Budget (APT)

**Presenter:** APT Staff **Age Group:** Preschool  
**Basic Training Level** 2 hours / 2 Contact Hours **CCDF:** 13  
**AL Pathways:** CGD, LEE, HSN **CDA:** 1, 3 **DHR:** CD, LD

ALL Counties, Webinar  
**May 13, 2021; 6:00pm - 8:00pm**  
**Registration Ends 5/13/21**

In this workshop, we will discuss ways to plant and grow vegetables and herbs, indoors and outdoors, with simple, but cost-effective materials.

## Free Public Health and Safety: First Aid and CPR Training

**Presenter:** Pamela Senters, RNC **Age Group:** ALL  
**Basic Training Level** 4 hours **CCDF:** 10  
**AL Pathways:** HSN **CDA:** 1 **DHR:** HSUP

GRECS Training Room, Mobile  
**May 14, 2021; 8:00am - 12:00pm**  
**Registration Ends 5/8/21**

Training is to provide participants with the practice and assimilation of skills to perform CPR and Basic First-aid with a certification from The Emergency Care and Safety Institute (ECSI).

## Make It Messy!

**Presenter:** Vicki Giles

**Age Group:** Preschool, School-Age

**Intermediate Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 13, 19

**AL Pathways:** CGD, LEE

**CDA:** 2, 8

**DHR:** CD

Get ready to get messy! In this hands-on session, participants will explore chemical reactions, density, and surface tension using simple, everyday materials.

GRECS Training Room, Mobile

May 15, 2021; 9:00am - 11:00am

Registration Ends 5/8/21

## Building and Physical Premises Safety/ Handling and Storage of Hazardous Materials

**Presenter:** Pamela Senters, RNC

**Age Group:** ALL

**Basic Training Level**

**2 hours / 2 Contact Hours**

**CCDF:** 5, 8

**AL Pathways:** HSN

**CDA:** 1

**DHR:** HSUP

Participants will discuss essential information on ways to identify potential risks and promote building and physical premises safety in the child care setting including Electrical Hazards, Bodies of Water, Vehicular Traffic, Playground Safety, and Sun Safety. Participants will also review essential information on handling and storing hazardous materials in the child care setting.

GRECS Training Room, Mobile

May 17, 2021; 12:00pm - 2:00pm

Registration Ends 5/14/21

## Prevention of Shaken Baby Syndrome, Abusive Head Trauma, and SIDS. The Use of Safe Sleep Practices

**Presenter:** Pamela Senters, RNC

**Age Group:** ALL

**Basic Training Level**

**2 hours / 2 Contact Hours**

**CCDF:** 2, 6

**AL Pathways:** HSN

**CDA:** 1

**DHR:** HSUP

This session will provide participants with essential information on Shaken Baby Syndrome and Abusive Head Trauma in a child care setting while also recognizing risks factors and prevention of Sudden Infant Death Syndrome in a day care or home day care setting, with emphasis on safe sleep.

GRECS Training Room, Mobile

May 17, 2021; 4:00pm - 6:00pm

Registration Ends 5/14/21

## Child Development Series : Language

**Presenter:** Abigail Baxter

**Age Group:** ALL

**Intermediate Training Level**

**2 Contact Hours**

**CCDF:** 13, 15, 17, 20

**AL Pathways:** CGD, LEE, ICFC

**CDA:** 2, 3, 6, 8

**DHR:** CD, LD

In this session, participants will discuss how to promote oral language development across the curriculum with reflection questions, a list of top resources, and activities.

ALL Counties, Webinar

May 17, 2021; 6:00pm - 8:00pm

Registration Ends 5/17/21

## Hello Spring!

**Presenter:** Vicki Giles

**Age Group:** Preschool, School-Age

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 13, 19

**AL Pathways:** CGD, LEE

**CDA:** 2, 8

**DHR:** CD, LD

Say "hello" to all things Spring as we explore literature, songs and process art activities that introduce young children to the seasonal changes of Spring.

GRECS Training Room, Mobile

May 18, 2021; 6:00pm - 8:00pm

Registration Ends 5/15/21

## Director's Forum - Strengthening Business Practices: Recruiting and Retaining Staff

**Presenter:** Ann Sands/Vicki Giles

**Age Group:** ALL

**Intermediate Training Level**

**3 hours / 0.3 CEUs**

**CCDF:** 18

**AL Pathways:** MA, PPD

**CDA:** 1, 5, 6

**DHR:** AM, PDG

The purpose of this training is to strengthen child care providers' understanding of staff recruitment tools, organizational staff support systems, and elements necessary to support retention of talented staff.

GRECS Training Room, Mobile

May 20, 2021; 9:30am - 12:30pm

Registration Ends 5/15/21

## Kids and Allergies: What to Look For (APT)

**Presenter:** LaDanika York

**Age Group:** ALL

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 4

**AL Pathways:** HSN

**CDA:** 1

**DHR:** HSUP

This training will identify what to look for and how to treat common food and environmental allergies.

GRECS Training Room, Mobile

May 20, 2021; 6:00pm - 8:00pm

Registration Ends 5/15/21

## Appropriate Pre-Cautions in Transporting Children/Emergency Preparedness/ Response Planning for Natural or Man-Caused Events

**Presenter:** Pamela Senters, RNC

**Age Group:** ALL

**Basic Training Level**

**2 hours / 2 Contact Hours**

**CCDF:** 7, 9

**AL Pathways:** HSN

**CDA:** 1

**DHR:** HSUP, PDG

Participants will be more aware of potential disaster situations in early childhood programs, and to discuss appropriate responses to those situations.

GRECS Training Room, Mobile

May 21, 2021; 9:00am - 11:00am

Registration Ends 5/15/21



April  
May  
June  
2021

# Calendar of Events

A Pull-Out Section for Posting & Copying!



