



Early Learning News

A Quarterly Newsletter & Training Calendar
of Gulf Regional Early Childhood Services



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- FREE Mandatory Reporter Training
- Healthy Child Care Alabama Training
- New Website & Online Resources
- AELG Online Training
- School-Age Course 2015
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- Featured Online Training Courses

Language Development Begins at Birth

Babies learn how to communicate from birth. They progress from simply crying and cooing, to speaking in phrases, and eventually to making short sentences as they move into toddlerhood. Caregivers of infants are among their first teachers and can help babies develop solid language skills through talking, singing, playing, and reading together. Communication through play is the key to developing both a loving relationship and a budding reader. Below are a few ideas to encourage babies to grow up with a love of reading and writing.

- **Talk about his world.** Babies respond best to adults who make eye contact with them, touch them, and talk in a lively way about the world around them. When you talk, you teach them new words while showing the rhythms and patterns of language.
- **Talk back when babies talk to you.** When you take turns talking with a baby, you encourage her to speak more. Even if she is not yet speaking words you can still take turns by listening to the sounds she makes, making the same noise, and letting her talk back.
- **Play games to teach words.** Babies love to connect with the adults in their lives through playing simple games. When you play "Where's your nose?" or sing songs with finger plays like "The Wheels on the Bus," you actually teach new words and help her practice speaking.
- **Talk about her scribbles.** Offer older babies paper and crayons. They'll scribble at first, which is the beginning stages of writing. Talking about their writing helps them understand that writing represents objects and ideas.

"Learning through play
is so complex that
entire books are written
to try to explain it.
And yet, learning
through play is so
simple that even
a baby can do it."
~ Teach Preschool



Gulf Regional
Early Childhood Services

Healthy Child Care is Coming to Mobile & Washington Counties!



Healthy Child Care Alabama is a program that supports people who take care of other people's children—whether it is in a child care center or day care home, or through family, friend, or neighbor care. The program's purpose is to improve the health and safety of children in child care through partnership with health professionals, child care providers, and families.

Healthy Child Care Alabama can provide health and safety programs for the staff of both licensed and legally exempt child care programs. All services are provided free of charge, including CPR and First Aid classes. These educational sessions may be conducted on site at the child care center or home and may include programs for the children in the program, as well as their parents. As well, the nurse consultant can provide telephone consultation on health and safety concerns.

Healthy Child Care Alabama is expanding statewide and will have a nurse consultant serving Mobile and Washington Counties in January 2015. The nurse consultant's name and contact information will be available on the Contact Us page at www.adph.org/hcca in January.

Be sure to take advantage of this wonderful new resource in our community!



FREE Mandatory Reporter Online Training

Visit the Alabama Department of Human Resources' website to complete free, online training on the laws for reporting suspected incidences of child abuse and neglect. The training can be accessed online at <http://training.dhr.alabama.gov/>

This important training focuses on:

- Why it is important to report child abuse and neglect
- Who is required to report it
- How to recognize it
- How and when to report it
- What happens after a report is made



TRAINING CLASSES

Basic Level Training

B covers a foundational understanding & demonstration of developing skills. This training is most appropriate for entry-level professionals who are new to early childhood and/or school-age care.

Intermediate Level Training

I includes expanding knowledge & application, & refining skills. It is most appropriate for professionals who have at least (2) years of experience & 120 hours of training, and are moving toward more formal education.

Advanced Level Training

A focuses on a more thorough knowledge & understanding of developmentally appropriate practice & highly effective application & demonstration of skills. For professionals who have at least 3 years of experience & 30 credit hours in child development.

ALL - Appropriate for All Training Levels

ABCs of Language: Activities for Classroom and Home/CTF - This session will focus on involving parents in their children's early education. Participants will be given materials to make take home bags that will engage families in children's learning process. (Lisa Kirkland; **AL Pathways:** CGD, LEE, ICFC; **DHR:** CD, CCPF, LD; **CDA:** 2, 4, 8; Intermediate Training Level; 2 hours / 0.2 CEUs; **Age Group:** Preschool) **#5530 - 1/17/2015; 10:45am - 12:45pm; David Burke Building, Evergreen & # 5542 - 2/14/2015; 10:45am - 12:45pm; First Baptist Church, Flomaton** **I**

