January
February
March
2018

Early Learning News

A Quarterly Newsletter & Training Calendar
of Gulf Regional Early Childhood Services

In This Issue:

- The Whole Child Distance Learning Course
- School-Age 2018 Course
- CCDF Training Online
- Super Saturday with Carole Stephens!

Registering for Training Classes is EASY!

Beginning in October 2017, all registrations for GRECS training events are completed through an online service on the GRECS website! This has been a learning experience for all of us! We greatly appreciate your patience and willingness to jump on board with a new way of doing things. Please continue to give us your feedback - we want to hear from you!

Here are a few things to remember -

1. All registrations are done online. Each student will create a free account using a valid e-mail address. **An e-mail address can only be used for one person.** Everyone in the center can not sign up under the same e-mail address. If you don't have an e-mail address, you can sign up for a free one at Gmail, Outlook, Yahoo or other popular services.

2. Training classes will have specific open periods of enrollment. **You will no longer be able to register for classes months in advance.** Class registration will open on the 15th of the month prior to class and close one week before the event.

3. **Limits of 5 staff members per child care program in a single training class are strictly enforced.** If you need training for your entire staff, please contact us to see if we can accommodate an on-site training.

4. You can cancel your registration for a training class through a link provided in your confirmation or by accessing your student profile. Cancellations are accepted up to 24 hours prior to the training class. You will not be able to cancel your registration the day of class.

5. A listing of your current and past registrations can be found in your Student Profile. You can access your profile on our website by clicking the "Student Profile" circle on the front page. Check it out - you'll find a lot of helpful information regarding your training there!

www.grecs.org

"If we teach today as we taught yesterday, we rob our children of being prepared for tomorrow."

~ John Dewey

Gulf Regional
Early Childhood Services

CCDF Training Available Online!

e-Training

CCDF Health and Safety Courses are offered online each quarter. To register, please contact Kerry Brothers at 205-348-0682 or kbrothers@ches.ua.edu

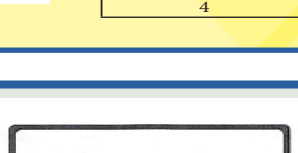
Introduction to Child Care and CCDF items 1-9 will be offered continuously. Additonal courses will be rotated quarterly. Most Courses must be completed within 1 week of registration.

	Training Level	DHR Areas	CDA Areas	CCDF Areas	CKA Areas	Training Track	Number of Hours
Intro to Childcare: Learn basic child development information about infants, toddlers, and preschoolers. All areas of development will be covered. This class is geared toward participants who are first-time providers within their first 30 days of employment or are in the process of opening a Family Day Care home.	Basic	CD, HSUP, QCCL, CCPF, LD, PDG	1, 2, 3, 7, 8	13, 15, 20	CGD, HSN, LEE, ICFC, PPD	ALL	8
Disease, Allergies, and Medication: You will leave this course having a better understanding of issues regarding infectious disease (including prevention), allergies, and administration of medication.	Basic	CD, HSUP	1	1, 3, 4	CGD, HSN	ALL	2
Recognizing and Reporting Child Abuse and Neglect: This course will help you gain a better understanding of the warning signs of child abuse and your responsibilities reporting it.	Basic	HSUP	1	11	CGD, HSN	ALL	2
Infant Safety: This course covers information that will be useful in an infant classroom including SIDS, Shaken Baby Syndrome, and classroom health and safety issues.	Basic	CD, HSUP	1	2, 6	CGD, HSN	Infants	2
Building Safety and Hazardous Materials: The main objectives in this course are for child care workers to gain a better understanding of issues surrounding building safety and hazardous materials in early childhood facilities.	Basic	HSUP	1	5, 8	HSN	ALL	2
Emergency Preparedness and Transporting Children: In this course, you will develop the knowledge base necessary to help develop emergency plans for your center and to have an understanding of the responsibilities involved in transporting children.	Basic	HSUP	1	7, 9	HSN	ALL	2

Child DEVELOPMENT Resources

Quarter	Quarter Dates	Certficate will be recieved
1	October 1 - December 31	Mid - January
2	January 1 - March 31	Mid - April
3	April 1 - June 30	Mid - July
4	July 1 - September 30	Mid-October

Alabama Department of Human Resources



To meet the CCDF standards, enroll in the Health and Safety Courses offered at :

www.cccelearningtrain.com

Steps for self-enrollment for NEW participants:

1. Click on "log in" in the upper right hand corner.
2. Click create new account
3. Fill out all necessary information.
4. Log into your e-mail and confirm new account.
5. Go back to www.cccelearningtrain.com and log in.
6. Scroll to bottom and select the blue folder labeled "Health and Safety Basic Courses for Early Childhood Programs".
7. Select the very top header. It will read "Health and Safety Basics" in red.
8. Click the blue box that says "Enroll me".
9. You are now able to choose, on the right hand side under the folder "Current course", which Health and Safety Course you wish to take.