## Webinars Offered for

**April, May and June 2021**

These webinars are offered through ZOOM.us and you will be able to register for these session through our online portal on our website at [www.grecs.org](http://www.grecs.org). All webinars are offered for all counties and centers who are interested and are free of charge! Contact hours will be offered for each session and can be found in your student profile upon completion!

**Check out our YOUTUBE page to learn how to register today!**

**April 13** - Outdoor Play and Designing Appropriate Play Spaces; 5:00p-6:00p; All Counties; Webinar

**May 13** - DIY Gardening On a Budget (APT); 6:00p-8:00p; All Counties; Webinar

**May 17** - Child Development Series: Language; 6:00p-8:00p; All Counties; Webinar

**May 25** - Water Safety; 6:00p-8:00p; All Counties; Webinar

**June 1** - Fun in the Sun! Sensory and Messy Play with Infants and Toddlers; 5:00p-6:00p; All Counties; Webinar

**June 7** - Child Development Series: Cognition; 6:00p-8:00p; All Counties; Webinar

**June 29** - The Power of Process Art; 5:00p-6:00p; All Counties; Webinar

More webinars will be offered through out the quarter! Be sure to regularly check our website and social media pages for updates!

## Getting Started 2021

We will introduce you to the foundational information you need to provide safe environments, nurturing interactions & developmentally appropriate experiences for the children in your care. This basic- level, 12 hour course is broken down into (3), four-hour segments. The training you receive will meet Alabama Department of Human Resources' 12-hour training requirement to work in child care. **You must attend all sessions and will receive credit in all DHR categories.** (Presenter: GRECS Staff; DHR: CD, CCPE, LD, QCCL, PDG, HSUP; Alabama Pathways: CGD, ICFC, LEE, HSN, PPD; CDA: 1, 2, 3, 4, 5, 6, 8; CCDF: 1, 7, 9, 13, 15, 17, 20; Basic Training Level; 12 hours/1.2 CEUs; Appropriate for ALL Age Groups)

**May 11, 12, 13, 2021**

**8:30am-12:30pm**

**GRECS Training Room**


## Preschool Course 2021

Working with preschool children is an exciting, unique experience! During the preschool years, children are busy developing skills, using language and expressing a deep interest in the world around them. This informative 12-hour training course for experienced preschool teachers promotes ways to interact and respond to preschool children through planned experiences that support individual development in a quality early care and education setting. **You must attend both days to receive credit.** (Presenter: GRECS Staff; DHR: CD, QCCL, PDG, LD, CCPE, HSUP; Alabama Pathways: CGD, LEE, DIV, HSN, ICFC, PPD; CDA: 1, 2, 3, 4, 6, 8; CCDF: 4, 7, 13, 15; Intermediate Training Level; 12 hours/1.2 CEUs; Age Group: Preschool)

**Tuesdays, June 8 AND 15, 2021**

**8:30am-3:30pm**

**GRECS Training Room**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>April 2021</h1>  </div>						
<div>  <p><b>READ CAREFULLY - IMPORTANT INFORMATION!</b></p> <p>Beginning October 2017, GRECS will be using an online service, ABC SignUp, for training class registrations. You will need to set up a free account with a valid e-mail address before registering. AN E-MAIL ADDRESS CAN ONLY BE USED FOR ONE PERSON.</p> <p><a href="http://www.grecs.org">www.grecs.org</a></p> </div>						
5	12 Music to Our Ears: The Benefits of Music and Movement; 6:00p-8:00p; <b>Mobile</b>	13 Prevention and Control of Infectious Diseases and Response to Emergencies Due to Food and Allergic Reactions / Medication Administration; 8:30a-11:30a; <b>Mobile</b>  Outdoor Play and Designing Appropriate Play Spaces; 5:00p- 6:00p; <b>All Counties; Webinar</b>	7 Alabama Early Learning Guidelines (AELG) Session 1 – Orientation; 6:00pm-8:00pm; <b>Mobile</b>	8 Free Public Health and Safety: First-Aid and CPR Training; 8:00a-12:00p; <b>Mobile</b>  Resilience: Bouncing Back from Everyday Challenges (APT); 6:00p-8:00p; <b>Mobile</b>	2 GRECS and EHS Closed for Good Friday	3 
6	12 Music to Our Ears: The Benefits of Music and Movement; 6:00p-8:00p; <b>Mobile</b>	13 Prevention and Control of Infectious Diseases and Response to Emergencies Due to Food and Allergic Reactions / Medication Administration; 8:30a-11:30a; <b>Mobile</b>  Outdoor Play and Designing Appropriate Play Spaces; 5:00p- 6:00p; <b>All Counties; Webinar</b>	7 Alabama Early Learning Guidelines (AELG) Session 1 – Orientation; 6:00pm-8:00pm; <b>Mobile</b>	8 Free Public Health and Safety: First-Aid and CPR Training; 8:00a-12:00p; <b>Mobile</b>  Resilience: Bouncing Back from Everyday Challenges (APT); 6:00p-8:00p; <b>Mobile</b>	9	10
12 Music to Our Ears: The Benefits of Music and Movement; 6:00p-8:00p; <b>Mobile</b>	13 Prevention and Control of Infectious Diseases and Response to Emergencies Due to Food and Allergic Reactions / Medication Administration; 8:30a-11:30a; <b>Mobile</b>  Outdoor Play and Designing Appropriate Play Spaces; 5:00p- 6:00p; <b>All Counties; Webinar</b>	14 (AELG) Session 2; 6:00pm-8:00pm; <b>Mobile</b>  Work Together Wednesday- #WOYC2021	15 Prevention of Shaken Baby Syndrome, Abusive Head Trauma, and SIDS. The Use of Safe Sleep Practices; 2:00p-4:00p; <b>Mobile</b>  Get Kids Moving; 6:30p-8:30p; <b>Mobile</b>	16	Family Friday- #WOYC2021	17 
19 Child Development Series: Positive Guidance; 6:00p-8:00p; <b>Mobile</b>	20 Preventing Child Abuse and Neglect in Early Childhood Settings; 6:00pm-8:00pm; <b>Mobile</b>	21 (AELG) Session 3; 6:00pm-8:00pm; <b>Mobile</b>	22 Director's Forum: Toybox Leadership; 10:00a-12:00p; <b>Mobile</b>  Communicating Effectively With Parents; 6:00p-8:00p; <b>Mobile</b>	23	24 Storytime Is More Than Books; 9:00a-11:00a; <b>Mobile</b>	24 
26	27 Addressing Homelessness: The Role of the Early Childhood Educator; 10:00a-12:00p; <b>Mobile</b>  Introduction to the Child Development Associate Credential (CDA); 6:30p-8:30p; <b>Mobile</b>	28 (AELG) Session 4; 6:00pm-8:00pm; <b>Mobile</b>	29 Creating Zones: Ways to Reduce Behavior Problems; 6:00pm-8:00pm; <b>Mobile</b>	30		