Communication Skills for Early Childhood Staff/CTF - This workshop will provide participants with new ways to interact and communicate with coworkers and parents on a daily basis to promote teamwork and positive environments for staff, parents, and children. (Charla Moyer; **AL Pathways:** ICFC **DHR:** CCPF, QCCL; **CDA:** 4, 6; Intermediate Training Level; 2 hours / 0.2 CEUs; **Age Group:** N/A) **#5547 - 3/2/2015; 5pm - 7pm; GRECS Training Room, Mobile & #5552 - 3/14/2015; 9am-11am; Discovery Island, Orange Beach** **I**

Dialogic Reading - How we read to children is as important as how often we read to them. Join us for this interactive session as we explore dialogic reading, a highly effective strategy for promoting early literacy with young children. (Catherine Kreger; **AL Pathways:** CGD, LEE; **DHR:** CD, LD; **CDA:** 2, 8; Advanced Training Level; 2 hours / 0.2 CEUs; **Age Group:** Preschool, School Age) **#5539- 2/05/2015; 6pm - 8pm; GRECS Training Room, Mobile** **A**

Environmental Rating Scales (ITERS-R/ ECERS-R) - (Director's Forum) Participants will be introduced to the Environmental Rating Scales, ECERS-R and the ITERS-R, which are designed to assess the level of quality in center-based child care programs. (Catherine Kreger & Allison Goff; **AL Pathways:** MA, LEE; **DHR:** ADM, QCCL; **CDA:** 1, 2, 4, 5; Basic Training Level; 2 hours / 0.2 CEUs; **Age Group:** N/A) **#5555 - 3/19/2015; 6pm - 8pm; Starlight Learning Center, Calvert, AL** **B**

Getting Ready For Your Summer Programs - (Director's Forum) Summer will be here before you know it, and with it a wave of calls from parents needing summer camp/care for their children. This session will help you plan and prepare excellent and exciting summer programs for your child care programs. (Phyllis & Ann Sands; **AL Pathways:** MA; LEE; **DHR:** ADM, QCCL; **CDA:** 5; Intermediate Training Level; 2 hours / 0.2 CEUs; **Age Group:** ALL) **#5549- 3/4/2015; 10am - 12pm; GRECS Training Room, Mobile** **I**

Growing Up Wild! Exploring Nature with Young Children - Growing Up Wild is an early childhood education program that builds on children's sense of wonder about nature and invites them to explore wildlife and the world around them. It provides an early foundation for developing positive impressions about the natural world and lifelong social and academic skills. (Doyle Keasal; **AL Pathways:** GCD, LEE; **DHR:** CD, QCCL; **CDA:** 2, 8; Intermediate Training Level; 3 hours / 0.3 CEUs; **Age Group:** Preschool, School Age) **#5536- 1/24/2015; 9am - 12pm; GRECS Training Room, Mobile** **I**

I am Moving, I am Learning: Body Language - Young children learn best by doing. Music and movement of the body promotes active involvement in developing vocabulary and mastering a wealth of skills and concepts. This workshop will describe how teachers can intentionally plan and facilitate practices with a movement vocabulary that can support children in achieving movement milestones. (Phyllis Rizzo; **AL Pathways:** CGD, LEE, HSN; **DHR:** CD, LD, HSU; **CDA:** 1, 2, 8; Basic Training Level; 2 hours / 0.2 CEUs; **Age Group:** All) **#5533 - 1/15/2015; 6pm - 8pm; GRECS Training Room, Mobile** **B**

I'm a Big Kid Now! Potty Training Basics - Learn to implement effective potty training practices and partner with parents in ways that promote children's success with toilet learning. (Phyllis Rizzo; **AL Pathways:** CGD, LEE, ICFC; **DHR:** CD, CCPF; **CDA:** 1, 3, 4, 8; Basic Training Level; 2 hours / 0.2 CEUs; **Age Group:** Infants, Toddlers, Preschool) **#5553 - 3/10/2015; 6pm - 8pm; GRECS Training Room, Mobile** **B**

B **Language Development**- This session will focus on the basics of language development and simple ways that promote children's language learning. (Kim Brown; **AL Pathways**: CGD, LEE, ICFC; **DHR**: CD, LD **CDA**: 2, 8; Basic Training Level; 2 hours / 0.2 CEUs; **Age Group**: Infants, Toddlers, Preschool) **#5560 - 2/26/2015; 6pm - 8pm; GRECS Training Room, Mobile**