Steps for self-enrollment for RETURNING participants:

1. Using your username and password, log onto the website: www.cccelearningtrain.com.
2. Scroll down on the home page to see the title Courses.
3. Under this title you will see a group of file folders. Choose the area you want to take a class in and click on it.
4. Choose the course that you would like to take and begin.

** Once you complete all requirements for the course, print your certificate. You must receive a score of 80 or higher in order to receive your certificate.*

* There is no time limit to take and complete courses, except for the last month of the quarter. During this time period, you will have a closing date so that the course can be finalized and closed to start a new quarter.

Quarter	Quarter End
1	Dec. 31
2	March 30
3	June 30
4	Sept. 30

Health and Safety Basics Courses:

Title	Level	DHR Area	CCDF Area	CKA Area	CDA Area
Prevention and Control of Infectious Diseases (1 hr.)	Basic	HSUP	1	HSN	1
SIDS and Safe Sleep Practices (1.5 hrs.)	Basic	HSUP	2	HSN	1
Administration of Medication (1 hr.)	Basic	HSUP	3	HSN	1
Prevention/Response to Food Allergies (1 hr.)	Basic	HSUP	4	HSN	1
Building and Physical Premises Safety (1 hr.)	Basic	HSUP	5	HSN	1
Shaken Baby Syndrome & Head Trauma (1 hr.)	Basic	HSUP	6	HSN	1
Emergency Preparedness (1 hr.)	Basic	HSUP	7	HSN	1
Handling & Storage of Hazardous Materials (1 hr.)	Basic	HSUP	8	HSN	1
Transporting Children (1 hr.)	Basic	HSUP	9	HSN	1
Recognizing Reporting Child Abuse & Neglect (1 hr.)	Basic	HSUP	11	HSN	1

Training Classes

B **Basic Level Training** covers a foundational understanding & demonstration of developing skills. This training is most appropriate for entry-level professionals who are new to early childhood and/or school-age care.

I **Intermediate Level Training** includes expanding knowledge & application, & refining skills. It is most appropriate for professionals who have at least (2) years of experience & 120 hours of training, and are moving toward more formal education.

A **Advanced Level Training** focuses on a more thorough knowledge & understanding of developmentally appropriate practice & highly effective application & demonstration of skills. For professionals who have at least 3 years of experience & 30 credit hours in child development.

ALL - Appropriate for All Training Levels

The Art of Transitions - This class will assist learners in understanding the importance of planful transitions in early childhood settings and present strategies to assist children in moving between activities. ***(Lisa Kirkland; AL Pathways: LEE, CGD; DHR: PDG, QCCL; CDA: 3, 8; CCDF: 15, 20; Basic Training Level; 2 hours/0.2 CEUs; Age Group: Toddlers, Preschool) February 17, 2018; 8:30am - 10:30am; David Burt Building, Evergreen AND March 3, 2018; 8:30am - 10:30am; Jeff Davis Community Center, Atmore*** **B**

Avoiding Workplace Violence - This session presents activities and problems to challenge participants and increase awareness of particular safety issues involved in understanding and recognizing general causes and avoidance tactics for workplace violence. ***(Avery Fick; AL Pathways: HSN; DHR: HSU; CDA: 1, 6; CCDF: 5, 7; Basic Training Level; 2 hours/0.2 CEUs; Appropriate for All Age Groups) January 24, 2018; 5:30pm - 7:30pm; GRECS Training Room, Mobile*** **B**

Becoming Acquainted with the Program Administration Scale (Director's Forum) - This session for center-based program administrators provides an overview of the Program Administration Scale (PAS). PAS measures the level of quality of leadership and management practices of center-based programs across a wide range of items. After completing this course, participants will be able to use the tool for program self-assessment and improvement planning. ***(Monica Byrd; AL Pathways: MA; DHR: ADM, QCCL; CDA: 5; CCDF:18; Basic Training Level; 2 hours/0.2 CEUs; Appropriate ALL Age Groups) February 22, 2018; 4:00pm - 6:00pm; GRECS Training Room, Mobile*** **B**

Building Positive Relationships with Families: Communicating Is Key - Communication occurs in many ways. A welcoming hello each day, a scheduled parent-teacher conference, or a conversation at drop-off or pick-up can begin to establish effective communication. This training provides suggestions on how to communicate with families in a meaningful way so that they become actively engaged in their child's program. We will explore written, face-to-face and online communication that enables both the teacher and the family to be involved in decisions made regarding the child. Participants will receive information about APT resources and a selection of children's books. ***(Alice Grantham; AL Pathways: ICFC, PPD; DHR: CCPF; CDA: 4, 5, 6; CCDF:16; Basic Training Level; 2 hours/0.2 CEUs; Age Group: Infants, Toddlers, Preschool) February 1, 2018; 6:00pm - 8:00pm; GRECS Training Room, Mobile AND March 29, 2018; 6pm - 8pm; GRECS Training Room, Mobile*** **B**

Child Care Staffing and Professionalism (Director's Forum) - In this training session, participants will identify components that should be included in staff files, discuss strategies for organizing staff files, and explore strategies for hiring new staff and disciplining existing staff. ***(Ann Sands; AL Pathways: MA; DHR: ADM, QCCL; CDA: 5; Basic Training Level; 2 hours / 0.2 CEUs; Appropriate for ALL Age Groups) March 21, 2018; 10am - 12pm; GRECS Training Room, Mobile*** **B**