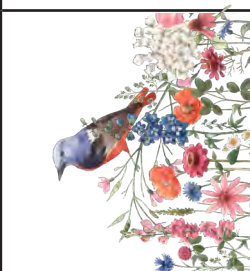



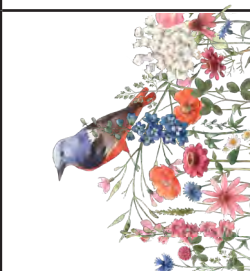
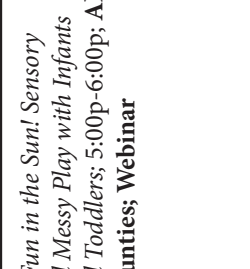
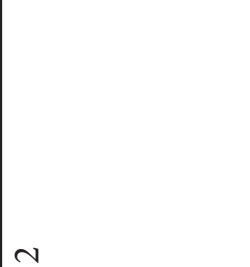
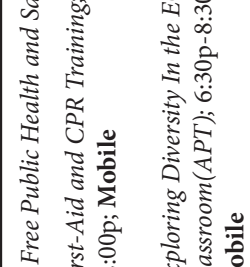
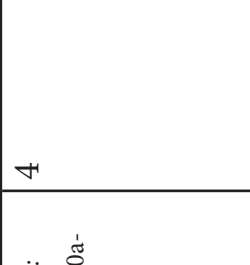



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>*All classes in Mobile County will be held at Gulf Regional Early Childhood Services unless noted otherwise.</b></p> <p>3100 Cottage Hill Rd; Building 4, Suite 400 Mobile, AL 36606; 251-473-1060 <a href="http://www.greecs.org">www.greecs.org</a></p> <p><b>Gulf Regional Early Childhood Services</b></p>	<p><b>10</b></p> <p><b>3 Child Development Series: Motor; 6:00p-8:00p; Mobile</b></p>	<p><b>4 Who Is Taking Care of You? (APT); 6:00p-8:00p; Mobile</b></p>	<p><b>5 (AELG) Session 5; 6:00pm-8:00pm; Mobile</b></p>	<p><b>6 Creating Literacy-Rich Environments; 6:00p-8:00p; Mobile</b></p>	<p><b>7</b></p>	<p><b>8</b></p>
<p><b>17 Building and Physical Premises Safety/ Handling and Storage of Hazardous Materials; 12:00p-2:00p; Mobile</b></p> <p><i>Prevention of Shaken Baby Syndrome, Abusive Head Trauma, and SIDS. The Use of Safe Sleep Practices; 4:00p-6:00p; Mobile</i></p> <p><i>Child Development Series: Language; 6:00p-8:00p; All Counties; Webinar</i></p>	<p><b>11 Getting Started 2021 (Day 1); 8:30a-12:30p; Mobile</b></p> <p><i>Moving From Sensory Overload to Sensory Engagement in the Early Childhood Classroom; 6:00p-8:00p; Mobile</i></p>	<p><b>12 Getting Started 2021 (Day 2); 8:30a-12:30p; Mobile</b></p> <p><i>Recognizing and Reporting Child Abuse and Neglect and Managing Challenging Behaviors in the Child Care Setting/ Autism; 5:00p-7:00p; Foley</i></p> <p><i>(AELG) Session 6; 6:00pm-8:00pm; Mobile</i></p>	<p><b>13 Getting Started 2021 (Day 3); 8:30a-12:30p; Mobile</b></p> <p><i>DIY Gardening on a Budget (APT); 6:00pm-8:00pm; All Counties; Webinar</i></p>	<p><b>14 Free Public Health and Safety: First-Aid and CPR Trainings; 8:00a-12:00p; Mobile</b></p>	<p><b>15 Make It Messy!; 9:00a-11:00a; Mobile</b></p>	
	<p><b>18 Hello Spring!; 6:00p-8:00p; Mobile</b></p>	<p><b>19 (AELG) Session 7; 6:00pm-8:00pm; Mobile</b></p>	<p><b>20 Director's Forum – Strengthening Business Practices: Recruiting and Retaining Staff; 9:30a-12:30p; Mobile</b></p> <p><i>Kids and Allergies: What to Look For (APT); 6:00p-8:00p; Mobile</i></p>	<p><b>21 Appropriate Precautions in Transporting Children/ Emergency Preparedness/ Response Planning for Natural or Man-Caused Events; 9:00a-11:00a; Mobile</b></p>	<p><b>22</b></p>	
	<p><b>24</b></p>	<p><b>25 Infant/Toddler and Early Childhood Environment Rating Scale- Revised (ITERS-R/ECERS-R); 9:00a-12:00p; Mobile</b></p> <p><i>Water Safety; 6:00p-8:00p; All Counties; Webinar</i></p>	<p><b>26 (AELG) Session 8; 4:00pm-6:00pm; Mobile</b></p> <p><i>(AELG) Session 9; 6:00pm-8:00pm; Mobile</i></p>	<p><b>27 Positive Guidance for Toddlers and Preschoolers; 6:00p-8:00p; Mobile</b></p>	<p><b>28</b></p>	<p><b>29</b></p>
<p><b>31</b></p> <p><b>GRECS and EHS Closed for Memorial Day</b></p>						