I **Moving To Learn**- Discover effective techniques for providing indoor and outdoor movement activities that help children develop body control, gain knowledge about the world, and enjoy an outlet for emotional expression. (Nature Explore; **AL Pathways**: CGD, LEE, HSN; **DHR**: CD, HSU; **CDA**: 1, 2, 3, 8; Intermediate Training Level; 2 hours / 0.2 CEUs; **Age Group**: ALL) **#5544 - 2/21/2015; 9am - 12pm; GRECS Training Room, Mobile**

B **Music Works Wonders - APT**- This is a 2 hour workshop for child care providers who work with infants and toddlers. It is designed to show participants how music can be used with this age group to enhance growth in all areas of development. Participants will receive a set of children's books as well as a cd of children's music. (Tiffany Armstrong; **AL Pathways**: CGD, LEE; **DHR**: CD, LD; **CDA**: 2, 3, 8; Basic Training Level; 2 hours / 0.2 CEUs; **Age Group**: Infants, Toddlers) **#5550 - 3/5/2015; 6pm - 8pm; GRECS Training Room, Mobile**

B **Obesity in Children-CTF**- Research shows that obesity in children has been on the rise and that childhood obesity negatively impacts an individual's health throughout their life. In this session, participants will be introduced to information about healthy eating and will learn strategies for promoting children's healthy lifestyles. (Gerri McMillian; **AL Pathways**: CGD, HSN; **DHR**: CD, HSU; **CDA**: 1, 8; Basic Training Level; 2 hours / 0.2 CEUs; **Age Group**: ALL) **#5554 - 1/27/2015; 6pm-8pm; Monroe County Public Library, Monroeville & #5558 - 3/10/2015; 6pm - 8pm; Jeff Davis Community College, Escambia**

B **Raising Readers** - This workshop offers a look at PBS Kids Raising Readers Literacy programs. Participants will review research based programs that teach literacy concepts such as letter recognition and sounds. The workshop also offers ways to extend those programs using popular children's books and exciting hands on learning activities. All participants will also receive a set of children's books as well as a wealth of information. (Kim Brown; **AL Pathways**: CGD, LEE, ICFC; **DHR**: CD, LD, CCPF; **CDA**: 2, 3, 8; Basic Training Level; 2 hours / 0.2 CEUs; **Age Group**: Preschool, School Age) **#5535 - 1/22/2015; 6pm - 8pm; GRECS Training Room, Mobile**

I **Responding to Children's Negative Behavior /CTF** - Come explore effective ways of responding to children's negative behaviors that teach children conflict resolution skills and that result in more peaceful classroom environments. (Charla Moyer; **AL Pathways**: CGD; **DHR**: CD, PDG; **CDA**: 3, 8; Intermediate Training Level; 2 hours / 0.2 CEUs; **Age Group**: ALL) **#5538- 2/2/2015; 6pm - 8pm; Christ the King, Daphne & #5540- 2/9/2015; 5pm-7pm; GRECS Training Room, Mobile**

A **Rhyme Time** - Join in on this interactive session where you will learn simple strategies for promoting children's phonological awareness, a critical skill for reading. (Catherine Kreger; **AL Pathways**: CGD, LEE; **DHR**: CD, LD; **CDA**: 2, 8; Advanced Training Levels; 2 hours / 0.2 CEUs; **Age Group**: Preschool, School Age) **#5557 - 3/31/2015; 6pm - 8pm; GRECS Training Room, Mobile**

A **Rich Environments for Literacy Learning** -Simply put, environment is the total impact of conditions, influences, and surroundings on children. Readers tend to be more adventuresome and curious, and exhibit greater respect for their peers, teachers, and themselves. Learn proven strategies for creating rich literacy and inquiry-based learning environments for young children. (Catherine Kreger; **AL Pathways**: CGD, LEE; **DHR**: CD, LD, QCCL; **CDA**: 2, 8; Advanced Training Levels; 2 hours / 0.2 CEUs; **Age Group**: Preschool, School Age) **#5545- 2/24/2015; 5pm - 7pm; GRECS Training Room, Mobile**