Commonly Confused Conditions: Dyslexia - Participants will be introduced to commonly confused conditions such as Dyslexia. This session will help you describe and identify the signs and facts about Dyslexia and other common conditions and how to make your classroom more adaptive to their needs so they can reach their fullest learning potential. ***(Michele Williams, UCP; AL Pathways: LEE; DHR: CD, QCCL; CDA: 2, 8; CCDF: 13, 17, 19; Intermediate Training Level; 2 hours / 0.2 CEUs; Age Group: Preschool, School-Age) March 22, 2018; 6pm - 8pm; GRECS Training Room, Mobile*** **I**

Creating Art: From a Child's Perspective - Children's creative abilities are exhibited when they are given the oppurtunity to make their own decisions about art. When allowed to choose and use art materials as they would like, children demonstrate critical thinking, problem solving, decision making, discovery, self-confidence and much more. It helps children make sense of their world by expressing themselves through a wide variety of medium. It's just plain FUN! This presentation will encourage teachers to become facilitators for developmentally appropriate art experiences by enabling them to select and organize safe materials, prepare for the experience, and to communicate appropriately to children and parents about the creative process. ***(Mallory Blanchard; AL Pathways: LEE; DHR: QCCL; CDA: 2, 3; CCDF: 13; Intermediate Training Level; 2 hours/0.2 CEUs; Age Groups: Preschool) March 15, 2018; 6:00pm - 8:00pm; GRECS Training Room, Mobile*** **I**

I ***Creating Literacy-Rich Environments*** - Learn simple strategies for using environmental print in the classroom to enhance children's interest in language and literacy. ***(Alice Grantham; AL Pathways: CGD, LEE; DHR: CD, LD; CDA: 2, 8; CCDF: 13, 20; Intermediate Training Level; 2 hours/0.2 CEUs; Age Groups: Preschool) March 6, 2018; 6:00pm - 8:00pm; GRECS Training Room, Mobile***

B ***Early Childhood Environment Rating Scale - Revised (ECERS-R)*** - Learners will be introduced to the ECERS-R, which is designed to assess center-based child care programs. Participants will be introduced to items in each of 7 subscales: Space and Furnishings; Personal Care Routines; Listening and Talking; Activities; Interaction; Program Structure; and Parents and Staff. ***(Allison Goff; AL Pathways: CGD, HSN, ICFC, DIV; DHR: HSUP, QCCL; CDA: 1, 2, 3, 4, 5, 6, 7, 8; CCDF: 18; Basic Training Level; 2 hours/0.2 CEUs; Appropriate for ALL Age Groups) March 13, 2018; 6:00pm - 8:00pm; GRECS Training Room, Mobile***

B ***Emergency Preparedness: Better Safe Than Sorry!*** - Learn about the necessary steps a program should take to ensure preparedness in the event of an emergency, as well as effective strategies to communicate your emergency plan to children, parents, and staff. ***(Lisa Kirkland; AL Pathways: HSN; DHR: HSUP; CDA: 1, 6; CCDF: 7; Basic Training Level; 2 hours/0.2 CEUs; Appropriate for All Age Groups) January 13, 2018; 8:30am - 10:30am; Jackson City Hall, Jackson AND January 20, 2018; 8:30am - 10:30am; GRECS Training Room, Mobile***

B ***Exploring Diversity and Differences in the ECE Classroom*** - APT is proud to provide this workshop on exploring ways of understanding diversity and fostering inclusion, acceptance, and cultural awareness in an early childcare setting; it uses PBS KIDS learning resources, including video programs, books and more. Participants will discover that diversity is about more than differences; it is about similarities and differences combined – those characteristics that make us who we are. This workshop also explores how educators can learn to successfully lay the foundation for inclusion and acceptance in child care settings. Participants will receive a set of children's books as well as a folder of educational materials. ***(Lauren Henson; AL Pathways: DIV; DHR: CD, LD, PDG; CDA: 3, 4; CCDF: 15, 16; Basic Training Level; 2 hours/0.2 CEUs; Age Groups: Preschool) February 27, 2018; 6pm - 8pm; GRECS Training Room, Mobile***

B ***From Chaos to Calmness: Be Good to Yourself*** - This is a session on becoming mindful. "Mindfulness" is one of the latest methods for achieving stress reduction and is widely used as a therapeutic tool for many people. Moving our bodies to release tension, time management and releasing negative emotions can bring the relief we need to avoid burnout. ***(Lisa Wells; AL Pathways: PPD; DHR: CCPF, PDG; CDA: 3, 8; CCDF: 13, 20; Basic Training Level; 2 hours/0.2 CEUs; Approriate for ALL Age Groups) January 16, 2018; 6pm - 8pm; GRECS Training Room, Mobile AND January 30, 2018, 6:30pm - 8:30pm; Spanish Fort Baptist Church Daycare, Spanish Fort***