# READ CAREFULLY - IMPORTANT!

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[www.greecs.org](http://www.greecs.org)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																										
		<b>1</b> <i>Fun in the Sun! Sensory and Messy Play with Infants and Toddlers</i> ; 5:00p-6:00p; <b>All Counties; Webinar</b>	<b>2</b>	<b>3</b> <i>Free Public Health and Safety: First-Aid and CPR Training</i> ; 8:00a-12:00p; <b>Mobile</b>  <i>Exploring Diversity In the ECE Classroom(APT)</i> ; 6:30p-8:30p; <b>Mobile</b>	<b>4</b>	<b>5</b>																																										
		<b>7</b> <i>Child Development Series: Cognition</i> ; 6:00p-8:00p; <b>All Counties; Webinar</b>	<b>8</b> <i>Preschool Course 2021</i> ; 8:30a-3:30p; <b>Mobile</b>  <i>Fit, Flexible, Fun- Preventing Childhood Obesity</i> ; 6:00p-8:00p; <b>Mobile</b>	<b>9</b>	<b>10</b> <i>Prevention and Control of Infectious Diseases and Response to Emergencies Due to Food and Allergic Reactions / Medication Administration</i> ; 8:30a-11:30a; <b>Mobile</b>  <i>Welcome to Your Classroom: Creating an Environment for All Children to be Successful(APT)</i> ; 6:00p-8:00p; <b>Mobile</b>	<b>11</b>	<b>12</b>																																									
		<b>14</b> <i>Building and Physical Premises Safety/ Handling and Storage of Hazardous Materials</i> ; 5:00p-7:00p; <b>Mobile</b>	<b>15</b> <i>Preschool Course 2021</i> ; 8:30a-3:30p; <b>Mobile</b>  <i>Good Clean Fun: Science with Soap and Water</i> ; 6:00p-8:00p; <b>Mobile</b>	<b>16</b> 	<b>17</b> <i>Prevention of Shaken Baby Syndrome, Abusive Head Trauma, and SIDS. The Use of Safe Sleep Practices</i> ; 9:00a-11:00a; <b>Mobile</b>  <i>Baby Lets Go Outside!</i> ; 6:00p-8:00p; <b>Mobile</b>	<b>18</b>	<b>19</b>																																									
		<b>21</b> <i>Child Development Series: Adaptive</i> ; 6:00pm-8:00p; <b>Mobile</b>	<b>22</b> <i>Little Hands Can do Big Things (APT)</i> ; 6:30p-8:30p; <b>Mobile</b>	<b>23</b> <i>Did You Hear What I Said? How to Communicate Effectively (APT)</i> ; 6:30p-8:30p; <b>Mobile</b>	<b>24</b> <i>Director's Forum: Recognizing and Reporting Child Abuse and Neglect and Managing Challenging Behaviors in the Child Care Setting/ Autism</i> ; 9:00a-11:00a; <b>Mobile</b>  <i>Appropriate Pre-Cautions in Transporting Children/Emergency Preparedness/Response Planning for Natural or Man-Caused Events</i> ; 2:00p-4:00p; <b>Mobile</b>	<b>25</b>	<b>26</b> 																																									
<div></div> <div><b>READ CAREFULLY - IMPORTANT INFORMATION!</b> Beginning October 2017, GRECS will be using an online service, ABC SignUp, for training class registrations. You will need to set up a free account with a valid e-mail address before registering. AN E-MAIL ADDRESS CAN ONLY BE USED FOR ONE PERSON. <a href="http://www.grecs.org">www.grecs.org</a></div>							<div></div> <div><b>28</b> <i>Child Development Series: Social/Emotional</i>; 6:00p-8:00p; <b>Mobile</b></div> <div><b>29</b> <i>Introduction to the Child Development Associate Credential (CDA)</i>; 6:30p-8:30p; <b>Mobile</b>  <i>The Power of Process Art</i>; 5:00p-6:00p; <b>All Counties; Webinar</b></div> <div><b>30</b> <i>From Birth: The Reading Journey</i>; 6:30p-8:30p; <b>Mobile</b></div>							<div></div> <div><b>June 2021</b></div>							<div></div>							<div></div>							<div></div>							<div></div>						



## Infant/Toddler and Early Childhood Environment Rating Scale-Revised (ITERS-R/ECERS-R) GRECS Training Room, Mobile

**Presenter:** GRECS Staff

**Age Group:** Infant, Toddler, Preschool

**May 25, 2021; 9:00am - 12:00pm**

**Basic Training Level**

**3 hours / 0.3 CEUs**

**CCDF: 18, 20**

**Registration Ends 5/22/21**

**AL Pathways:** CGD, LEE, PPD, HSN, DIV, MA, COA, ICFC

**CDA: 1, 2, 3, 4, 5, 6, 7, 8**

**DHR: CD, QCCL, ADM**

Learners will be introduced to the ITERS-R and ECERS-R, which is designed to assess center-based child care programs. Participants will be introduced to items in each of 7 subscales.

## Water Safety

**ALL Counties, Webinar**

**Presenter:** Avery Fick

**Age Group:** ALL

**May 25, 2021; 6:00pm - 8:00pm**

**Basic Training Level**

**2 Contact Hours**

**CCDF: 5, 7**

**Registration Ends 5/25/21**

**AL Pathways:** HSN, ICFC

**CDA: 1**

**DHR: HSUP**

In this training session, we'll cover best practices for having young children in and near the water.