B **Scrapbooking to Foster Literacy** - Participants will explore basic literacy concepts for early education 1-5 yrs. During this hands-on session, participants will complete a scrapbook and discuss the learning concepts used in the process. Together creating and learning can both be fun! (Michelle Williams; **AL Pathways**: CGD, LEE; **DHR**: CD, LD, QCCL; **CDA**: 2, 8; Basic Training Level; 2 hours / 0.2 CEUs; **Age Group**: Preschool) **#5548 - 3/3/2015; 6pm - 8pm; GRECS Training Room, Mobile**

A **Service with a Smile: Customer Service Essentials** (Director's Forum)- Child care is a service and parents/guardians are customers. This session will focus on teaching your employees the basics of customer service, how to handle difficult people and situations, and how to resolve and avoid problems in a way that reduces stress and leaves the customer feeling that your center is the best place for their children. (Avery Fick; **AL Pathways**: MA; **DHR**: ADM; **CDA**: 5, 6; Advanced Training Levels; 2 hours / 0.2 CEUs; **Age Group**: N/A) **#5528 - 1/7/2015; 10am - 12pm; GRECS Training Room, Mobile**

January
February
March
2015

Calendar of Events

A Pull-Out Section for Posting & Copying!

Getting Started! AN INTRODUCTORY COURSE

Are you new to childcare? Thinking about taking your love of children and making a career out of it? If so, then "Getting Started" is the course for you!

This training course is for people who are just beginning their early care & education career. We will introduce you to the foundational information you need to provide safe environments, nurturing interactions & developmentally appropriate experiences for the precious children in your care.

This basic-level, 12-hour course is taught over 3 days and the training credit you receive will meet Alabama Department of Human Resources' 12-hour training requirement to work in child care. **You must attend all sessions to receive verification of successful completion.**

Jan. 27 - Jan. 29, 2015 (#5537)

8:30am - 12:30pm

Mar. 24 - Mar. 26, 2015 (#5556)

8:30am - 12:30pm



School-Age Course 2015

Current research has established the importance of quality after-school programs because of their tremendous impact on children's academic achievement, overall happiness, and self-esteem. To address this reality, this updated 12-hour course presents information on school-age child care, and offers practical applications and activities that can be put to use immediately in your program. We'll explore topics like arrangement of the learning environment, how to deal with challenging behaviors & techniques for keeping children happily engaged. (Alabama Pathways: ICFC; CGD, LEE, PPD, DIV, HSN; DHR Training Categories: CD, LD, PDG, CCPF, QCCL, HSU; CDA Subject Areas: 1, 2, 3, 4, 6, 7, 8; Age Group: School-Age; Training Level: Inter-mediate)

Thursdays - March 5, 12 & 19, 2015 (#5551)

8:30am - 12:30pm

Growing Up WILD! Exploring Nature with Young Children (#5536)

Growing Up Wild is an early childhood education program that builds on children's sense of wonder about nature and invites them to explore wildlife and the world around them. Join us for this interactive, hands-on workshop that is designed to meet the needs of early childhood educators and caregivers. Through a wide range of activities and experiences, Growing Up Wild provides an early foundation for developing positive impressions about the natural world and lifelong social and academic skills. (Alabama Pathways: CGD, LEE; DHR Training Categories: CD, QCCL; CDA Subject Areas: 2, 8; Appropriate for All Ages; Training Level: Intermediate)



Saturday, January 24th

9:00am - 12:00pm

GRECS Training Room

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2015

*All classes in Mobile County will be held at Gulf Regional Early Childhood Services unless noted otherwise.

3100 Cottage Hill Rd; Building 4, Suite 400
Mobile, AL 36606; 251-473-1060
www.greecs.org



5

#5531 Tricks for Transitions; *CTF
5pm-7pm; Mobile

6

#5526 Tricks for Transitions; *CTF; 6pm-8pm;
Kids Plus
900 S. Bay Street
Foley, AL

7

#5528 Director's Forum Service with a Smile: Customer Service Essentials;
10am-12pm; Mobile

8

#5533 I am Moving, I am Learning: Body Language;
6pm-8pm; Mobile

9

#5529 Where the Wild Things Are; 8:30am-10:30am; David Burke Building, Evergreen

10

Heart Saver First Aid/Adult, Child & Infant CPR/AED @ Complete Safety Works (First Aid- \$35; CPR-\$35; Both First Aid & CPR - \$45) Call 479-6788 to register