B ***Healthy Habits from A to Z (APT)*** - Healthy habits are important for children to promote growth, learning and development. This workshop will discuss ways that children can stay healthy- from the first Achoo! to getting enough ZZZZs. It will include video segments, resources and hands on activities to encourage children to develop healthy habits. Participants will recieve a set of books related to the topics discussed and related educational materials. ***(Monica Byrd; AL Pathways: CGD, HSN; DHR: CD, HSUP, QCCL; CDA: 1, 8; CCDF: 13; Basic Training Level; 2 hours/0.2 CEUs; Age Group: Toddlers, Preschool) January 11, 2018; 5:30pm - 7:30pm; GRECS Training Room, Mobile AND February 20, 2018; 4pm - 6pm; GRECS Training Room***

B ***Infant / Toddler Environment Rating Scale, Revised (ITERS-R) (Director's Forum)*** - Learners will be introduced to the ITERS-R, which is designed to assess center-based child care programs for infants and toddlers up to 30 months of age. Participants will learn to administer the tool reliably and to properly assess and score items in each of the 7 subscales: Space and Furnishings; Personal Care Routines, Listening and Talking; Activities; Interaction; and, Program Structure. ***(Catherine Kreger; AL Pathways: CGD, COA, ICFC; DHR: QCCL; CDA: 3, 7, 8; CCDF: 18, 20; Basic Training Level; 2 hours/0.2 CEUs; Age Group: Infants, Toddlers, Preschool) January 10, 2018; 10am - 12pm; GRECS Training Room, Mobile***

ALL ***Infectious Disease Control*** - Most cases of the flu occur between late December and early March. Infection control measures can be as simple as hand washing and as sophisticated as high-level disinfection. In this information-filled session, you'll identify how you can prevent the spread of disease in early learning environments. ***(Avery Fick; AL Pathways: HSN; DHR: HSUP; CDA: 1; CCDF: 1, 8; Appropriate for ALL Training Levels; 2 hours/0.2 CEUs; Appropriate for ALL Age Groups) February 21, 2018; 6:30pm - 8:30pm; GRECS Training Room, Mobile***

ALL ***Let's Stay Safe!*** - Join in on this session where you will explore common safety hazards and learn simple ways to ensure that all environments are safe for children in child care settings. (***Monica Byrd; AL Pathways: HSN; DHR: HSUP; CDA: 1; CCDF: 2, 6, 7, 11; Appropriate for ALL Training Levels; 2 hours / 0.2 CEUs; Appropriate for ALL Training Levels) February 10, 2018; 9:00am - 11:00am; Monroeville Public Library, Monroeville***

B ***Magical Sensory Play with Infants and Toddlers*** - Sensory experiences tell us who we are and where we are. The accumulation of images seen and heard, tasted, touched and smelled build a complex image of surroundings in a small child's mind. The senses constantly guide, stimulate, and reward the actions of the child. Senses and developmental skills cooperate. Neither can function without the other. Workshop participants will learn the many ways that sensory play promotes growth in all the developmental domains- cognitive, physical, social-emotional- and how they can use sensory experiences to support early learning for infants and toddlers.(***Mallory Blanchard; AL Pathways: CGD, LEE; DHR: CD, LD; CDA: 2, 8; CCDF: 13, 20; BasicTraining Level; 2 hours / 0.2 CEUs; Age Group: Infant, Toddlers) March 8, 2018; 6:00pm - 8:00pm; GRECS Training Room, Mobile***

I ***Make Way for Books!*** - There are many different kinds of books for young children. Books can explain and reinforce concepts, allow children to build positive self-images, and encourage children to participate in the reading. Reading aloud to young children is one of the most effective ways to support language and literacy development.(***Alice Grantham; AL Pathways: CGD, LEE; DHR: CD, LD; CDA: 2, 8; CCDF: 13, 20; Intermediate Training Level; 2 hours / 0.2 CEUs; Age Group: Infant, Toddlers, Preschool) January 9, 2018; 6pm - 8pm; GRECS Training Room, Mobile***

January
February
March
2018

Calendar of Events

A Pull-Out Section for Posting & Copying!

The Whole Child

A Distance Learning Course

The Whole Child is a 13 Program Series delivered as a series of 30 minute programs for Broadcast Distance Learning. It provides essential information about children's physical, emotional, and cognitive development. It also offers techniques to use in difficult situations and shows how to help children develop to their fullest potential. It also shows situations used to help both caregiver and child get the most out of time spent together. This course is delivered as a series of 30-minute programs televised on Alabama Public Television over 13 consecutive Saturdays from 7-7:30am.

Orientation Meeting
January 4, 2018; 6pm - 8pm;
GRECS Training Room, Mobile

Getting Started: An Introductory Course

Are you new to childcare? Thinking about taking your love of children and making a career out of it? If so, then "Getting Started" is the course for you! This training course is for people who are just beginning their early care & education career. We will introduce you to the foundational information you need to provide safe environments, nurturing interactions & developmentally appropriate experiences for the children in your care. This basic-level, 12-hour course is taught over 3 days and the training credit you receive will meet Alabama Department of Human Resources' 12-hour training requirement to work in child care.