## Positive Guidance for Toddlers and Preschoolers

**GRECS Training Room, Mobile**

**Presenter:** Victoria Bolton

**Age Group:** Toddler, Preschool

**May 27, 2021; 6:00pm - 8:00pm**

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF: 13, 15**

**Registration Ends 2/27/21**

**AL Pathways:** CGD, ICFC

**CDA: 2, 3, 8**

**DHR: PDG, CD**

Learn some easy, effective strategies for responding to children's behavior and helping children learn important skills for resolving their own conflicts.

*Training classes are listed in date order.*

## JUNE TRAINING 2021

### Online Webinar: Fun in the Sun! Sensory and Messy Play with Infants and Toddlers

**ALL Counties, Webinar**

**Presenter:** Savannah Partin

**Age Group:** Infant, Toddler, Preschool

**June 1, 2021; 5:00pm - 6:00pm**

**Basic Training Level**

**1 hours / 1 Contact Hour**

**CCDF: 13, 19**

**Registration Ends 6/1/21**

**AL Pathways:** LEE, CGD

**CDA: 2, 8**

**DHR: CD**

The participants will learn useful activities to engage infants and toddlers through messy- hands on play experiences.

### Free Public Health and Safety: First Aid and CPR Training

**GRECS Training Room, Mobile**

**Presenter:** Pamela Senters, RNC

**Age Group:** ALL

**June 3, 2021; 8:00am - 12:00pm**

**Basic Training Level**

**4 hours**

**CCDF: 10**

**Registration Ends 5/29/21**

**AL Pathways:** HSN

**CDA: 1**

**DHR: HSUP**

Training is to provide participants with the practice and assimilation of skills to perform CPR and Basic First-aid with a certification from The Emergency Care and Safety Institute (ECSI).

### Exploring Diversity in the ECE Classroom (APT)

**GRECS Training Room, Mobile**

**Presenter:** LaDanika York

**Age Group:** Preschoolers

**June 3, 2021; 6:00pm - 8:00pm**

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF: 15, 16**

**Registration Ends 5/29/21**

**AL Pathways:** DIV

**CDA: 3, 4**

**DHR: CD, LD, PDG**

Participants will discover that diversity is about more than differences; it is about similarities and differences combined – those characteristics that make us who we are.

### Child Development Series: Cognition

**ALL Counties, Webinar**

**Presenter:** Abigail Baxter

**Age Group:** ALL

**June 7, 2021; 6:00pm - 8:00pm**

**Intermediate Training Level**

**2 hours / 0.2 CEUs**

**CCDF: 13, 15, 17, 20**

**Registration Ends 5/7/21**

**AL Pathways:** CGD, LEE, ICFC

**CDA: 2, 3, 6, 8**

**DHR: CD, QCCL**

This session will help participants develop activities that include the facilitation of cognitive skills. Participants will learn from the instructor and other participants about effective activities for facilitating cognitive development.

### Preschool Course 2021

**GRECS Training Room, Mobile**

**Presenter:** GRECS Staff

**Age Group:** Preschool

**June 8 & 15, 2021; 8:30am - 3:30pm**

**Intermediate Training Level**

**12 hours / 1.2 CEUs**

**CCDF: 4, 7, 13, 15**

**Registration Ends 6/5/21**

**AL Pathways:** CGD, ICFC, LEE, HSN, PPD, DIV

**CDA: 1, 2, 3, 4, 6, 8**

**DHR: HSUP, CD, CCPF, LD, QCCL, PDG**

This informative 12-hour training course for experienced preschool teachers promotes ways to interact and respond to preschool children through planned experiences that support individual development in a quality early care and education setting. **You must attend all sessions and will receive credit.**

## Fit, Flexible, Fun - Preventing Childhood Obesity

**Presenter:** Avery Fick

**Age Group:** ALL

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 13, 19

**AL Pathways:** HSN

**CDA:** 1, 2, 8

**DHR:** HSUP

GRECS Training Room, Mobile

June 8, 2021; 6:00pm - 8:00pm

Registration Ends 6/5/21

During this session we will outline the causes and risks of Childhood Obesity and what we, as childcare professionals can do to prevent adding to the problem in the childcare setting.

## Prevention and Control of Infectious Diseases and Response to Emergencies Due to Food and Allergic Reaction/ Medication Administration

GRECS Training Room, Mobile

**Presenter:** Pamela Senters, RNC

**Age Group:** ALL

June 10, 2021; 8:30am - 11:30am

**Basic Training Level**

**3 hours / 3 Contact Hours**

**CCDF:** 1, 3, 4

Registration Ends 6/5/21

**AL Pathways:** HSN

**CDA:** 1

**DHR:** HSUP

In this session, Participants will define common ways germs are spread in child care centers as well as Identify situations which may require administration of medications in the child care setting and List the symptoms of allergies. Participants will receive 1 hour in each of the CCDF categories listed.

## Welcome to Your Classroom: Creating an Environment for All Children to Be Successful (APT)

GRECS Training Room, Mobile

**Presenter:** Kim Johnson

**Age Group:** Preschool

June 10, 2021; 6:00pm - 8:00pm

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 13, 15

Registration Ends 6/5/21

**AL Pathways:** COA, HSN, CGD, LEE

**CDA:** 1, 2, 3, 8

**DHR:** CD, HSUP, PDG

This training will discuss ways to consider how your classroom is set up, what learning materials are needed, and how to maintain a positive learning environment for all children to be successful.

## Building and Physical Premises Safety/ Handling and Storage of Hazardous Materials

GRECS Training Room, Mobile

**Presenter:** Pamela Senters, RNC

**Age Group:** ALL

June 14, 2021; 5:00pm - 7:00pm

**Basic Training Level**

**2 hours / 2 Contact Hours**

**CCDF:** 5, 8

Registration Ends 6/12/21

**AL Pathways:** HSN

**CDA:** 1

**DHR:** HSUP

Participants will discuss essential information on ways to identify potential risks and promote building and physical premises safety in the child care setting including Electrical Hazards, Bodies of Water, Vehicular Traffic, Playground Safety, and Sun Safety. Participants will also review essential information on handling and storing hazardous materials in the child care setting.