12

#5531 Tricks for Transitions; *CTF
5pm-7pm; Mobile

13

#5532 Yakety Yak: Just Talk Back; 5pm-7pm;
Mobile

14

#5527 Understanding Autism; 6pm-8pm; Mobile

15

#5533 I am Moving, I am Learning: Body Language;
6pm-8pm; Mobile

16

#5529 Where the Wild Things Are; 8:30am-10:30am; David Burke Building, Evergreen

17

Super Saturday: *CTF #5529 Where the Wild Things Are; 8:30am-10:30am; David Burke Building, Evergreen
#5530 ABCs of Language-Activities for Classroom and Home; 10:45am-12:45pm; David Burke Building, Evergreen

19

Martin Luther King Day
GRECS Closed

20

#5534 Teaching Children to Respect Differences;
5pm-7pm; Mobile

21

#5535 Raising Readers;
6pm-8pm; Mobile

22

#5535 Raising Readers;
6pm-8pm; Mobile

23

Super Saturday! #5536 Growing Up Wild! Exploring Nature with Young Children
9am-12pm; GRECS

24

Super Saturday! #5536 Growing Up Wild! Exploring Nature with Young Children
9am-12pm; GRECS

26

#5537 Getting Started (Day 1); 8:30am-12:30pm; Mobile; (*12-hour course; Must Attend All Sessions!)
5554 Obesity in Children; * CTF 6pm-8pm; Monroe County Public Library, Monroeville

28

#5537 Getting Started (Day 2); 8:30am-12:30pm; Mobile; (*12-hour course; Must Attend All Sessions!)

29

#5537 Getting Started (Day 3); 8:30am-12:30pm; Mobile; (*12-hour course; Must Attend All Sessions!)

30

#5537 Getting Started

31

DON'T FORGET! You must pre-register for training classes. Only those whose names are listed on the roster will be able to attend - bring your confirmation to class with you! Don't have a confirmation? Not sure if you're registered? Call Latanya @ 251-473-1060 ext 106

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 #5538 Responding to Children's Negative Behavior ; *CTF 6pm-8pm; Christ the King; Main St. Daphne	3	4	5 #5539 Dialogic Reading ; 6pm-8pm; Mobile	6	7 The Resource Place is OPEN! 8am-12pm *By Appointment!
<p>DON'T FORGET!... You must pre-register for training classes. Only those whose names are listed on the roster will be able to attend - bring your confirmation to class with you! Don't have a confirmation? Not sure if you're registered? Call Latanya @ 251-473-1060 ext 106.</p>						
9	#5540 Responding to Children's Negative Behavior ; *CTF 5pm-7pm; Mobile	10	11	12	13	14 Heart SaverFirst Aid/Adult, Child & Infant CPR/AED @ Complete Safety Works (First Aid - \$35; CPR- \$35; Both First Aid & CPR - \$45) Call 479-6788 to register Super Saturday *CTF #5541 Where the Wild Things Are ; 8:30am-10:30am; #5542 ABCs of Language-Activities for Classroom and Home ; 10:45am-12:45pm; First Baptist Church, Flomaton
16	Happy Mardi Gras! GRECS Closed	17	18 #5543 When Your Baby Cries ; *CTF 6pm-8pm; Mobile	19	20	21 #5544 Moving to Learn ; 9am-12pm; GRECS
23	24 #5545 Rich Environments for Literacy Learning ; 5pm-7pm; Mobile	25 #5546 Understanding Temperaments in Infants and Toddlers ; 6pm-8pm; Mobile	26 #5559 Understanding Autism ; *CTF 6pm-8pm; Jackson City Hall Jackson, AL	27	28	