You must attend all sessions to receive verification of successful completion of this course.

January 30 - February 1, 2018
8:30am - 12:30pm each day
GRECS Training Room, Mobile

March 27 - 29, 2018
8:30am - 12:30pm each day
GRECS Training Room, Mobile

School-Age Course 2018

Current research has established the importance of quality after-school programs because of their tremendous impact on children's academic achievement, overall happiness, and self-esteem. To address this reality, this updated 12-hour course presents information on school-age child care, and offers practical applications and activities that can be put to use immediately in your program. We'll explore topics like arrangement of the learning environment, how to deal with challenging behaviors and techniques for keeping children happily engaged.

Thursdays, March 1, 8, and 15, 2018
8:30am - 12:30pm
GRECS Training Room, Mobile

Sunday	Monday	Tuesday	Wed.	Thursday	Friday	Saturday
READ CAREFULLY - IMPORTANT INFORMATION! Beginning October 2017, GRECS will be using an online service, ABC SignUp, for training class registrations. You will need to set up a free account with a valid email address before registering. AN EMAIL ADDRESS CAN ONLY BE USED FOR ONE PERSON. **www.grecs.org**	1 *CLOSED for New Year's Day*	2	3	4 ***The Whole Child - Distance Learning Orientation Meeting***; 6pm - 8pm; Mobile	5	6
	8	9 ***Make Way for Books!***; 6pm - 8pm; Mobile	10 ***Director's Forum: Infant/Toddler Environment Rating Scale, Revised (ITERS-R)***; 10am - 12pm; Mobile	11 ***Healthy Habits from A to Z***; 5:30pm - 7:30pm; Mobile	12	13 ***Emergency Preparedness: Better Safe Than Sorry***; 8:30am - 10:30am; Jackson City Hall, Jackson ***Taking a Bite Out of Toddler Biting***; 10:45am - 12:45pm; Jackson
	15 *CLOSED for Martin Luther King Jr.' s Birthday*	16 ***From Chaos to Calmness: Be Good to Yourself;*** 6pm - 8pm; Mobile	17	18 ***Mind Your Manners with Daniel Tiger and Arthur***; 6pm - 8pm; Mobile	19	20 ***Emergency Preparedness: Better Safe Than Sorry***; 8:30am - 10:30am; Mobile ***Taking a Bite Out of Toddler Biting***; 10:45am - 12:45pm; Mobile
	22	23	24 ***Avoiding Workplace Violence***; 5:30pm - 7:30pm; Mobile	25 ***Preventing Child Abuse and Neglect of Infants and Toddlers in Early Childhood Settings;*** 6pm - 8pm; Mobile	26	27 ***Recognizing Developmental Delays***; 9am - 11am; Spots for Tots Daycare, Chatom ***Understanding Autism***; 11:30am - 1:30pm; Spots for Tots Daycare, Chatom
	29	30 ***From Chaos to Calmness: Be Good to Yourself;*** 6:30pm - 8:30pm; First Baptist Church Day Care Center, Spanish Fort ***Meeting the Needs of Children at Risk;*** 6:30pm - 8:30pm; Mobile ***Getting Started (Day 1)***; 8:30am - 12:30pm; Mobile (Must attend all 3 sessions.)	31 ***Getting Started (Day 2)***; 8:30am - 12:30pm; Mobile (Must attend all 3 sessions.)			

January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 ***Building Positive Relationships with Families: Communicating is Key***; 6pm - 8pm; Mobile ***Getting Started (Day 3)***; 8:30am - 12:30pm; Mobile (Must attend all 3 sessions.)	2	3
4	5	6 ***Parenting Counts: Handling Stress***; 6pm - 8pm; Mobile	7	8	9	10 ***Let's Stay Safe***; 9am - 11am; Monroeville Public Library, Monroeville
11	12 Closed for Mardi Gras	13 Closed for Mardi Gras	14	15 ***Science Made Simple***; 6pm - 8pm; Mobile	16	17 ***The Art of Transitions***; 8:30am - 10:30am; David Burt Building; Evergreen ***Reading to Young Children***; 10:45am - 12:45pm; David Burt Building, Evergreen
18	19	20 ***Healthy Habits from A to Z***; 4pm - 6pm; Mobile	21 ***Infectious Disease Control***; 6:30pm - 8:30pm; Mobile	22 ***Director's Forum: Becoming Acquainted with the Program Administration Scale***; 4pm - 6pm; Mobile	23	24
25	26	27 ***Exploring Diversity and Differences in the ECE Classroom***; 6pm - 8pm; Mobile	28			