## Good Clean Fun: Science with Soap and Water

GRECS Training Room, Mobile

**Presenter:** Vicki Giles

**Age Group:** Preschool

June 15, 2021; 6:00pm - 8:00pm

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 13

Registration Ends 6/12/21

**AL Pathways:** CGD, LEE

**CDA:** 2, 8

**DHR:** CD, LD

Welcome to the SPLASH ZONE! Prepare to get BUBBLY! In this HANDS-ON session, we will explore ways to build physical knowledge using soap, water, and a few simple tools.

## Prevention of Shaken Baby Syndrome, Abusive Head Trauma, and SIDS. The Use of Safe Sleep Practices

GRECS Training Room, Mobile

**Presenter:** Pamela Senters, RNC

**Age Group:** ALL

June 17, 2021; 9:00am - 11:00am

**Basic Training Level**

**2 hours / 2 Contact Hours**

**CCDF:** 2, 6

Registration Ends 6/12/21

**AL Pathways:** HSN

**CDA:** 1

**DHR:** HSUP

This session will provide participants with essential information on Shaken Baby Syndrome and Abusive Head Trauma in a child care setting while also recognizing risks factors and prevention of Sudden Infant Death Syndrome in a day care or home day care setting, with emphasis on safe sleep.

## Baby Let's Go Outside

GRECS Training Room, Mobile

**Presenter:** Virginia Mostellar

**Age Group:** Infants

June 17, 2021; 6:00pm - 8:00pm

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 13, 17, 20

Registration Ends 6/12/21

**AL Pathways:** CGD, HSN, LEE

**CDA:** 1, 2, 8

**DHR:** CD, HSUP

Do babies really need to go outside to play? This course explores the why and the how of outdoor play for our youngest children.

## Child Development Series : Adaptive

GRECS Training Room, Mobile

**Presenter:** Abigail Baxter

**Age Group:** ALL

June 21, 2021; 6:00pm - 8:00pm

**Intermediate Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 13, 15, 17, 20

Registration Ends 6/19/21

**AL Pathways:** CGD, LEE, ICFC

**CDA:** 2, 3, 6, 8

**DHR:** CD, QCCL

Participants will discuss strategies for adaptation to include all children in your program and ways to accommodate children with special needs in your classroom.



## Little Hands Can Do Big Things (APT)

**Presenter:** Victoria Bolton

**Age Group:** School Age, Preschool

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 15, 20

**AL Pathways:** LEE, ICFC

**CDA:** 2, 3, 4, 5

**DHR:** CCPF

This training provides suggestions to help young children become giving contributors to their community. It may start with one child – but it may create a reaction of helping and loving.

GRECS Training Room, Mobile

June 22, 2021; 6:30pm - 8:30pm

Registration Ends 6/19/21

## Did You Hear What I Said? How to Communicate Effectively (APT)

**Presenter:** Desira Keith

**Age Group:** ALL

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 15, 20

**AL Pathways:** PPD, ICFC

**CDA:** 4, 6

**DHR:** CCPF, QCCL

Participants will discover ways to communicate effectively and respectfully in order to better navigate challenging conversations, explore realistic ways of managing expectations, and examine the ways in which professional relationships can be positively promoted and maintained in the child care setting.

GRECS Training Room, Mobile

June 23, 2021; 6:30pm - 8:30pm

Registration Ends 6/19/21

## Director's Forum: Recognizing and Reporting Child Abuse and Neglect and Managing Challenging Behaviors in the Child Care Setting

**Presenter:** Pamela Senters, RNC

**Age Group:** ALL

**Basic Training Level**

**2 hours / 2 Contact Hours**

**CCDF:** 11, 13

**AL Pathways:** HSN

**CDA:** 1

**DHR:** HSUP, PDG

Participants will discuss essential information on how to recognize and report child abuse and neglect.

GRECS Training Room, Mobile

June 24, 2021; 9:00am - 11:00am

Registration Ends 6/19/21

## Appropriate Pre-Cautions in Transporting Children/Emergency Preparedness/ Response Planning for Natural or Man-Caused Events

**Presenter:** Pamela Senters, RNC

**Age Group:** ALL

**Basic Training Level**

**2 hours / 2 Contact Hours**

**CCDF:** 7, 9

**AL Pathways:** HSN

**CDA:** 1

**DHR:** HSUP, PDG

Participants will be more aware of potential disaster situations in early childhood programs, and to discuss appropriate responses to those situations.

GRECS Training Room, Mobile

June 24, 2021; 2:00pm - 4:00pm

Registration Ends 6/19/21

## Child Development Series : Social/ Emotional

**Presenter:** Abigail Baxter

**Age Group:** ALL

**Intermediate Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 13, 15, 17, 20

**AL Pathways:** CGD, LEE, ICFC

**CDA:** 2, 3, 6, 8

**DHR:** CD, PDG

Professionals working in child care settings will discuss how to support the social-emotional development in various ways, including interacting directly with young children, communicating with families, arranging the physical space in the care environment, and planning and implementing curriculum.

GRECS Training Room, Mobile

June 28, 2021; 6:00pm - 8:00pm

Registration Ends 6/26/21

## Introduction to the Child Development Associate Credential (CDA)

**Presenter:** LaDanika York

**Age Group:** ALL

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 20

**AL Pathways:** PPD

**CDA:** 6

**DHR:** QCCL, CCPF

This introduction is designed for any professional early child care educator considering applying for the CDA Credential. This session will answer the most frequently asked questions, and address eligibility requirements and questions about applying. Participants will gain a solid sense of the credentialing process.