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February 2015

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	#5547 Communication Skills for Early Childhood Staff ; *CTF 5pm-7pm; Mobile	#5548 Scrapbooking to Foster Literacy ; 6pm-8pm; Mobile	#5549 Director's Forum: Preparing for Your Summer Programs ; 10am-12pm; Mobile	#5550 APT- Music Works Wonders ; 6pm-8pm; Mobile #5551 School Age Course 2015 (Day 1) ; 8:30am-12:30pm; Mobile; (*12-hour course; Must Attend All Sessions!)	#5551 School Age Course 2015 (Day 1) ; 8:30am-12:30pm; Mobile; (*12-hour course; Must Attend All Sessions!)	The Resource Place is OPEN! 8am-12pm *By Appointment!
	9	10	11	12	13	14
		#5553 I'm a Big Kid Now! Potty Training Basics ; 6pm-8pm; Mobile #5558 Obesity in Children ; * CTF 6pm-8pm; Jeff Davis Community College, Escambia		#5551 School Age Course 2015 (Day 2) ; 8:30am-12:30pm; Mobile; (*12-hour course; Must Attend All Sessions!)		14 Heart Saver First Aid/ Adult, Child & Infant CPR/ AED @ Complete Safety Works (First Aid- \$35; CPR- \$35; Both First Aid & CPR - \$45) Call 479-6788 to register #5552 Communication Skills for Early Childhood Staff ; *CTF 9am-11am; Discovery Island; Orange Beach
	16	17	18	19	20	21
				#5555 Environmental Rating Scales (ITERS-R/ ECERS-R) ; 6pm-8pm; Starlight Learning Center; Calvert, AL #5551 School Age Course 2015 (Day 3) ; 8:30am-12:30pm; Mobile; (*12-hour course; Must Attend All Sessions!)		
	23	24	25	26	27	28
		#5556 Getting Started (Day 1) ; 8:30am-12:30pm; Mobile; (*12-hour course; Must Attend All Sessions!)	#5556 Getting Started (Day 2) ; 8:30am-12:30pm; Mobile; (*12-hour course; Must Attend All Sessions!)	#5556 Getting Started (Day 3) ; 8:30am-12:30pm; Mobile; (*12-hour course; Must Attend All Sessions!)		
	30	31	<div style="text-align: center;">  <h1>March 2015</h1> </div> <p>*All classes in Mobile County will be held at Gulf Regional Early Childhood Services unless noted otherwise.</p> <p>3100 Cottage Hill Rd; Building 4, Suite 400 Mobile, AL 36606; 251-473-1060 www.greecs.org</p> 			
		#5557 Rhyme Time ; 6pm-8pm; Mobile				

DON'T FORGET... You must pre-register for training classes. Only those whose names are listed on the roster will be able to attend - bring your confirmation to class with you!
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Call Latanya @ 251-473-1060 ext 106.

Teaching Children to Respect Differences - Participants will review information about preschool bullying and respecting diversity. Participants will discuss information on how to respect diversity in the classroom, tell if bullying is taking place, and how to stop it as well as prevent it from happening again. All participants will receive a set of children's books and folder of materials. (Allison Goff; **AL Pathways:** DIV, CGD; **DHR:** CD, PDG; **CDA:** 3, 4, 8; Basic Training Levels; 2 hours / 0.2 CEUs; **Age Group:** N/A) **#5534 - 1/20/2015; 5pm - 7pm; GRECS Training Room, Mobile**



Tricks for Transitions - Transition times can be hard for young children, and fussy children and chaos are often the result of poorly planned transitions. Learn specific tips and techniques for maintaining a calm, happy classroom all day long. (Charla Moyer; **AL Pathways:** CGD, LEE; **DHR:** CD, PDG, QCCL; **CDA:** 3, 7, 8; Intermediate Training Level; 2 hours / 0.2 CEUs; **Age Group:** Preschool) **#5526 - 1/6/2015; 6pm - 8pm; Kids Plus, Foley, AL & #5531 - 1/12/2015; 5pm-7pm; GRECS Training Room, Mobile**



Understanding Autism-CTF - This class will give participants skills for understanding children with autism. Join this session to gain insight into providing quality child care & learning programs that include children who have been diagnosed with autism. (Amanda Powell; **AL Pathways:** CDG, LEE, HSN; **DHR:** CD, QCCL, HSU; **CDA:** 2, 3, 7, 8; Intermediate Training Level; 2 hours / 0.2 CEUs; **Age Group:** ALL) **#5527 - 1/6/2015; 6pm-8pm; GRECS Training Room, Mobile & # 5559 - 2/26/2015; 6pm-8pm; Jackson City Hall, Jackson, AL**



Understanding Temperaments in Infants and Toddlers - A child's temperament describes the way in which they approach and react to the world. It is their personal "style". This session will explore how understanding temperament, caregivers can learn how to help children express their preferences, desires and feelings appropriately. Participants will also discuss the three temperament types. (Allison Goff; **AL Pathways:** CGD, LEE; **DHR:** CD, PDG; **CDA:** 3, 8; Intermediate Training Level; 2 hours / 0.2 CEUs; **Age Group:** Infants, Toddlers) **#5546 - 2/25/2015; 6pm-8pm; GRECS Training Room, Mobile**