February 2018

**All classes in Mobile County will be held at Gulf Regional Early Childhood Services unless noted otherwise.*

3100 Cottage Hill Rd; Building 4, Suite 400
Mobile, AL 36606; 251-473-1060
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 *School-Age Course 2018 (Day 1);* 8:30am - 12:30pm; Mobile	2	3 *The Art of Transitions*; 8:30am - 10:30am; Jeff Davis Community Center, Atmore *Reading to Young Children*; 10:45am - 12:45pm; Jeff Davis Community Center, Atmore
4		6 *Creating Literacy-Rich Environments*; 6pm - 8pm; GRECS Mobile	7	8 *Magical Sensory Play with Infants and Toddlers*; 6pm - 8pm; Mobile *School-Age Course 2018 (Day 2*); 8:30am - 12:30pm; Mobile	9	10
11		13 *Early Childhood Environment Rating Scale - Revised*; 6pm - 8pm; Mobile	14 *Preparing for the Unexpected*; 6pm - 8pm; Mobile	15 *Creating Art: From a Child's Perspective;* 6pm - 8pm; Mobile *School-Age Course 2018 (Day 3)*; 8:30am - 12:30pm; Mobile	16	17
18		20 *Promoting Optimal Social/Emotional Development of Infants and Toddlers*; 6pm - 8pm; GRECS Mobile	21 *Director's Forum: Childcare Staffing and Professionalism*; 10am - 12pm; Mobile	22 *Commonly Confused Conditions: Dyslexia*; 6pm - 8pm; Mobile	23	24 *Super Saturday with Carole Stephens! Dauphin Way Baptist Church, Mobile*
25		27 *Science Made Simple*; 6pm - 8pm; Mobile *Getting Started (Day 1)*; 8:30am - 12:30pm; Mobile; (Must attend all 3 sessions.) *Professionalism in Early Childhood Settings (APT)*; 5:30pm - 7:30pm; Daphne Public Library, Daphne	28 *Getting Started (Day 2);* 8:30am - 12:30pm; Mobile (Must attend all 3 sessions.)	29 *Building Positive Relationships with Families: Communicating is Key*; 6pm - 8pm; Mobile *Getting Started (Day 3)*; 8:30am - 12:30pm; Mobile (Must attend all 3 sessions.)	30 *CLOSED for Good Friday*	31

Meeting the Needs of Children at Risk - To provide high quality care to children and families, professionals must understand the impact of risk factors on child development and learn how to successfully minimize its effects without causing additional trauma. This course provides information on building systems to support children and families at risk. (***Sallie Martin; AL Pathways: CGD, COA, ICFC; DHR: CD, CCPF; CDA: 1, 2, 3, 8; CCDF: 12, 14; Intermediate Training Level; 2 hours / 0.2 CEUs; Age Group: Infant, Toddlers, Preschool) January 30, 2018; 6:30pm - 8:30pm; GRECS Training Room, Mobile*** **I**

Mind Your Manners with Daniel Tiger and Arthur - An important part of growing up is for children to learn basic manners which include how to be kind to others, show social responsibility, and have integrity. With the help of the PBS Kids programs Daniel Tiger's Neighborhood and Arthur you can make learning these skills fun for children and adults. In this workshop, we explore these concepts using PBS Kids resources, children's books and hands-on learning activities to help make learning fun and exciting.(***APT Staff; AL Pathways: CGD; DHR: CD; CDA: 2; CCDF: 13; Basic Training Level; 2 hours / 0.2 CEUs; Age Group: Preschool) January 18, 2018; 6pm - 8pm; GRECS Training Room, Mobile*** **B**

Parenting Counts: Handling Stress - This session examines the causes of stress in infants and young children. Workshop participants will understand more about their role in helping young children learn to calm themselves when they are stressed. The workshop covers both the danger of too much stress in early life and the benefits of learning healthy ways to deal with stress. (***Lauren Henson; AL Pathways: CGD; DHR: CD, PDG; CDA: 3, 8; CCDF: 13, 15, 16; Advanced Training Level; 2 hours / 0.2 CEUs; Age Groups: Infant, Toddler, Preschool) February 6, 2018; 6pm - 8pm; GRECS Training Room, Mobile*** **A**

Preparing for the Unexpected - Being prepared is half the battle. This training outlines possible disastrous events that might come to your child care programs, and it includes strategies for preparing for and effectively dealing with them. (***Avery Fick; AL Pathways: HSN; DHR: HSUP, ADM; CDA: 1, 5; CCDF: 7; Intermediate Training Level; 2 hours / 0.2 CEUs; Appropriate for All Age Groups) March 14, 2018; 6pm - 8pm; GRECS Training Room, Mobile*** **I**

Preventing Child Abuse and Neglect of Infants and Toddlers in Early Childhood Settings - This session is designed to help caregivers recognize, appropriately address, and prevent abuse and neglect in early child care. (***Mallory Blanchard; AL Pathways: CDG, ICFC, HSN; DHR: CD, HSUP; CDA: 1, 3, 7; CCDF: 6, 11, 13, 20; Basic Training Level; 2 hours / 0.2 CEUs; Age Group: Infants, Toddlers) January 25, 2018; 6pm - 8pm; GRECS Training Room, Mobile*** **B**