GRECS Training Room, Mobile

June 29, 2021; 6:30pm - 8:30pm

Registration Ends 6/26/21

## Online Webinar: The Power of Process Art

**Presenter:** Savannah Partin

**Age Group:** Preschool

**Basic Training Level**

**1 hours / 1 Contact Hour**

**CCDF:** 13

**AL Pathways:** LEE, CGD

**CDA:** 2, 8

**DHR:** CD

This webinar will identify key points to distinguish the power of process art in the ECE classroom.

ALL Counties, Webinar

June 29, 2021; 5:00pm - 6:00pm

Registration Ends 6/29/21

## From Birth: The Reading Journey

**Presenter:** Virginia Mostellar

**Age Group:** Infants, Toddlers, Preschoolers

**Basic Training Level**

**2 hours / 0.2 CEUs**

**CCDF:** 13, 16, 17, 20

**AL Pathways:** CGD, LEE, ICFC

**CDA:** 2, 3, 6, 8

**DHR:** CD, LD

This course explores the importance of relationships and interactions in the journey from birth to reading readiness.

GRECS Training Room, Mobile

June 30, 2021; 6:30pm - 8:30pm

Registration Ends 6/26/21

## **TRAINING LEGEND** DHR 2019

### **Training Levels**

**Basic** = Most appropriate for entry-level professionals who are new to early childhood and/or school-age care. Basic Level Training covers a foundational understanding and demonstration of developing skills.

**Intermediate** = Most appropriate for professionals who have at least (2) years of experience and 120 hours of training in child development, and are moving toward more formal education. Intermediate Level Training includes expanding knowledge and application, and refining skills.

**Advanced** = Most appropriate for professionals who have at least three (3) years of experience and 30 credit hours in child development. Advanced Level Training focuses on a more thorough knowledge and understanding of developmentally appropriate practice and highly effective application and demonstration of skills.

### **DHR Minimum Standards Training Areas**

CD = Child Development

HSUP = Health, Safety, and Universal Precautions

QCCL = Quality Child Care and Licensing

CCPF = Child Care Professional and the Family

LD = Language Development

PDG = Positive Discipline and Guidance

AM = Administration and Management

### **CDA (Child Development Associate) Subject Areas**

1. Planning a safe, healthy learning environment
2. Advancing children's physical and intellectual development
3. Supporting children's social and emotional development
4. Building productive relationships with families
5. Managing an effective program
6. Maintaining a commitment to professionalism
7. Observing and recording children's behavior
8. Understanding principles of child development and learning

### **Alabama Pathways Core Knowledge Areas (CKA)**

CGD = Child Growth and Development

HSN = Health, Safety and Nutrition

LEE = Learning Experiences and Enrichment

DIV = Diversity

COA = Child Observation and Assessment (Planning for Individual Needs)

ICFC = Interaction with Children, Families and Communities

PPD = Personal and Professional Development

MA = Management and Administration

### **CCDF Training Areas**

1. Prevention and control of infectious diseases (including immunizations)
2. Sudden Infant Death Syndrome (SIDS) prevention and use of safe sleep practices
3. Administration of medication
4. Prevention of and response to emergencies due to food and allergic reactions
5. Building and physical premises safety, including identifying electrical hazards, bodies of water, and vehicular traffic
6. Prevention of Shaken Baby Syndrome and abusive head trauma
7. Emergency preparedness and response planning for natural or man-caused events
8. Handling and storage of hazardous materials, including correct disposal of bio-contaminants
9. If applicable, appropriate precautions in transporting children
10. First-aid and CPR
11. Recognizing and reporting child abuse and neglect
12. Identifying and serving homeless children and their families
13. Promoting the social, emotional, physical, and cognitive development of children, including those related to nutrition and physical activity, using scientifically-based, developmentally appropriate and age appropriate strategies
14. Caring for children in geographic areas with significant concentrations of poverty and unemployment
15. Implementing behavior strategies, including positive behavior interventions and support models that promote positive social and emotional development and reduce challenging behaviors, including reducing expulsions of preschool-aged children for such behaviors
16. Engaging parents and families in culturally and linguistically appropriate ways to expand their knowledge, skills and capacity to be meaningful partners in supporting their children's positive development
17. Understanding early neurological development
18. Using data to guide program improvement
19. Supporting positive development of school-age children
20. Improving the quality of programs and services for infants and toddlers

### **Target Age Groups**

Infants = Birth to 12 months

Toddlers = 1 and 2 year olds

Preschoolers = 3 and 4 year olds

School-agers = 5 to 12 year olds

ALL = Infants, Toddlers, Preschoolers, and School-agers





# Alabama Early Learning Guidelines (AELG)

Children grow, develop, and learn throughout their lives. Alabama's Early Learning Guidelines are presented as a guide of building blocks that are important to support early care and to educate providers in preparing each child for future success in school and life. This basic-level, 18-hour course is broken down into 9, two-hour sessions. After completing the 18-hour course, you will receive an Alabama Early Learning Guidelines Credential from The Department of Human Resources.

**You must attend Session 1: Orientation before taking any other session.**

**(AELG) Session 1- Orientation: April 7, 2021 | 6:00pm-8:00pm**

**(AELG) Session 2- Observation: April 14, 2021 | 6:00pm-8:00pm**

**(AELG) Session 3- The Role of Parent and Caregiver: April 21, 2021 | 6:00pm-8:00pm**

**(AELG) Session 4- Self-Concept and Emotional Development: April 28, 2021 | 6:00pm-8:00pm**

**(AELG) Session 5- Social Development: May 5, 2021 | 6:00pm-8:00pm**

**(AELG) Session 6- Language and Literacy: May 12, 2021 | 6:00pm-8:00pm**

**(AELG) Session 7- Physical Development: May 19, 2021 | 6:00pm-8:00pm**

**(AELG) Session 8- Cognitive Development: May 26, 2021 | 4:00pm-6:00pm**

**(AELG) Session 9- Putting it All Together: May 26, 2021 | 6:00pm-8:00pm**



## APT SPRING ONLINE TRAINING

Each Quarter, Alabama Public Television™ offers free online training for anyone interested in expanding their professional development! We encourage you to check out what they have in store and register directly through their website,