Where the Wild Things Are /CTF - Learn how to use guidance techniques that make it possible for you to meet the needs of individual children. In this session you will explore effective strategies for responding to a variety of negative behaviors. (Lisa Kirkland; **AL Pathways:** CGD, COA; **DHR:** CD, PDG, QCCL; **CDA:** 3, 8; Intermediate Training Level; 2 hours / 0.2 CEUs; **Age Group:** ALL) **#5529-1/17/2015; 8:30am -10:30am; David Burke Building, Evergreen & #5541- 2/14/2015; 8:30am-10:30am; First Baptist Church, Flomaton**



When Your Baby Cries /CTF - Babies are a great joy to their parents and those who care for them! Sometimes their crying can be challenging. Learning the facts about infant crying and ways to soothe your baby can help when crying becomes stressful. This workshop will discuss the facts about infant crying, improve understanding of Shaken Baby Syndrome, and teach participants ways to soothe your baby when crying becomes difficult to cope with. (Phyllis Rizzo; **AL Pathways:** CGD, ICFC, HSN; **DHR:** CD, PDG, HSU; **CDA:** 3, 7, 8; Basic Training Level; 2 hours / 0.2 CEUs; **Age Group:** Infants) **#5543 - 2/18/2015; 6pm - 8pm; GRECS Training Room, Mobile**



Yakety Yak, Just Talk Back! - Oral language is the foundation for literacy. Come explore the critical importance of talking with very young children and learn some simple strategies to promote children's oral language development. (Catherine Kreger; **AL Pathways:** CGD, LEE; **DHR:** CD, LD, QCCL; **CDA:** 5, 6; Intermediate Training Level; 2 hours / 0.2 CEUs; **Age Group:** ALL) **#5532 1/13/2015; 5pm - 7pm; GRECS Training Room, Mobile**



Record-Breaking Fun!
October 30, 2014 @
West Regional Library
PNC Grow Up Great



Make the Most of Your Training Experience

Arrive on time & stay for the entire class.

Be prepared!

- Take a break before you come - you will get more out of the training if you're well-rested.
- Eat a snack before you come to class - it's hard to concentrate on an empty stomach.
- Bring writing tools and paper to take notes!

Take care of your personal business before class begins!

- Make transportation arrangements ahead of time.
- Check on your children.
- Visit the restroom.

Alphabet Soup

Use this reference guide to determine what the acronyms and numbers listed on your Training Attendance Verification and in the quarterly training calendar stand for to get the most out of your training experience.

Alabama Pathways to Quality Care & Education Core Knowledge Areas - The Alabama Pathways to Quality Care & Education Core Knowledge Areas (APCKA) serve as a foundational checklist of knowledge, skills, and abilities that early childhood and school-age care professionals can also use to guide and track their professional development.

CGD - Child Growth and Development

HSN - Health, Safety and Nutrition

LEE - Learning Experiences and Enrichment

DIV - Diversity

COA - Child Observation and Assessment (Planning for Individual Needs)

ICFC - Interaction with Children, Families and Communities

PPD - Personal and Professional Development

MA - Management and Administration

CDA Content Areas - GRECS training programs can be used to meet the formal Child Development Associate (CDA) early childhood education training requirements. Refer to the CDA Assessment System and Competency Standards books for more details.

1. Planning a safe, healthy environment to invite learning
2. Steps to advance children's physical & intellectual development
3. Positive ways to support children's social and emotional development
4. Strategies to establish productive relationships with families
5. Strategies to manage an effective program operation
6. Maintaining a commitment to professionalism
7. Observation and Assessment
8. Principles of Child Development & Learning

DHR Training Categories - The Alabama Department of Human Resources requires child care professionals to obtain professional development hours each year in 6 categories. Refer to the Minimum Standards for Day Care Centers and Nighttime Centers for more information regarding the specific number of hours and other requirements.

CD - Child Development

LD - Language Development

CCPF - Child Care Professional & the Family

QCCL - Quality Child Care & Licensing

HSU - Health, Safety & Universal Precautions

PDG - Positive Discipline & Guidance

ADM - Administration / Management

Let us have your full attention!

- Silence your cell phone.
- Focus on the trainer.
- Reserve your conversations for group discussion times.