Professionalism in Early Childhood Settings (APT) - The path to becoming an effective early child care provider is an ongoing, life-long process of learning, trial and error, and self-reflection. This 2-hour workshop is designed to provide participants with practical guidance and the tools that they need to grow professionally. It focuses on what it means to be a professional early child care provider, how to implement effective communication strategies, ways to promote diversity within your child care setting, how to be an advocate for children, and steps for positive partnerships with families. In addition, it identifies and describes skills that participants may already have as professionals, but it focuses on how these skills can be developed and taken to a higher level of understanding as they apply them to their careers in early care. (***Kerry Tran; AL Pathways: PPD; DHR: CCPF; CDA: 6; CCDF: 13, 14, 15, 16, 17, 18, 20; Basic Training Level; 2 hours / 0.2 CEUs; Appropriate for ALL Age Groups) March 27, 2018; 5:30pm - 7:30pm; Daphne Public Library, Daphne*** **B**

Promoting Optimal Social/Emotional Development of Infants and Toddlers - Have you ever experienced a child's tantrum or one child biting another? Learn what behaviors are typical for children of certain ages and how adults can respond in ways that diminish negative behaviors and prevent future occurrences. (***Lauren Henson; AL Pathways: CDG, ICFC, COA; DHR: CD, PDG; CDA: 3, 7, 8; CCDF: 12, 14, 15, 16, 19; Intermediate Training Level; 2 hours / 0.2 CEUs; Age Group: Infants, Toddlers) March 20, 2018; 6:00pm - 8:00pm; GRECS Training Room*** **I**

Reading to Young Children -This course helps explain how regular reading activities actually promote development across the learning domains. (***Lisa Kirkland; AL Pathways: CGD, LEE; DHR: CD, LD; CDA: 2, 3, 8; CCDF: 13, 20; BasicTraining Level; 2 hours / 0.2 CEUs; Age Groups:) February 17, 2018; 10:45am - 12:45pm; David Burt Building, Evergreen AND March 3, 2018; 10:45am - 12:45pm; Jeff Davis Community College, Atmore;*** **B**

Recognizing Developmental Delays - The course will focus on the 5 domains of development as well methods to help you recognize children with delays. It will also include the actions you should take if a child in your care shows signs of a developmental delay. (***Lauren Henson; AL Pathways: CDG, LEE, COA; DHR: CD, QCCL; CDA: 2, 7, 8; CCDF: 17, 20; Intermediate Training Level; 2 hours / 0.2 CEUs; Appropriate for ALL Age Groups) January 27, 2018; 9am - 11am; Spots for Tots Daycare Center, Chatom*** **A L L**

Science Made Simple - Learn to use readily available, low-cost items for big learning and how to create a safe classroom setting that fosters hands on learning and exploration of real-life science. (***Theresa Patterson; AL Pathways: CDG, LEE; DHR: CD, QCCL; CDA: 2, 8; CCDF: 13, 19; Intermediate Training Level; 2 hours / 0.2 CEUs; Age Groups: Preschool, School-Age) February 15, 2018; 6pm - 8pm; GRECS Training Room, Mobile AND March 27, 2018; 6pm - 8pm; GRECS Training Room, Mobile*** **I**

Taking a Bite Out of Toddler Biting - This course will help you identify common causes of biting by toddlers, learn to recognize when toddlers might bite, and what you can do to prevent biting. (***Lisa Kirkland; AL Pathways: CDG, ICFC; DHR: CD, PDG; CDA: 2, 3, 8; CCDF: 13, 15, 20; Basic Training Level; 2 hours / 0.2 CEUs; Age Group: Toddlers) January 13, 2018; 10:45am - 12:45pm; Jackson City Hall, Jackson AND January 20, 2018; 10:45am - 12:45pm; GRECS Training Room, Mobile*** **B**

Understanding Autism - When a child is diagnosed with Autism it is so important to be educated on the signs and understand how to make your classroom more adaptive to their needs so they can reach their fullest learning potential. This course will help you describe and identify the signs and facts about Autism and how to have respectful communication with parents. (***Lauren Henson; AL Pathways: CDG, ICFC; DHR: CD, CCPF; CDA: 4, 7, 8; CCDF: 13, 15, 17; Intermediate Training Level; 2 hours / 0.2 CEUs; Appropriate for ALL Age Groups) January 27, 2018; 11:30am - 1:30pm; Spots for Tots Daycare Center, Chatom*** **I**

TRAINING LEGEND DHR 2016

Training Levels

Basic = Most appropriate for entry-level professionals who are new to early childhood and/or school-age care. Basic Level Training covers a foundational understanding and demonstration of developing skills.

Intermediate = Most appropriate for professionals who have at least (2) years of experience and 120 hours of training in child development, and are moving toward more formal education. Intermediate Level Training includes expanding knowledge and application, and refining skills.

Advanced = Most appropriate for professionals who have at least three (3) years of experience and 30 credit hours in child development. Advanced Level Training focuses on a more thorough knowledge and understanding of developmentally appropriate practice and highly effective application and demonstration of skills.