<https://aptv.org/education/learn-online/>

Registration opens on their website March 8, 2021

ALABAMA EARLY LEARNING GUIDELINES: **APRIL 5, 2021 – MAY 24, 2021**

CDA CREDENTIAL: AN INTRODUCTION **APRIL 12, 2021 – MAY 24, 2021**

CHARACTER EDUCATION: LIFE'S LITTLE LESSONS WITH DANIEL TIGER AND FRIENDS: **APRIL 12, 2021 – MAY 24, 2021**

EARLY BRAIN DEVELOPMENT AND THE LASTING IMPORTANCE OF CAREGIVER-CHILD RELATIONSHIPS **APRIL 12, 2021 – MAY 24, 2021**

WHO IS TAKING CARE OF YOU? (ON DEMAND 2-HOUR COURSE)





## APRIL IS CHILD ABUSE PREVENTION MONTH!

National Child Abuse Prevention Month is a time to acknowledge the importance of families and communities working together to prevent abuse and neglect, and to promote the social and emotional well-being of children and families.

Please join GRECS and The Alabama Department of Child Abuse and Neglect Prevention, "The Children's Trust Fund", in advocating for children and the strengthening of families in an effort to provide children with happier, healthier, safer lives. Together we can make a difference for Alabama families.

### APRIL ACTIVITIES

**Wear Blue Day** - Blue is the color of prevention, and everyone is encouraged to participate in the national "Wear Blue Day" on **Thursday, April 1st!** By wearing blue, people throughout the state can demonstrate an awareness of and commitment to our shared responsibility for the physical, emotional, and mental well-being of the children and families in our communities.

**Pinwheel Garden** - Pinwheels are the national symbol for child abuse prevention by representing by representing the happy, healthy childhoods that all children deserve. GRECS will plant a pinwheel garden to kick off Child Abuse Prevention Month. Let's watch them whirl!

**Paint the Town Blue** - Get creative in ways you can showcase the color blue! Be prepared to see blue ribbons and bows when you visit GRECS during the month of April.



## The Resource Place



Gulf Regional  
Early Childhood Services

Call today to make your appointment to visit us!

**All of our items have been sanitized and are ready for you to check out to take with you for use in your classroom or home daycare facility!**

**Browse our comprehensive lending library and work room where you'll find:**

**Children's Books \* Teacher Resource Books \* Outdoor Play Materials \* Manipulatives \* Puzzles \* Puppets \* Big Books  
Laminating Machine \* Bulletin board paper, and more!!**

**Call 251-473-1060**

**Open: Tuesday - Thursday 9a - 4p**

3100 Cottage Hill Rd., Bldg. 4., Ste. 400, Mobile, AL 36606



# Child Development Series

PRESENTED BY

**DR. ABIGAIL BAXTER**

*PH.D. DEVELOPMENTAL PSYCHOLOGY/ASSESSMENT, PEABODY COLLEGE OF VANDERBILT UNIVERSITY, 1990*



The early years of a child's life are very important for his or her health and development. Parents, health professionals, educators, and others can work together as partners to help children grow up to reach their full potential. In this series you will be able to learn about the different areas of child development and how to implement and teach these strategies to our kids. ( DHR: CD, LD, PDG, QCCL, CCPF, HSUP | CDA:2, 3, 6, 8 | Pathways: CGD, LEE, ICFC | CCDF:13, 15, 17, 20 Target Age group: ALL) *This 12-hour series is taught in six 2-hour sessions. You may attend some or all sessions and will earn 2 hours training credit per session.*

- **Child Development: Positive Guidance** | Monday, April 19 | 6:00-8:00
- **Child Development: Motor** | Monday, May 3 | 6:00-8:00
- **Child Development: Language** | Monday, May 17 | 6:00-8:00 **Webinar**
- **Child Development: Cognition** | Monday, June 7 | 6:00-8:00 **Webinar**
- **Child Development: Adaptive** | Monday, June 21 | 6:00-8:00
- **Child Development: Social/Emotional** | Monday, June 28 | 6:00-8:00



## Special Delivery Courses

*Please Contact: Hannah Presley  
251-473-1060 Ext 101*

We are offering special delivery courses for the following sessions:

- Infant/Toddler Environment Rating Scale- Revised (ITERS-R)
- Early Childhood Environment Rating Scale - Revised ECERS-R)
- Program Administration Scale (PAS)
- Family Child Care Environment Rating Scale - Revised (FCCERS-R)  
**\*\*For Family Daycare Homes ONLY\*\***
- Business Administration Scale (BAS)  
**\*\*For Family Daycare Homes ONLY\*\***

Please Contact Hannah Presley  
for more details on how you can schedule a training!



*Please Call:  
251-473-1060 Ext 101*

## CPR & First Aid Training on Saturdays!

On the second Saturday of every month, our friends at Complete Safety Works are offering Heart Saver First Aid and Adult, Child & Infant CPR/AED training!

*You must register through and make payment to Complete Safety Works.*

First Aid - \$45 | CPR - \$45

Both First Aid & CPR - \$55

**Contact Complete Safety Works for more info.**

90 N Sage Avenue

Mobile, AL 36607

251-479-6788





**Gulf Regional Childcare Management Agency, Inc.**

3100 Cottage Hill Road; Building 4, Suite 400; Mobile, AL 36606

Phone: 251-473-1060; Fax: 251-473-1084

VISIT US  
ON THE WEB!  
[www.grecs.org](http://www.grecs.org)



Support Children's Trust Fund programs by purchasing this specialty car tag. The tag is available at your local Probate office. It is tax deductible & proceeds directly fund community-based prevention programs.



## Mark Your Calendar

April 2 , 2021  
Good Friday

May 31, 2021  
Memorial Day