Try a new idea when you get back to your classroom - it will be a rewarding experience for you & the children.

Pat yourself on the back - you are investing in yourself and growing professionally!



Online Training Courses - \$11 each!

Each month, we feature an online training course & offer it to you for only \$11!

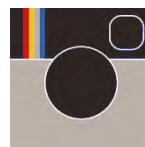
January 2015 - Early Literacy - This course familiarizes students with the techniques to promote early literacy for infants, toddlers, and preschoolers. This lesson details communication styles, reading techniques, and literacy knowledge for child care providers to use in their classrooms, as well as reading center design information and suggestions for selection of materials. (Pathways: CGD, LEE; DHR: CD, LD; CDA: 2, 8; 1 hour/0.1 CEU)

February 2015 - Teaching Basic Social Skills - This course discusses how normal childhood social development relates to the ability of children to learn specific social skills. In addition, the presence or absence of social skills is detailed in terms of their effect on peer relationships and school readiness. Finally, methods and strategies to aid in the development of healthy social skills are outlined. (Pathways: CGD, LEE; DHR: CD, PDG; CDA: 3, 8; 1 hours/0.1 CEU)

March 2015 - Overcoming Difficulties in Communicating with Parents - This course discusses the benefits of, and responsibilities for, establishing effective communication with difficult parents. Parental mind-sets and personality traits that hinder effective communication are identified, and methods and techniques for overcoming communication barriers are discussed. (Pathways: ICFC; DHR: CCPF, QCCL; CDA: 4; 1 hour/0.1 CEU)

To register for these special online training courses, contact Robert Sheldt (rsheldt@grecs.org).

Ask about our other online courses!



Going Green In the New Year ~ New Resources Online in 2015

Embracing a greener lifestyle means improving health, helping nature flourish, and, ultimately, improving the overall quality of life. It can be easy to get overwhelmed by all the details of what it takes to go green, but it's also simple to begin making a positive impact.

Here at GRECS, we are taking an important step toward a greener workplace! *In the New Year, we will be offering handouts and other supplemental training resources on a new, interactive website!* Just think, there will be no more papers to keep up with and shuffle around! Not only will this reduce paper waste, it will give you direct access to resources at your fingertips when you need it.

A NEW look... MORE resources.

January 2015

www.grecs.org



We're OPEN on Saturdays!

Gulf Regional Early Childhood Services' Lending Library and Resource Place will be open on the 1st Saturday of each month from 9:00am - 12:00pm - By Appointment Only.

January 3, 2015

February 7, 2015

March 7, 2015

Scheduling an appointment is easy! Simply call or email Charla Moyer before the close of business on the first Friday of each month. (251-473-1060 ext 112; cmoyer@grecs.org)

Come do some laminating, make some die-cuts and check out new materials for your classroom!



We are celebrating our 22nd year of collaboration with the Children's Trust Fund supported through the Department of Child Abuse and Prevention!

Caring for the Caregiver allows us opportunities to mentor Family Child Care providers. We appreciate all who participate to make this project possible and help educate parents and caregivers on the prevention of child neglect and abuse.



CPR & First Aid Training on Saturdays!

Our friends at Complete Safety Works are offering Heart Saver First Aid and Adult, Child & Infant CPR/AED training on the second Saturday of every month!

You must register through and make payment to Complete Safety Works for this important training session.

Heart Saver First Aid / Adult, Child & Infant CPR / AED
(First Aid - \$35; CPR - \$35; Both First Aid & CPR - \$45)

Call 479-6788 for more info or registration.



VISIT US
ON THE WEB!
www.greecs.org

- Support Children's Trust Fund programs by
- purchasing this specialty car tag. The tag
- is available at your local Probate office. It
- is tax deductible & proceeds directly fund
- community-based prevention programs.



MARK YOUR CALENDAR

Thursday, January 1, 2015
GRECS & The Resource Place **CLOSED**
for New Year's Day

Monday, January 19, 2015
GRECS & The Resource Place **CLOSED**
for Martin Luther King, Jr.'s Birthday

Monday & Tuesday; February 16 & 17, 2015
GRECS & The Resource Place **CLOSED**
for Mardi Gras Holidays



Gulf Regional Childcare Management Agency, Inc.
3100 Cottage Hill Road, Building 4, Suite 400, Mobile, AL 36606
Phone: 251-473-1060; Fax: 251-473-1084

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