DHR Minimum Standards Training Areas

CD = Child Development
HSUP = Health, Safety, and Universal Precautions
QCCL = Quality Child Care and Licensing
CCPF = Child Care Professional and the Family
LD = Language Development
PDG = Positive Discipline and Guidance
AM = Administration and Management

CDA (Child Development Associate) Content Areas

1. Planning a safe, healthy environment to invite learning
2. Steps to advance children's physical and intellectual development
3. Positive ways to support children's social and emotional development
4. Strategies to establish productive relationships with families
5. Strategies to manage an effective program operation
6. Maintaining a commitment to professionalism
7. Observing and recording children's behavior
8. Principles of child growth and development

Alabama Pathways Core Knowledge Areas (CKA)

CGD = Child Growth and Development
HSN = Health, Safety and Nutrition
LEE = Learning Experiences and Enrichment
DIV = Diversity
COA = Child Observation and Assessment (Planning for Individual Needs)
ICFC = Interaction with Children, Families and Communities
PPD = Personal and Professional Development
MA = Management and Administration

CCDF Training Areas

1. Prevention and control of infectious diseases (including immunizations)
2. Sudden Infant Death Syndrome (SIDS) prevention and use of safe sleep practices
3. Administration of medication
4. Prevention of and response to emergencies due to food and allergic reactions
5. Building and physical premises safety, including identifying electrical hazards, bodies of water, and vehicular traffic
6. Prevention of Shaken Baby Syndrome and abusive head trauma
7. Emergency preparedness and response planning for natural or man-caused events
8. Handling and storage of hazardous materials, including correct disposal of bio-contaminants
9. If applicable, appropriate precautions in transporting children
10. First-aid and CPR
11. Recognizing and reporting child abuse and neglect
12. Identifying and serving homeless children and their families
13. Promoting the social, emotional, physical, and cognitive development of children, including those related to nutrition and physical activity, using scientifically-based, developmentally appropriate and age appropriate strategies
14. Caring for children in geographic areas with significant concentrations of poverty and unemployment
15. Implementing behavior strategies, including positive behavior interventions and support models that promote positive social and emotional development and reduce challenging behaviors, including reducing expulsions of preschool-aged children for such behaviors
16. Engaging parents and families in culturally and linguistically appropriate ways to expand their knowledge, skills and capacity to be meaningful partners in supporting their children's positive development
17. Understanding early neurological development
18. Using data to guide program improvement
19. Supporting positive development of school-age children
20. Improving the quality of programs and services for infants and toddlers

Target Age Groups

Infants = Birth to 12 months
Toddlers = 1 and 2 year olds (13 to 36 months)
Preschoolers = 3 and 4 year olds
School-agers = 5 to 12 year olds
ALL = Infants, Toddlers, Preschoolers, and School-agers

Super Saturday with Carole Stephens!

Active Music for Active Learners: Brain Food, Body Fuel!

Children learn by moving through their environment, and music helps them MOVE! Active music participation promotes tip-top brain and body growth and provides opportunities for children of all abilities to work on social, emotional and physical skills. Simple classroom management techniques make it safe for children to stretch their bodies AND brains. Bring a water bottle and dress to move!

Saturday, March 24, 2018

8:30am - 12:30pm

Dauphin Way Baptist Church

New Resources for the New Year

Gulf Regional Early Childhood Services' Lending Library and Resource Place is the perfect place to get children's books, puppets, and other materials for your lesson plans!

Bring your children's art to the Resource Place for laminating. Call us ahead of time and we'll have the laminator turned on & heated up for you!

(251) 473-1060

We are celebrating over 20 years of collaboration with the Children's Trust Fund supported through the Department of Child Abuse and Neglect Prevention!

Caring for the Caregiver allows us opportunities to mentor Family Child Care providers. We appreciate all who participate to make this project possible and help educate parents and caregivers on the prevention of child neglect and abuse.

children's trust fund of alabama
preventing child abuse and neglect

Prevent Child Abuse America

CPR & First Aid Training on Saturdays!

Our friends at Complete Safety Works are offering Heart Saver First Aid and Adult, Child & Infant CPR/AED training on the second Saturday of every month!

You must register through and make payment to Complete Safety Works for this important training session.

Heart Saver First Aid / Adult, Child & Infant CPR / AED

(First Aid - $35; CPR - $35; Both First Aid & CPR - $45)

Call 479-6788 for more info or registration.

Gulf Regional Childcare Management Agency, Inc.
3100 Cottage Hill Road; Building 4, Suite 400; Mobile, AL 36606
Phone: 251-473-1060; Fax: 251-473-1084

Visit us on the web!

www.grecs.org

Support Children's Trust Fund programs by purchasing this specialty car tag. The tag is available at your local Probate office. It is tax deductible & proceeds directly fund community-based prevention programs.

Mark Your Calendar

January 1, 2018
GRECS and Early Head Start
CLOSED for New Year's Day

January 15, 2018
GRECS and Early Head Start
CLOSED for Martin Luther King, Jr.'s Birthday

February 12 & 13, 2018
GRECS and Early Head Start
CLOSED for Mardi Gras

March 30, 2018
GRECS and Early Head Start
CLOSED for Good Friday

ACCREDITED IACET PROVIDER